

Howard County RECREATION & PARKS









2019 WINTER

ACTIVITY GUIDE

Online Registration Begins December 5, 6pm

Welcome to the Winter 2019 Activity Guide!

As a lifelong resident, it has been a tremendous pleasure to serve Howard County for the past four years. Thank you for giving me the opportunity to work with the many great communities and businesses in our county. I hope you will enjoy the many special events, trips, and programs presented in this seasonal guide. Check out our favorites below!



Holiday Mart

December 1

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Holiday Train Garden

December 1-January 11 Page 13



Midnight Madness

December 7

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Frozen Fest

January 20

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Financial assistance available for Howard County residents, see page 94 for information.



Parent Child Dances

- Snowflake Ball for Dads & Daughters January 5 Page 14
- Daddy-Daughter Sweetheart Dance
 January 19
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- Mommy-Son Valentine's Dance February 2 Page 15



Hershey Theater - Swan Lake

February 8

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Best,

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Allan H. Kittleman Howard County Executive



Howard County Residents:

Online registration starting December 5 at 6pm. All other methods starting December 6.

Out-of-County Residents:

Online registration starting December 12 at 6pm. All other methods starting December 13.



ON-LINE

www.howardcountymd.gov/rap

An online account is required and may take up to 48 hours to process.



PHONE

410-313-7275 (8am-4:30pm, M-F)



FAX

410-313-4658



WALK-IN

Howard County Recreation & Parks Headquarters 7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)

Gary J. Arthur Community Center 2400 Rte. 97, Cooksville (7am-8:30pm, M-Sa; 9am-5:30pm, Su)

North Laurel Community Center 9411 Whiskey Bottom Road, Laurel (8am-8pm, M-Sa; 9am-5pm, Su)

Robinson Nature Center 6692 Cedar Lane, Columbia (9am-5pm, W-Sa; Noon-5pm, Su)

Roger Carter Community Center 3000 Milltowne Drive, Ellicott City (6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su)

MAIL-IN



Howard County Recreation & Parks 7120 Oakland Mills Road Columbia, MD 21046

Is the class you want full? Put your name on the waiting list. We try to open new class sections for filled classes. Please let us know if you have any questions or suggestions — we always like to hear from you.



Unique, holiday gifts at Holiday Mart.



Paint and sip wine with your friends!



Join our popular Cricket league.

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Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone program. Center membership, Fit4U, or daily drop-in fee required.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit **Pinterest** /hocorec.



- The Fit4U Package allows you to use our three community centers' fitness facilities and RCCC pool.
- · No enrollment fees.
- · Center membership and amenities included!

Pricing for 13-49 yrs

Annual	6 Months	3 Months	Monthly	Drop-In
*\$300 (R)	\$180 (R)	\$105 (R)	\$40 (R)	\$5/visit
*\$360 (NR)	\$225 (NR)	\$135 (NR)	\$50 (NR)	

^{*}Annual membership equates to \$25/\$30 per month.

Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track while accompanied by a chaperone over 18 years old. Chaperone must have a valid membership or pay the drop-in rate.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85 (R)	\$55 (R)	\$35 (R)	\$15 (R)	\$5/visit
\$105 (NR)	\$70 (NR)	\$45 (NR)	\$20 (NR)	

Additional Information

- 13-15 year olds, at all centers, adult supervision is required and you must complete a mandatory fitness orientation to use equipment.
- Discounted rates available for two or more memberships purchased at the same time.

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during drop-in swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted center activities and events.

 $\label{eq:GJACC} \begin{aligned} \text{GJACC} &=& \text{Gary J. Arthur Community Center} & \text{R} &=& \text{Resident} \\ \text{NLCC} &=& \text{North Laurel Community Center} & \text{NR} &=& \text{Nonresident} \end{aligned}$

 $\label{eq:RCCC} \textbf{RCCC} = \quad \textbf{Roger Carter Community Center}$





Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

50+ Centers Membership

Membership includes access to the Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

Amenities: Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs, and Center drop-in activities

Price: FREE

50+ Fitness Membership

Membership includes access to the Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Fitness Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/ Aerobics Studio (Studio not available at Ellicott City 50+ Center.)

Price: Resident, \$75 per year. Nonresident, \$100 per year.

50+ Pool Membership

Membership includes access to the Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Fitness Benefits, Pool Access During Drop-in Swim Hours

Price: Resident, \$175 per year. Nonresident, \$225 per year.

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate (unless they are a participant in a Recreation & Parks permitted program or rental). The center membership gives you access to the three community centers (does not include the fitness room, studio, and pool).

Annual (3 yrs+) \$25 / \$50 (Nonresident)

Card Replacement Fee \$10 Daily Center Pass \$5

Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10pm	M
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr ₁	7-9pm	M
16 yrs +	N Laurel Comm Ctr	6-7pm	Tu
16 yrs +	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Roger Carter Comm Ctr	7-10pm	Sa
50 yrs +	Gary J Arthur Comm Ctr 1.2	9-11am	M,W,F
50 yrs +	N Laurel Comm Ctr	10am-noon	M,W
		_	

^{1.} No full-court games at Gary J Arthur Comm Ctr

Billiards (18 yrs +)

Rack'em up and come play some pool!
Gary J Arthur Comm Ctr 10am-2pm Tu
N Laurel Comm Ctr 10am-2pm Tu

Friday Family Fun Night (Family, All Ages)

It's an open gym for the whole family. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for everyone.

Gary J Arthur Comm Ctr 5:30-7pm F

Pickleball (16 yrs +)

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

50 yrs +	Gary J Arthur Comm Ctr ,	11am-2pm	Tu, Th
16 yrs +	N Laurel Comm Ctr	9am-noon	W, F
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Ping Pong

Are you a menace at table tennis?

16 yrs +	N Laurel Comm Ctr	6-8:30pm	W,Th
16 yrs +	N Laurel Comm Ctr	Noon-4pm	Sa
50 yrs +	Roger Carter Comm Ctr	12:30-3:30pm	Tu
Family	Roger Carter Comm Ctr	7-10pm	F

Swimming at Roger Carter Comm Ctr

Full Schedule: www.howardcountymd.gov/RCCC

Visit Roger Carter's pool to participate in lap swimming in one of our six lap lanes, open swim, or pre-k swim.

Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10pm	W
Family	Roger Carter Comm Ctr	5-7pm	Sa
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr	7-9pm	W
16 yrs +	N Laurel Comm Ctr	5:30-7pm	Th
16 yrs +	Roger Carter Comm Ctr	5-7pm	Sa

School-Year Drop-In Programs

Lil' Rascals Recess

Bring your little one indoors to play with a variety of sports equipment, push toys, hula hoops, tunnels, and other gross motor skill activities.

Gary J Arthur Comm Ctr 9-11am Th Sep-May N Laurel Comm Ctr 9:30-11:30am Tu Sep-May

MAC Pre-K Drop-In Play Page 84

Meadowbrook Ath Comp Oct 15-Apr 10 9:30am-Noon M,W,F

TeenZone

Shoot hoops; play billiards, ping pong and games; or just hang out!

 Gary J Arthur Comm Ctr
 2:30-5:30pm
 M-F
 12-15 yrs

 N Laurel Comm Ctr
 2:30-5:30pm
 M-F
 12-15 yrs

 Roger Carter Comm Ctr
 2:30-5pm
 M-F
 11-16 yrs



Celebrate your Birthday with Howard County!

Birthday magic is created when you hold your party at a Howard County facility or pavilion.

Great locations! Unforgettable fun!

Adventure & Outdoors	410-313-1754
GARY J. ARTHUR COMMUNITY CENTER	410-313-4840
HERITAGE PROGRAMS	410-313-1945
MEADOWBROOK ATHLETIC COMPLEX	410-313-1163
North Laurel Community Center	410-313-0390
Pavilions in the Parks	410-313-4682
ROBINSON NATURE CENTER	410-313-0400
ROGER CARTER COMMUNITY CENTER	410-313-2764

^{2.} An Office of Aging and Independence program





2400 Rte 97, Cooksville, MD 21723
Registration: 410-313-4840
Hours: 7am-9pm, M-Sa; 9am-6pm, Su
Closed: Nov 22-23, Dec 25, 2018 & Jan 1, 2019
Closing at 5pm: Dec 24, Dec 31, 2018
www.howardcountymd.gov/GJACC





9411 Whiskey Bottom Road, Laurel, MD 20723 Registration: 410-313-0390 Hours: 8am-9pm, M-Sa; 9am-6pm, Su Closed: Nov 22-23, Dec 25, 2018 & Jan 1, 2019 Closing at 5pm: Dec 24, Dec 31, 2018 www.howardcountymd.gov/NLCC





3000 Milltowne Drive, Ellicott City, MD 21043 Information/Rentals/Reservations: 410-313-2764 Hours: 6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su Closed: Nov 22-23, Dec 25, 2018 & Jan 1, 2019 Closing at 5pm: Dec 24, Dec 31, 2018 www.howardcountymd.gov/RCCC



3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636 Reservations: 410-313-2637 Hours: 8am-5pm, M-Th; 8am-4pm, F

Perfect for meetings, trainings and larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.





5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163 Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452 www.howardcountymd.gov/MAC

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope, and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9am, M-F. Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). Info: Matthew Knoerlein, 410-313-1163.

Winter (Jan-Mar)

Adults: \$69, season; \$25, month

*Also includes select local school gym drop-in basketball and volleyball.

Youth: \$25, season; \$10, month





6692 Cedar Lane, Columbia, MD 21044 Info: 410-313-0400 Facility Rental: 410-313-0400 Hours: 9am-5pm, W-Sa; Noon-5pm, Su

Closed: Mondays, Tuesdays, Nov 28-29, Dec 25, Apr 21, Jul 4 www.howardcountymd.gov/RobinsonNatureCenter

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission

Adults: \$5

Children (3-17 yrs): \$3 Children (under 3 yrs): Free

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, 10% discount in the gift shop, and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Nonresident)
Student (with valid school ID): \$20 / \$40 (Nonresident)
Individual: \$25 / \$50 (Nonresident)
Family: \$50 / \$100 (Nonresident)
(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

Patron: \$175 Supporter: \$250 Sustainer: \$500 Lifetime: \$1,000

Field Trips & Robinson on the Road outreach programs

We offer year-round field trip programming for all ages as well as outreach programming during winter and summer months. Programs may be booked Wednesday-Sunday during our hours of operation. Please see www.howardcountymd.gov/RNC/education for details on booking programs.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Check out our 360-degree views online at www.howardcountymd.gov/rap. Look at the amenities, features, and surrounding space before reserving for smoother planning. Park pavilions and meeting rooms are a great place to hold a birthday party, corporate event, large family gathering, school picnic, or other special occasion.

Pavilion & Facility Rentals

Information/Reservations:

410-313-4682 or www.howardcountymd.gov/pavilions *For North Laurel Park Pavilion: 410-313-0390

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$170 / \$205
Centennial Park Pavilion A, B & C	\$165 / \$200
Centennial Park Pavilion D	\$395 / \$430
Centennial Park Pavilion E, F & G	\$165 / \$200
Centennial Park Pavilion H	\$990 / \$1,025
Centennial Park Pavilion O	\$170 / \$205
Cedar Lane Park East Pavilion	\$355 / \$385
Cedar Lane Park West Pavilion	\$440 / \$475
Blandair Park Pavilon	\$170 / \$205
Guilford Park Pavilion	\$170 / \$205
Hammond Park Pavilion	\$170 / \$205
High Ridge Park Pavilion	\$300 / \$330
Meadowbrook Park Hawksview Pavilion	\$385 / \$420
*North Laurel Park Pavilion	\$330 / \$365
Rockburn Branch Park Pavilion	\$250 / \$280
Savage Park Pavilion	\$365 / \$395
Waterloo Park Large Pavilion	\$170 / \$205
Waterloo Park Small Pavilion	\$145 / \$175
Western Regional Park Pavilion 1	\$220 / \$255
Western Regional Park Pavilion 2 & 3	\$170 / \$205
Western Regional Park Pavilion 4 & 5	\$385 / \$420

Ellicott City Colored School, Restored: 410-313-0420 Gary J. Arthur Community Center: 410-313-4840 North Laurel Community Center: 410-313-0390 Patapsco Female Institute Historic Park: 410-313-0420 Pfeiffer's Corner Schoolhouse: 410-313-4682 Robinson Nature Center: 410-313-0400

Roger Carter Community Center: 410-313-2765

Schooley Mill Activity & Conference Rooms: 410-313-4682

Waverly Mansion: 410-437-5711

Historic Howard County Sites

- Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.
- For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.
- To see more photos, visit **Pinterest** /hocorec

Baltimore & Ohio Ellicott City Station Museum A National Historic Landmark, the B&O Railroad Station in Ellicott City is the oldest surviving railroad station in the United States. Completed in 1831, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Free admission, call for hours of operation. Info: 410-313-1945. 3711 Maryland Avenue, Ellicott City, MD 21043 (intersection of Main St. and Maryland Ave. in the Historic District)

Belmont Manor & Historic Park

This pristine setting is one of Howard County's most beautiful sites. This 68-acre natural setting incudes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Belmont Manor is a great venue for weddings, special events, fundraisers, and meetings. Event rentals include the use of the Manor House, tent, gardens, and grounds. Rental tours are held multiple times each month.

Info: 410-313-0200 or www.belmontmanormd.org. 6555 Belmont Woods Road, Elkridge, MD 21075

Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century, and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and is developing the site as a regional park. Public access to Blandair is limited during restoration. The farm was also the site of the 2003 International Preservation Trade Conference. 6651 Route 175, Columbia, MD 21044

Bollman Truss Bridge

The Bollman Truss Bridge is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River.

8650 Foundry Street, Savage, MD 20763

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

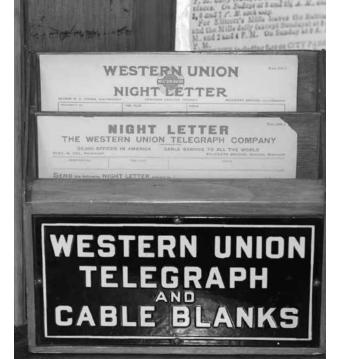












Enjoy seeing many artifacts related to the history of the railroad in the B&O Ellicott City Station Museum.

Ellicott City Colored School, Restored

This one-room schoolhouse was constructed in 1880 as the first school built with County funds for African-American children in Howard County. In use as a school until 1953, the building was re-purchased by the County in 1995 and restored with the assistance of private and public funding. The building is set up like a rural classroom of the early twentieth century and houses rotating exhibits about local African-American families who contributed to the history of the area. Tours are offered on Saturdays and Sundays from 1-4pm from May through December. Private and group tours are available year round, weather permitting. Info: 410-313-0420.

Firehouse Museum

Located in the County's first firehouse, the Firehouse Museum houses a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. The firehouse was constructed by volunteers in 1889. Open Saturday and Sunday from 1-4pm, May through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420.

3829 Church Road, Ellicott City, MD 21043

Patapsco Female Institute Historic Park

The Patapsco Female Institute was a refined academy for young women from 1837-1891. It went beyond the scope of a finishing school with a rigorous curriculum including math and science, a rarity for girls in the Victorian Era. The building lived many successive lives including a hotel, summer theatre, nursing home and private residence before a period of vacancy that led to its deterioration. Today, the stabilized ruins of the Greek Revival structure are open for tours and serve as a captivating setting for special events, weddings, birthday parties, camps and open-air theatre. Tours offered on most Saturdays and Sundays from 1-4pm, May through November. Private and group tours are available year-round, weather permitting. Info/Rental Inquiries: 410-313-0420.



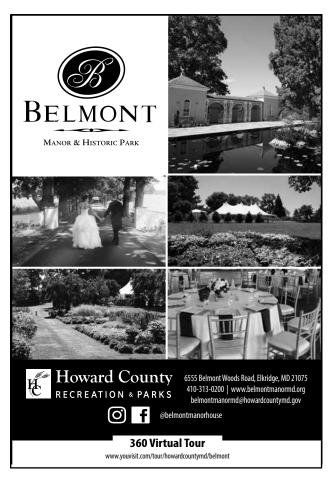
Pfeiffer's Corner Schoolhouse

Originally constructed around 1883, the Pfeiffer's Corner Schoolhouse is one of the very few remaining one-room schools in Howard County. Restoration is now complete. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes to our schools over a 100-year-time-span. The site serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings. Info: 410-313-4682.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed in the late 20th Century. Temporarily closed. Info: 410-313-0420.





Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

- Be at least 18 years old or 13-17 years old with parental consent;
- · Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up for a volunteer opportunity or to find out what volunteer events are coming, visit www.hocovolunteer.org. Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

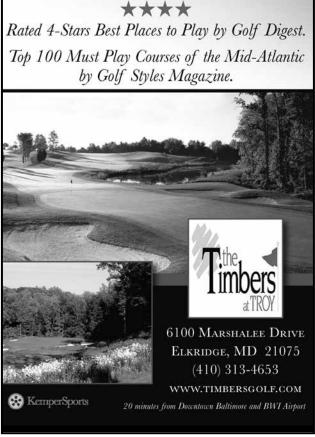
Community Knitting & Crocheting Group

Create heirloom memories while knitting and crocheting afghans, blankets, baby wear and more for local charities, hospitals and senior centers. Info: Melissa Calleri Byrne, 410-313-4704 or mbyrne@howardcountymd.gov. 55 yrs + 2nd and 4th Wednesday of each month Classes: 23

RP3070.201 Kiwanis-Wallas Hall Jan 9 1-3pm W Free

Earth Day

Plant, mulch and shelter native trees for a reforestation project! Tools and instruction provided. Register by April 13 at www.hocovolunteer.org. Info: Melissa Calleri Byrne, 410-313-4704 or mbyrne@howardcountymd.gov. All ages Location TBD Apr 20 9am—noon Sa Free





» Access your volunteer commitments anytime, anywhere!

via social media

Special Events & Family Activities

December

Holiday Model Train Gardens

This holiday season, the model trains return to the Baltimore and Ohio Ellicott City Station Museum. The LEGO® trains plus N gauge and O gauge models will be on display. Info: Jake Feirson, 410-313-2922 or Jfeirson@howardcountymd.gov.

All ages Through Jan 20 B&O EC Station Museum Free

Holiday Afternoon Tea

Belmont Manor's halls are decked with holiday decor. Enjoy an Afternoon Tea during this festive season. Your taste buds are tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, and a delectable assortment of desserts. After taking tea, we invite you on a self-guided tour. Preregistration is required, no refunds. Seating is communal. We suggest you arrive promptly so you can save seats that are together for your entire party. As this is a catered event, payment is not accepted at the door. Info: 410-313-0200.

10 yrs + Belmont Register early! Dec. 9 is already sold out!

RP9900.102 Dec 1 Noon-2:30pm Sa \$40

Holiday Mart flickr

Join us for the 46th year! Find seasonal gifts and merchandise created by 130 juried artisans. Enjoy horse-drawn carriage rides, door prizes, and a children's craft corner. Shoppers know this is the place to find unique, hand-crafted items and home décor. You're sure to find something for everyone on your list! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check. (Vendors juried in advance.) Info: 410-313-4840. All ages \$5, general admission; Free, 4 yrs & under Gary J. Arthur Comm Ctr Dec 1 10am-5pm Sa

Holiday Train Garden

Enjoy holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains through an 8'x 8' scenic garden. Visitors of all ages delight in button-activated accessories or sounds. Train garden is open during center hours. Info: 410-313-4840.

All ages

Gary J. Arthur Comm Ctr Dec 1-Jan 11 Free

Belmont Manor & Historic Park Open Houses

Join Belmont Manor and the Howard County Conservancy at this 18th century manor, surrounded by historic outbuildings and cemetery on 68 acres of farmland, adorned for the holiday season with greens and other period decorations throughout the first floor. Take a historic tour of the property led by Belmont Historian Fred Dorsey. This unique site is not usually open to the public, so come and explore the pristine setting of one of Howard County's most beautiful sites. Info: 410-313-0200.

Family Holiday Open House

Pick up a holiday gift at our gift shop and indulge in holiday refreshments. Enjoy a holiday nature craft. Participate in a scavenger hunt. Meet the animals at the Carriage House (including their resident Eastern Screech Owl, Belle)!

All ages Belmont Dec 2 1-5pm Su Free Holiday Open House

Come take a step back in time to celebrate the holidays while touring the Belmont Manor. Enjoy period music and colonial re-enactors as you stroll through the magnificently adorned rooms. (Wine and beer are sold by the Conservancy). Shop in our gift shop. Meet Belle, the Eastern Screech Owl. Light refreshments available.

18 yrs + Belmont Dec 16 3-6pm Su Free



Shop for unique, hand-crafted gifts at Holiday Mart.

Deer Santa

Delight in an afternoon of "Reindeer games" that test your skills against those of our four-legged friends in this family-friendly, self-guided adventure. Create holiday crafts; enjoy festive snacks; join an optional, guided winter walk in the woods; and get a photo with Santa! All adults and children must register to participate. No online registration. Info: www.howardcountymd.gov/DeerSanta or 410-313-0400.

All ages \$15, child, over 1 yr; \$7, adult; Free, under 1 yr \$2 off each individual's registration for Robinson Nature Ctr members. RP4873.101 Robinson Nature Ctr Dec 2 Noon-3pm Su

Midnight Madness at the Historic Sites

Take a break from shopping during Midnight Madness and join us as we kick off the 2018 holiday season in historic Ellicott City! We have stories to share about winters past and our brave fire department. Then make your way down to the Baltimore & Ohio Ellicott City Station Museum to see what's new in the station for the holidays and enjoy holiday-themed crafts. All ages

B&O EC Station Museum Dec 7 6-10pm Free Fire House Museum Dec 7 6-10pm Free

NEW! Parents Night Out - Holiday Edition

Need to get that last-minute shopping done? Drop off the kids for an evening of pizza, laughter and fun. Activities include games, stocking scavenger hunt, a hot chocolate bar, crafts, and a movie. Preregistration is required. Info: 410-313-0458.

<u>5-12 yrs \$10, center member; \$15 non-member</u>

RP4410.101 N Laurel Comm Ctr Dec 7 5:30-8:30pm F

Christmas in the Park flickr

Kick off the holiday season with Howard County's Tree Lighting ceremony! Enjoy caroling and light refreshments, topped off by our tree lighting. Info: www.howardcountymd.gov/christmasinthepark or 410-313-7275. All ages Centennial Park South Dec 8 4-5:30pm Sa Free

Santa Arrives at the Historic Sites

Did you miss Santa at Midnight Madness? Then visit him at the B&O Ellicott City Station Museum. Come ready to share your holiday list with him at the start of the holiday festivities in the historic district. If Mrs. Claus is done with her baking, she may come too. Bring your camera... that perfect shot for your holiday greeting card is waiting. Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

All ages B&O EC Station Museum Dec 8, 15, 22 Noon-4pm Sa Free



Take a howl-iday photo of your canine companion at Santa Paws.



Dance with your princess at Snowflake Ball for Dads & Daughters.

Santa Paws

Bring your four-legged furry friend for a photo opportunity with Santa. All furry participants receive a treat bag with a token of appreciation for their human. Don't forget to bring a camera! **Handlers must be at least 18 years old.** Have printed proof of rabies shot present at time of entrance. You must remain in the area with their pet, maintain sight of and control, and pick up and dispose of waste. Dogs must be on a leash/lead until entering the marked, off-leash area. Registration/Info: 410-313-2764.

18 yrs + Roger Carter Comm Ctr

RP5400.104 Member Dec 8 1-2pm Sa \$5 RP5400.105 Nonmember Dec 8 1-2pm Sa \$7

NEW! Freight House Films

What better place to view your favorite holiday train film than America's oldest surviving railroad station! Come early to view the holiday model trains, including the LEGO one that will be running through the museum. Although free, registration is required due to limited seating. Some refreshments are available for purchase or you may bring your own. Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

All ages B&O EC Station Museum

RP9977.201 *Polar Express* Dec 9 3-5pm Su Free RP9977.202 *Polar Express* Dec 16 3-5pm Su Free

Holidays Around the World Celebration

Experience unique traditions and histories. Join the Living History and Heritage Program in an Open House event. Join local communities in a celebration and exploration of various holiday traditions from around the world. Participate in hands-on activities and games as you visit the different holidays; and see how people celebrated holidays long ago! Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov. All ages

RP9980.105 Waverly Mansion Dec 15 Noon-4pm Sa \$5

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

January

Snowflake Ball for Dads & Daughters **flickr**Shake, rock and roll the winter blues away. Dads (or special adult) and

daughters, enjoy refreshments, live DJ, dancing, games, crafts, and ice cream sundae bar. Fee includes a professional photo of each couple to take home. Inclement weather date is January 12. Preregistration required. Registration/Info: 410-313-4840.

4-12 yrs \$40, center members (1 child & 1 adult); \$20 for additional daughter

\$50, nonmembers (1 child & 1 adult); \$20 for additional daughter

RP4165.201 Gary J Arthur Comm Ctr Jan 5 5:30-7:30pm Sa

Scents of the Season: Winter

Museums and historic sites often make it a goal to transport visitors to a specific time and place in history. One sense that is often overlooked is smell. So let your nose be your guide to a mid-nineteenth century winter with our seasonally-themed sachet making and scented candle making crafts. Info: Jake Feirson, 410-313-2922 or Jfeirson@howardcountymd.gov. All ages

RP9980.201 B&O EC Station Museum Jan 6 11am-12:30pm Su \$4

Reproductive Resistance in the Antebellum South

Join Historian and Heritage Docent Montia Gardner as she presents her research on the history of resistance practices used by enslaved women to reclaim ownership of their bodies and reproductive rights. Q&A session follows. Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov. 18 yrs +

RP9979.221 EC Colored Sch Restored Jan 18 7-8:30pm F \$8

Daddy-Daughter Sweetheart Dance **flick**r

Escort your princess to a memorable evening of dancing and fun. Dad (or special adult) and your little sweetheart, enjoy dancing with a live DJ, light refreshments, crafts, a souvenir photo, and an ice cream sundae bar. Register early, event sells out fast. Inclement weather date is January 26. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

4-6 yrs\$50 for 1 child & 1 adult; \$30 for additional daughterRP1029.101Roger Carter Comm CtrJan 194-6pmSa7-11 yrs\$50 for 1 child & 1 adult; \$30 for additional daughterRP1029.102Roger Carter Comm CtrJan 197-9pmSa



Take tea, tasty treats, and a tour at Afternoon Tea at Belmont Manor.

NEW! Vintage Movie Night at the Museum

Looking for something to do in the darkest part of winter? Then join us for a showing of *The Goddess*, filmed in Ellicott City in 1958. Loosely based on the life of Marilyn Monroe, the film follows the story of a young woman's journey from rural farm life to fame. Soft drinks and light refreshments available. Preregistration is required. Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

18 yrs + B&O EC Station Museum

RP9986.220 Jan 19 7-9pm Sa Free RP9986.221 Feb 16 7-9pm Sa Free

RP9986.223 Mar 23 7-9pm Sa Free

Frozen Fest

Robinson puts the "cool" in winter with this fun, family-oriented festival. Come explore our "Snowball Alley" and all things frozen through fun experiments. Enjoy an ice cream sandwich bar, take a virtual tour of the North Pole, create tracks in the snow, and take guided winter hikes along the trails. Check out the cold-blooded creatures that live at the nature center through live animal presentations. Get cozy while watching a movie in the Nature-Sphere full-dome theater. Meet costumed-characters courtesy of the Drama Learning Center. Make a winter craft to take home. Preregister to secure your family's spot. Inclement weather date is January 27.

All ages \$7, Robinson member; \$10, nonmember; Free, under 3 yrs
RP4828.201 Robinson Nature Ctr Jan 20 11am-4pm Su

"So much to do! I liked the combo of timed activities and those that were ongoing. The kids loved the "snow," the experiments and the animals!"

Martin Luther King, Jr. Day of Remembrance

Join us on this special day of remembrance. Enjoy a special musical program by the Bain Center Gospel Choir, presentations about Dr. King's legacy and local civil rights activists. Please bring a nonperishable food item to donate to a local food back. Info: Caitlin Chamberlain 410-313-0420 or cchamberlain@howardcountymd.gov.

All ages

B&O EC Station Museum Jan 21 Noon-2pm Free

Afternoon Tea at Belmont Manor

Enjoy Afternoon Tea in the stately Belmont Manor, built in 1738. Your taste buds will be tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, and a delectable assortment of desserts. After taking tea, we invite you to take a self-guided tour of the Manor. Preregistration is required, no refunds. Seating is communal. We suggest you arrive promptly so you can save seats that are together for your entire party. As this is a catered event, payment is not accepted at the door. Info: 410-313-0200.

<u>10 yrs +</u>	Belmont	2-4:30pm	Sa	\$35	
RP9900.201	Jan 26	1	RP9900	.301	Mar 9
RP9900.202	Feb 9		RP9900	.302	Mar 23
RP9900 203	Feb 23		RP9900	303	Anr 6

February

Mommy-Son Valentine's Dance

Make your Valentine's Day one to remember! Mothers (or special adults) and sons are invited to an evening jam-packed with fun. Enjoy refreshments, live DJ, dancing, games, a souvenir photo, and ice-cream sundae bar. Inclement weather date is February 9. Preregistration required.

Registration/Info: 410-313-0390.

3-12 yrs \$40, center members (1 child & 1 adult);

\$50, nonmembers (1 child & 1 adult); \$25 for additional son

RP4401.201 N Laurel Comm Ctr Feb 2 5:30-7:30pm Sa Mother and son RP4401.202 N Laurel Comm Ctr Feb 2 5:30-7:30pm Sa Additional son(s)

Calling All Crafters: Crafter Jurying

You're invited to participate in the jurying process for the 2019 Holiday Mart. Images must represent your original, handcrafted art/craft items and display. Selection is based on uniqueness, originality, quality, display, and popularity. Apply Online. Holiday Mart application deadline is Feb 9, 2019 and costs \$20 (www.howardcountymd.gov/holidaymart). Fees are non-refundable. Info: Christine Lyons, 410-313-4843 or 410-313-4840. Holiday Mart application deadline Feb 9, 2019 \$20

A Brush with History: Romance by the Rails Special

In honor of Valentine's Day, the museum is offering a special, couples edition of *A Brush with History* with a complimentary rose. Each couple makes a pair of paintings that when displayed together, showcases the romance of Ellicott City. \$10 off if couples register together. (Must call for 410-313-7275 for discount.) Info: Jake Feirson- 410-313-2922 or jfeirson@howardcountymd.gov.

21 yrs + Bring identification that shows your age RP9975.210 B&O EC Station Museum Feb 14 6:30-10pm Th \$45

Valentine's Day Truffle-Making & Wine-Tasting

Join us for a unique way to celebrate Valentine's Day! Bring a friend, your sweetheart, or just treat yourself to an afternoon learning the art of hand-rolling delectable chocolate truffles while discovering more about the plant from which chocolate is made. Enjoy tasting 6 wines from Linganore Vineyards. Learn about the sustainable practices used in this local business. Leave with 10 hand-rolled truffles. Special thanks to our partner, Whole Foods, for their help making this event a success. Info: 410-313-0400.

<u>21 yrs + Bring identification that shows your age</u>

RP4847.201 Robinson Nature Ctr Feb 16 1-3pm Sa \$27 RP4847.202 Robinson Nature Ctr Feb 16 4-6pm Sa \$27

"I loved learning about chocolate and wine with all the yumminess of getting to taste them. I was able to share this with my adult daughter, which was special for both of us."



Grab your gloves for the Columbia Baseball & Softball Fest.

March

NEW! Scope Out the Night Sky

Robinson Nature Center and the Howard Astronomical League present this exciting, family-focused astronomy event with support from the Astronomical Society of the Pacific! Enjoy a planetarium program, build your very own Galileoscope (a functional telescope for night sky viewing), hold a meteorite, observe the surface of the moon and other space objects on a "Magic Planet," and view celestial objects in the sky using various telescopes with the help of knowledgeable guides. Each family takes home one Galileoscope. All participants receive a star map. Info: 410-313-0400.

8 yrs + \$30 per family (up to five members)

RP4860.201 Robinson Nature Ctr Mar 15 6:30-9:30pm F

Columbia Baseball & Softball Fest

Come prepare for the spring at the 6th annual Columbia Baseball & Softball Fest! This exciting event features a visit from the Oriole Bird, free player clinic, equipment sales, and on-site program registration. Bring a glove; all other equipment is provided. Info: Brian Wyman, bwyman@howardcountymd.gov. 4-14 yrs

RP5990.303 Long Reach HS Mar 16 11am-1pm Sa Free

Public Star Parties

Come enjoy the night sky through telescopes set up by The Howard Astronomical League. At this relaxed, casual, family event, view live images on a big screen as seen through the Illig Telescope in HAL's observatory. Info/weather updates: www.howardastro.org.

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. All ages

RP0830.201 Alpha Ridge Pk Mar 17 7:15pm Sa Free

Tour of Black History Sites in Howard County

Join the Living History and Heritage Program as we explore some of the important sites in Howard County's Black History. The tour starts with a visit to a few historic sites in Ellicott City, including the Colored School, Restored, and then continues to sites around the county. Transportation between sites included. Bring lunch or purchase during the tour.

Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

<u>10 yrs + Patapsco Female Institute</u>

RP9979.222 Mar 30 9:30am-2pm Sa \$35

Women's History Month: Women in Maryland

From spies and detectives to suffragettes, join the Living History and Heritage Program for a discussion on some of Maryland's famous women. Local author Lauren Silberman shares her research on some tenacious and adventurous women, including old and new favorites.

Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.
RP9979.223 All ages B&O EC Station Museum Mar 31 3-5pm Su \$12

Save the Date

Pool Egg Hunt

Hunt for eggs in our heated pool. Plastic eggs are filled with surprises, no food or candy and float in the pool. Preregistration is required; space is limited. Info: 410-313-2764.

2-10 yrs Roger Carter Comm Ctr

RP5400.201 Member Apr 6 Noon-1:30pm Sa \$10 RP5400.202 Nonmember Apr 6 Noon-1:30pm Sa \$12

Spring Eggstravaganza for Tots

Enjoy tot-friendly activities throughout the indoor exhibits and outdoor, paved trail (weather-permitting). Participate in crafts, music, games, and a mini egg hunt. Egg hunts are at 10am & 11am. Come see bunnies available for adoption through a rescue organization. Info: 410-313-0400.

1 yr + \$6 per person; Free, siblings under 1 yr

RP4858.301 Robinson Nature Ctr Apr 14 9am-noon Su

Earth Day Page 12

Kids Fest

Have a blast with the entire family at the 6th annual Kid's Fest. Enjoy sports instruction, games, activities, arts and crafts, food, and much more. Preregistration is required. Information and registration: www.howardcountymd.gov/kidsfest; or Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Meadowbrook Pk 2-12 yrs Apr 20 11am-2pm Sa \$10

Spring Outdoor Flea Market at GJACC

Enjoy a fun day of selling and buying. Space available on a first-come, first-served basis. Advanced reservations required. Info: 410-313-4840.

18 yrs+ \$20 per space; \$10 for 6' table; Free for shoppers

RP4141.301 Gary J Arthur Comm Ctr Apr 27 9am-noon Sa

Hero Hustle

Come dressed as your favorite hero and join a 1-mile walk/run that includes fun obstacles and hero training! Participants receive a ribbon, goody bag, and refreshments. Afterwards, enjoy making a craft. Preregistration required. Race begins promptly at 10am. Info: Sara Schwab, 410-313-4842.

3 yrs+ \$10, center members; \$15, nonmembers

RP4141.301 Gary J Arthur Comm Ctr Apr 27 10-11am Sa

National Road Yard Sale at Roger Carter

This is the area's longest continuous yard sale. Reserve a space by May 24. Info: 410-313-2764 or mjbrown@howardcountymd.gov.

18 yrs +

RP5400.203 Roger Carter Comm Ctr Jun 1 9am-noon Sa \$15

Spring Egg Hunt at GJACC **flickr**

Celebrate spring and quality family time! Bring your basket to collect eggs and enjoy prizes, refreshments, games, and craft time. Don't forget your camera for a visit with the Easter Bunny. The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. If there is inclement weather, the event will be held indoors. Info: 410-313-4840.

2-10 yrs \$10, center members; \$15, nonmembers

RP4163.301 Gary J Arthur Comm Ctr Apr 13 10-11:30am Sa



Park Ranger Walks

- Children under the age of 16 must be accompanied by an adult.
- Events are free, but registration encouraged.
- Info: Derek Johnson, dkjohnson@howardcountymd.gov.

Campfire With A Ranger

Come join our Park Rangers around a warm, crackling fire for an evening of fun. You and your family will learn the basics of fire safety while sharing nature campfire stories. Bring a blanket, your winter coat, and an appetite for s'mores! Meet at the kiosk trailhead.

Savage Park Kiosk Trailhead 8400 Fair Street, Savage, MD 20763

RP9961.201 All ages 6-7pm Dec 15 Free

Winter Owl Prowl

Do owls really say hoot? Where do they nest? Join our Park Rangers for an evening Owl Prowl, where you learn about the life history and habits of native owl species, tips for observing owls, and hopefully catch a glimpse of or hear one of these amazing birds! Take an evening hike through the woods. Wear warm clothes, supportive footwear, and bring a headlamp or flashlight, and water.

Meet at the West Friendship Living Farm Museum.

West Friendship Park 12985 Frederick Road, West Friendship, MD 21794
RP9962.202 All ages 7-8pm Feb 17 Free

Park Ranger Mutt Strut

Grab your jackets and your leashes! Come enjoy a hike along the Patuxent Branch Trail with your furry friends, neighbors, and a few Park Rangers. Walk along a paved trail from the Patuxent Branch Trail parking lot on Guilford Road to Vollmerhausen Road and back. The total distance is 2.6 miles, so wear supportive footwear, layers, and bring water and snacks. Participating furry friends get a goodie bag! Patuxent Branch Trail 9190 Old Guilford Road, Columbia, MD 21046 RP9963.203 All ages 2-3:30pm Mar 16 Free



Reignite the excitement of years past and explore the great new offerings for active adults ages 55 +.

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FOR MORE INFORMATION

Visit us online at www.howardcountymd.gov/hcrpjobs or call 410-313-4700.



- All children under 18 must be accompanied by an adult.
- Info: Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.
- All pick-up locations are at Bain Center and Long Gate Park & Ride unless otherwise indicated in program description.

Walking from bus to a seat (ex: a theatre)

Walking with seating available (ex: museum seating)

Lots of walking & standing with some opportunities to sit

Lots of walking (over a mile)



Smithsonian National Museum of Natural History

Take a trip to the world's most popular natural history museum, dedicated to understanding the world and our place in it. Delve into the fascinating story of our planet, from its fiery beginnings to billions of years of transformation through exhibitions and activities, collection objects and research that happens in the lab and in the field. The museum is larger than 18 football fields and is home to the largest natural history collection in the world. Lunch is on your own available at Café Natural within the museum.

16 yrs + \$50, individual 10% off two or more people RP4501.201 Jan 10 9:30am-4:30pm Th

Smithsonian National Portrait Gallery

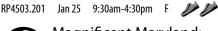
The National Portrait Gallery was authorized and founded by Congress in 1962 with the mission to acquire and display portraits of "men and women who have made significant contributions to the history, development, and culture of the people of the United States." Lunch is on your own at the café. 16 yrs + \$50

RP4502.201 Jan 17 9:30am-4:30pm Th

The US Holocaust Memorial Museum

Experience this powerful, living memorial visited by more than 40 million since its dedication in 1993. This emotionally-moving museum provides documentation, study, and interpretation of Holocaust history. It is dedicated to helping leaders and citizens of the world confront hatred, prevent genocide, promote human dignity, and strengthen democracy. The museum's permanent exhibition contains over 900 artifacts, 70 video monitors, and four theaters showing historic film footage and testimonies.

21 yrs + \$65





Magnificent Maryland: **Baltimore Museum of Industry** Jan 31 See ad on Page 19



Hershey Theater - Swan Lake is a must-see ballet extravaganza.

February

Hershey Theater - Swan Lake

A must see! This is the first visit of the National Ballet Theatre of Odessa to the United States. Featuring 55 ballet stars, Swan Lake is a ballet in four acts with one intermission. The choreography is modeled after Marius Petipa and Lev Ivanov. This full-scale production is set to the music of Pyotr Tchaikovsky and based on Russian folklore and German legend. Follow a heroic young prince as he works to free the beautiful swan maiden from an evil spell. Please bring a meal to eat on the bus.

16 yrs + \$120, individual 10% off two or more people RP4504.201 Feb 8 4:30pm-TBD F

Hillwood Museum: Valentine's Day Tour & Tea

Visit the former residence of businesswoman, socialite, philanthropist, and collector Marjorie Merriweather Post. Hillwood is known for its large, decorative art collection that focuses heavily on the House of Romanov, including Fabergé eggs. Other highlights are 18th and 19th century French art and one of the country's finest orchid collections. Nestled in the hills of Northwest D.C., Hillwood welcomes visitors from around the world with its hospitality. Explore the pristine mansion, enjoy the beauty of the formal gardens, and cap off the visit with delicious tea and treats!

18 yrs + \$115 RP4505.201 Feb 13 10am-3:30pm W



Magnificent Maryland: African Art Museum Baltimore Feb 21 See ad on Page 19

Guinness Open Gate Brewery and Barrel House Located on a 62-acre property in Relay, the Guinness Open Gate Brewery & Barrel House opened on August 3, 2018 for tours, tastings and dining in a 270-seat restaurant. It is the company's first brewing operation in the U. S.

since the 1950s, and although the famous stout is only brewed in Dublin, enjoy many styles and flavors geared for the growing American craft beer market. Enjoy an hour tour and tasting at this new brewery!

21 yrs + Bring ID that shows your age \$75 RP4506.201 Feb 28 11am-4pm Th

March

Philadelphia Flower Show

Designed to offer inspiration and conservation, enjoy beautiful fountains, ponds, water features, and rain gardens. Visit acres of gardens, thousands of artistic floral and horticultural displays, and over 180 shops in the Marketplace. Enjoy live entertainment, interactive exhibits, gardening, and culinary demonstrations. Lunch is on your own at the Reading Terminal Market. Sign up early — this sells out every year!

16 yrs + \$125

RP4514.201 Mar 2 9am-7pm Sa

America's Most Historic Prison Tour

Visit Philadelphia's infamous Eastern State Penitentiary, what was once the most famous and expensive prison in the world. This haunting site of crumbling cell blocks and guard towers once held "Slick Willie" Sutton and "Scarface" Al Capone. The one-hour guided tour is followed by time to explore and enjoy lunch on your own at Philadelphia food venues.

16 yrs + \$80

RP4508.301 Mar 14 9am-6pm Th

Madame Tussauds

Fun for the entire family! Want to get up close and personal with some of history's most famous people? Come visit this wax museum which hosts lifelike figures of recent Presidents, First Ladies, iconic figures, and Hollywood stars! Enjoy lunch on your own at a nearby restaurant.

16 yrs + \$75

RP4509.301 Mar 22 10am-5pm F





Magnificent Maryland: Orioles Camden Yard Tour

Mar 23 See ad next column

April

Strathmore: Cirque Goes Hollywood

It's opening night! Come see this spring's hottest show. Troupe Vertigo brings Hollywood flair to the Pops stage. Enjoy acrobats, aerialists, jugglers and extraordinary athletic artistry set to Hollywood's hottest music hits. Enjoy dinner or drink on your own before the show at Strathmore's Allegro Kitchen. 18 yrs + \$125

RP4510.301 Apr 4 4:30-11:30pm Th



May

National Cathedral Flower Mart

An irresistible array of festival foods, children's rides, artisanal items, boutique gifts, herbs, and flowers fill the nave and grounds of the Cathedral at this year's Flower Mart. Drawing thousands of locals and tourists alike since 1939, this festival of flowers and fun celebrates All Hallows' Guild's antique carousel (a fixture at Flower Mart for decades).

16 yrs + \$60

RP4511.301 May 3 9am-3pm F

Black-eyed Susan Festival

It's a day to celebrate women. Join the 95th running of the Black-eyed Susan Stakes at Maryland's best known race track (Pimlico)! This horse race for three-year-old fillies is known as one of the legs of the Filly Triple Crown. Each ticket offers open seating in the concourse sections, allowing you to flaunt your style and creativity! On the Grandstand Apron, stroll through a collection of shops, boutiques, and businesses owned exclusively by women. 21 yrs + Bring identification that shows your age \$110

RP4512.301 May 17 Tentative: 9am F



Enjoy a ladies day at the races with the Black-eyed Susan Festival.

MAGNIFICENT MARYLAND SERIES

Baltimore Museum of Industry

The Baltimore Museum of Industry celebrates the innovators, entrepreneurs and workers who propelled this port city into the industrial age and beyond. From garment making to airplane manufacturing, food canning to video game design, visitors to the museum will discover how Baltimore's pioneering spirit built the region's manufacturing might and continues to shape Maryland today. Located in an 1860s oyster cannery on a five-acre waterfront campus, the BMI offers dynamic exhibitions, live demonstrations, engaging tours and hands-on activities for guests of all ages.

<u>16 yrs + Bain 50 + Ctr \$40</u>

RP4521.201 Jan 31 Noon-5pm Th



African Art Museum Baltimore Celebrate African American History Month with Howard

County Trips & Tours! Learn about African American history and culture through a unique tour and onsite exploration at the museum. The African Art Museum of Maryland, through an exploration of the art of Africa, is dedicated to the encouragement of broader understanding and awareness of the diverse cultures and artistic expressions.

16 yrs + Bain 50+ Ctr \$35

RP4522.201 Feb 21 Noon-5pm Th



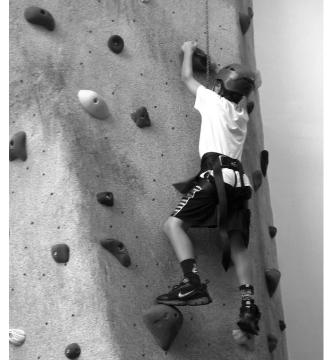
Orioles Camden Yard Tour

Come see Oriole Park at Camden Yards from a whole new perspective. Enjoy the charm of the ballpark from club level suites, the press level, and even the Orioles dugout. Oriole Park revolutionized baseball when it debuted on Opening Day 1992. Now is your chance to go behind the scenes of this historic ballpark and learn more about how it has continued to change baseball fan experiences ever since.

16 yrs + Bain 50+ Ctr \$50

RP4523.301 Mar 23 9am-3pm Sa





Challenge yourself with a fun workout at Indoor Rock Climbing at the Roger Carter Community Center.



Have a totally tubular time at Early Dismissal Snow Tubing & Pizza!

Adventure & Outdoors

- · www.howardcountymd.gov/adventure
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, and biking.
- Info: Dawn Thomas, 410-313-1754, dthomas@howardcountymd.gov; or Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

We offer many drop-in & one-day programs not listed in this guide! Visit www.howardcountymd.gov/adventure for info.

Nature & Environment Page 22

Archery

- No experience necessary and all equipment is provided for use during a program or class.
- Detailed information is emailed to participants.
- Visit howardcountymd.gov/archery for up-to-date info.

Lil' Archers

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery. Sign up for multiple sections and watch your child's archery skills improve! Info: Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

4-5 yrs Classes: 2

 RP9062.201
 Roger Carter Comm Ctr
 Jan 5
 10-11am
 Sa
 \$35

 RP9062.202
 Roger Carter Comm Ctr
 Feb 2
 10-11am
 Sa
 \$35

 RP9062.203
 Roger Carter Comm Ctr
 Mar 9
 10-11am
 Sa
 \$35

Rock Climbing & Snow Tubing

Indoor Rock Climbing at the

Roger Carter Community Center

Boost your confidence; get a great workout on the 26-foot-tall wall. Open climbs are only \$5 per person! Climbing wall rentals & parties also available; call Dawn Thomas, 410-313-1754. Visit www.howardcountymd.gov/rock climbing for complete information (including open climb times and fees).

Early Dismissal Snow Tubing & Pizza!

Spend the afternoon on perfectly carved tubing lanes and make new friends while eating pizza. Anyone can tube and families are welcome! Fee includes two hours of snow tubing at a nearby ski resort, pizza dinner, supervision and transportation from the Long Gate Park & Ride. Detailed info is emailed. Transportation from school to program may be available for an additional fee, call Matt for details. Info: Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

11 yrs + Days: 1

RP9433.201 Long Gate Pk & Ride Jan 28 1-8pm M \$85

School's Out Slide & Climb!

Zoom down perfectly carved lanes and relax on the moving carpet as it conveys you and your tube back to the top. You don't have to be an expert skier or boarder to have fun tubing; anyone can tube and have a blast doing it! Retreat inside for a pizza lunch on your way to our indoor climbing wall for rock climbing and team building games. Fee includes snow tubing at a nearby ski resort, lunch, supervision and transportation from Long Gate Park & Ride. Detailed info is emailed. Info: Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

11 yrs + Days: 1

RP9433.211 Long Gate Pk & Ride Feb 5 8am-6pm Tu \$95

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

Trail Hikes

- The HCRP Trail Hike program features many historic sights and panoramic views. Trip leaders interpret points of interest and keep a moderate pace.
- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Detailed information is emailed to participants in the week prior to the hike date.
- Visit www.hocovolunteer.org for your chance to share a love of hiking as a Trail Hike Leader!
- Info: Matt Medicus, 410-313-1769 or howardcountymd.gov/trailhikes.

Appalachian Trail

The Appalachian Trail crossing Virginia, Maryland and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

MD AT #7 Weverton to Harpers Ferry

Hike along the C&O Canal overlooking the rapids of the Potomac, then stop for lunch below Maryland Heights at the confluence of the Potomac and Shenandoah Rivers. Visit the site of John Brown's raid in historic Harpers Ferry and AT Headquarters. Flat terrain with an optional steep climb to Maryland Heights: 5.5 miles.

<u>8 yrs +</u>

RP9180.201 Long Gate Pk & Ride Jan 5 8am-4pm Sa \$17

MD AT #5

Gathland State Park to Reno Monument

Explore the 50-foot-high arch monument built as a tribute to Civil War newspaper correspondents and hike along the wooded mountain ridge. Eat your lunch at the White Rocks overlook. Moderately difficult terrain: 6.5 miles. $\underline{8}\,\text{yrs}\,\pm$

RP9180.202 Long Gate Pk & Ride Feb 9 8am-4pm Sa \$17

MD AT #4 Rte 40 to Reno Monument

Cross the backpacker's bridge over I-70 and hike through the rolling forest to the Washington Monument. Moderate terrain: 6.5 miles.

<u>8 yrs +</u>

RP9180.203 Long Gate Pk & Ride Mar 9 8am-4pm Sa \$17

VA AT #3 Ashby Hollow to Snickers Gap

Start near Ashby Hollow and hike north to Snickers Gap while ascending four hills and crossing four streams. Eat your lunch at the Sam Moore AT Shelter. Enjoy several views of mountains and valleys.

Moderately difficult terrain: 6.8 miles.

<u>8 yrs +</u>

RP9184.201 Long Gate Pk & Ride Mar 23 8am-6pm Sa \$20

Howard County Park App

Find in Howard County Parks...

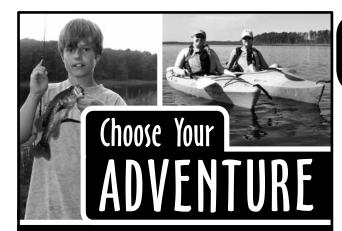
- Nearest park or park amenity (ex: tennis or basketball courts)
- Driving directions
- · Paved pathways
- Pavilions
- Playgrounds
- · And more











CUSTOM

Adventure & Outdoor Programs

We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

Info:

Dawn Thomas, 410-313-1754 or dthomas@howardcountymd.gov.



Kids and parents alike can discover the mysteries of the natural world and our solar system at Family Fridays Under the Dome.

Nature & Environment

 Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop, and more.

Adventure & Outdoors Page 20

Home School Page 27

Astronomy & Planetarium

- Planetarium programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.
- For planetarium shows, arrive 15 minutes prior to the show time to be seated. Due to dark conditions, we cannot seat you during the show.
- Sensory-friendly accommodations are available for all planetarium programs upon request. To make a request, contact the Robinson Nature Center no later than one week in advance of the program.
- Previews of planetarium films: www.howardcountymd.gov/RNCNatureSphereFeatures.
- · Listed by earliest start date.
- Registration/Info: 410-313-0400.

Space Matters

Jan 3, Feb 7, Mar 7 Page 24

Family Fridays Under the Dome

Treat your family to unique shows at Robinson Nature Center's NatureSphere planetarium. Each program features a full-dome movie preceded by a family-friendly planetarium presentation. No late seating.

Robinson Nature Ctr 6:30-7:30pm F \$6 per ticket

RP4801.201	5 yrs +	Earth, Moon & Sun	Jan 4
RP4801.202	7 yrs +	Wildest Weather in the Universe	Feb 1
RP4801.203	7 yrs +	Dinosaurs Alive!	Mar 1

Friday Late Nights in the NatureSphere

Treat your partner or friends to a unique Friday night experience of top notch astronomy and entertainment at the Robinson Nature Center. This program is held in the NatureSphere planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science. No late seating.

18 yrs + Ro	binson Nature Ctr	8-9pm	F	\$6 per ticket
RP4800.201	Faster than Light		Jan 4	
RP4800.202	Passport to the Uni	iverse	Feb 1	
RP4800.203	Impact!		Mar 1	l

^{*} If you are interested in attending this program, but not of age, please call the Nature Center at 410-313-0400.

Lil'Stars

Let your little one discover outer space through views of the stars and planets, stories, crafts or song. Give your child a special nighttime experience during the day! Focus on a different theme each month - from colors of stars, to the stories behind a constellation, to the seasonal changes in the sky. All children must be accompanied by a ticketed adult. Preregister to secure your seats. No late seating.

3 yrs +	Robir	nson Nature Ctr	\$3 per ticket	w/ admission o	r annual pass
RP4802.2	201	Super Duper Stars	Jan 12	10-10:30am	Sa
RP4802.2	202	Super Duper Stars	Jan 12	11-11:30am	Sa
RP4802.2	203	Super Duper Stars	Jan 26	10-10:30am	Sa
RP4802.2	204	Super Duper Stars	Jan 26	11-11:30am	Sa
RP4802.2	205	Bear's Shadow	Feb 2	10-10:30am	Sa
RP4802.2	206	Bear's Shadow	Feb 2	11-11:30am	Sa
RP4802.2	207	Bear's Shadow	Feb 23	10-10:30am	Sa
RP4802.2	208	Bear's Shadow	Feb 23	11-11:30am	Sa
RP4802.2	209	Stellar Stretching	Mar 9	10-10:30am	Sa
RP4802.2	210	Stellar Stretching	Mar 9	11-11:30am	Sa
RP4802.2	211	Stellar Stretching	Mar 23	10-10:30am	Sa
RP4802.2	212	Stellar Stretching	Mar 23	11-11:30am	Sa

NEW! Scope Out the Night Sky Mar 15 Page 16



Meet warm & fuzzy creatures up for adoption in our new Home for Warm, Fuzzy and Prickly program.

Family & Parent/Child

- Programs in this section require an adult to register with their child and accompany them at all times.
- Unregistered siblings of age for a program or older may not join their registered sibling in a program.
- Caregivers and children of the appropriate age are welcome. Please note required adult/child ratios for caregivers.
- · Listed by earliest start date.
- Registration/Info: 410-313-0400.

Saturday Puppet Theater

Join us for nature-themed puppet theater presentations at the Robinson Nature Center! Each show portrays a different nature story. Afterwards, enjoy creating a simple craft to take home.

2 yrs + Rob	oinson Nature Ctr \$5 per person				
RP4871.211	NEW! Penguins Don't Live in Maryland	Jan 5	10am	Sa	
RP4871.212	NEW! Penguins Don't Live in Maryland	Jan 5	11am	Sa	
RP4871.213	Who Needs Vultures?	Feb 9	10am	Sa	
RP4871.214	Who Needs Vultures?	Feb 9	11am	Sa	
RP4871.215	Luck of the "Iris"	Mar 16	10am	Sa	
RP4871.216	Luck of the "Iris"	Mar 16	11am	Sa	

Toddler Time at the Nature Center

Toddler time offers our youngest visitors a chance to use unstructured play to gain the comfort level and gross/fine motor skills they need to happily explore the world around them. Each month, we curate materials on a different theme for you and your toddler to explore. Take part in self-guided activities that encourage toddlers to move in age-appropriate ways and explore unfamiliar textures, smells, sounds, and sights found in nature. Fee is for one child and one adult. A 1:3 caregiver-to-child ratio is required.

$1-2\frac{1}{2}$ yrs w/ac	lult Robi	nson Natur	e Ctr	Ş5, i	annual	pass	holders; \$7, nonmembe	ŀ٢
22.02.4							_	_

RP4871.201	NEW! Busy Builders	Jan 11	9-9:45am	F
RP4871.202	NEW! Busy Builders	Jan 11	10-10:45am	F
RP4871.203	NEW! A Winter's Nap	Feb 8	9-9:45am	F
RP4871.204	NEW! A Winter's Nap	Feb 8	10-10:45am	F
RP4871.205	NEW! Natural Art	Mar 8	9-9:45am	F
RP4871.206	NEW! Natural Art	Mar 8	10-10:45am	F

New Year Nature Hike & Cider-sipping

Join us in the new year while getting active and enjoying nature (two great resolutions for 2019)! Join a naturalist for a guided winter hike while enjoying a range of activities to help your family stay moving and entertained during the cold weeks ahead. Then head back inside to brew and enjoy kid-friendly wassail (mulled cider) to take the chill out of winter! Children must be accompanied by a registered adult.

6 yrs + Robinson Nature Ctr \$9 per person RP4815.201 Jan 12 2:30-4:30pm Sa

Lil' Acorns (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning. In the new *Snowman and the Squirrel* program, discover the winter lives of squirrels, and help track down snowman's missing features. In the *Penguin Parade* program, practice penguin skills and learn what makes these birds so special. These parent/child, interactive programs include stories, tot-friendly investigations, a puppet show, and a short walk through the woods.

2-3 yrs with an adult Robinson Nature Ctr \$18 per program (1 parent, 1 child)

2-3 yrs with an adult Robinson Nature Ctr \$18 per program (1 parent, 1 child)
RP4817.201 NEW! Snowman and the Squirrel Jan 19 10:30am-noon Sa
RP4817.202 Penguin Parade Mar 2 10:30am-noon Sa

Frozen Fest

Jan 20 *Page 15*

NEW! A Home for Warm, Fuzzy and Prickly

Come join us for an incredible day in collaboration with the rabbit and hedgehog rescue groups: Friends of Rabbits and Other World Exotics. Investigate where animals go in the winter and share in your child's delight as we re-enact a winter classic, "The Mitten" through an engaging puppet show. Search for mittens and signs of wildlife along the Center's wooded trails. Meet amazing rabbits and hedgehogs, just like those featured in the story. These animals are all looking for good homes! Program lasts approximately an hour. Representatives from Friends of Rabbits and Other World Exotics will be on-site with animals for adoption from 1-4pm. All participants children and adult must register to attend.

<u>3 yrs + Robinson Nature Ctr</u> <u>\$10, child; \$5, adult</u> RP4819.201 Feb 24 2pm Su RP4819.202 Feb 24 3pm Su

NEW! Scope Out the Night Sky Mar 15 Page 16

NEW! Fairy and Gnome Tea Party

Join our fairy & gnome tea party! Learn about the plants and animals in the woodland fairies' kingdom. Your little one dons a pair of fairy wings or a gnome hat and embarks on a search for fairies and gnomes through the nature center. Then, meet, sing and play with a fairy and gnome from the Drama Learning Center! Afterwards, sit and savor a full tea service by Sweet Simplici-Tea tea room. Tea service includes tea, lemonade and delightful treats just right for little fingers. Fee includes program, materials, tea service, and gratuity. All attendees (children and adults) must register separately to attend. As this is a catered event, you must register by March 13.

 3 yrs +
 Robinson Nature Ctr
 \$27 per person

 RP4865.201
 Mar 17
 11am-1pm
 Su

 RP4865.202
 Mar 17
 2-4pm
 Su

Robinson Nature Center howardcountymd.gov/RobinsonNatureCenter 410-313-0400

Adults

- For 21 yrs+ events at which alcohol will be served, participants must bring a photo ID.
- · Listed by earliest start date.

Friday Late Nights in the NatureSphere Jan 4, Feb 1, Mar 1 Page 22

NEW! Tea Time- History, Properties and Tasting It's tea time! Warm up this winter while discovering tea's intriguing history in the U.S.A. with Howard County's Heritage program. Discover the "true" tea plant along with many herbal preparations that are also sold as teas. Hear about their fascinating properties with a Robinson Nature Center naturalist. Enjoy a delicious tea tasting by local tea house, Sweet Simplici-tea. Discover the fascinating process by which Owner Robyn Zumbrun selects her teas. Delve into the distinctions between teas and flavor profiles. Sample four teas paired with baked goods. Tea is available for sale on-site. As this is a

<u>18 yrs + Robinson Nature Ctr \$25</u> RP4826.201 Feb 2 2-3:30pm Sa

Valentine's Day Truffle-Making & Wine-Tasting Feb 16 Page 15

catered event, you must register by January 30 to attend.

NEW! Milled

Spend the afternoon discovering Maryland's milling heritage while taking the last chill out of winter thanks to two products made from grain! Bring your thermal mug, and enjoy a hot toddy featuring whiskey from local distillery, Lost Ark. We pair this with Great Harvest Company bread and scones made from freshly-ground grains. Robinson Nature Center Naturalists lead you on a trail walk through what was once the historic mill town of Simpsonville down to the ruins of the town's mill and along the mill race. Discover the realities of mill life for its inhabitants and then return to the nature center to discover how milling has evolved through the centuries into a much more sustainable operation today. Please register by March 6. Limited tickets available after this date.

<u>21 yrs + Bring identification that shows your age</u> <u>Robinson Nature Ctr</u> \$35 RP4827.201 Mar 10 3-4:30pm Su

Adults (55+)

Space Matters

Join us the first Thursday of each month in our planetarium to discover what lies beyond our planet! Each program features a presentation about current happenings in the sky and recent developments in space science. Some presentations are complemented with a half-hour movie projected in 360° on the planetarium's domed ceiling or with hands-on demonstrations. Please note we require attendees to check in and be seated 15 minutes prior to the show. Due to dark conditions, we cannot safely accommodate late seating.

55 yrs + Robinson Nature Ctr 2:30-3:45pm Th \$9 RP4804.201 Jan 3 Theme: The Whole Universe as We Know It

Film: NEW! Faster Than Light

RP4804.202 Feb 7 Theme: What We Can See in the Sky Film: Passport to the Universe

RP4804.203 Mar 7 Theme: Rocks from Space

Film: Impact!

* If you are interested in attending this program, but not of age, please call the Nature Center at 410-313-0400.



Project Learning Tree is an award-winning environmental education program for those working with Pre-K - 12th grade.

NEW! Authors in Action

Robinson Nature Center and the Commission on Aging collaborate to present a new take on the classic book club. Meet an author who writes about environmental issues, and work alongside the author in an action project to address these issues in your own community. We are excited to feature author Ned Tillman as our first author in action. Prior to the program, receive a copy of his new book, <u>The Big Melt</u>. At the program, discuss the book and work with Ned to take action! Please wear close-toed shoes and clothes that can get dirty to participate in the action project. To ensure you receive, and have time to read your book, **please register no later than March 7.**

<u>55 yrs + Robinson Nature Ctr</u> \$25 RP4843.211 Mar 21 2-4pm Th

Trainings

MSDE professional development credit available upon completion of Project WET, Project WILD, and Project Learning Tree workshops. Trainings can be used as Professional Development required for Green School Certification and Re-Certification.

Teaching Children Outdoors – Project Learning Tree*

Project Learning Tree is an award-winning environmental education program designed for teachers and other educators, parents, and community leaders working with youth from preschool through grade 12. The curriculum is provided at trainings facilitated by certified instructors. All participants must attend the full workshop to receive the Project Learning Tree curriculum guide. **Register by February 20.**

<u>18 yrs + Robinson Nature Ctr</u> <u>\$30 per person</u> RP4833.201 Feb 23 9am-3:30pm Sa

Teaching About Water – Project WET

Project WET is an award-winning water education program that aims to reach children, parents, teachers, and community members to empower them to solve complex water issues. This curriculum can be taught to PreK-12th graders. The curriculum is provided to teachers and educators at trainings facilitated by certified instructors. You must attend the full workshop to receive the Project Learning Tree curriculum quide. **Register by March 6.**

<u>18 yrs + Robinson Nature Ctr \$30 per person</u> RP4833.202 Mar 9 9am-3:30pm Sa



All aboard for history, games and crafts at Rails and Tales.

Heritage Programs

 Bring a reusable water bottle, nut-free lunch (when over meal time) and a snack (when over meal time).

Classes/Programs

Rails and Tales: Preschool Storytime

Hop aboard the story train! Bring your little one out to a discovery storytime at some of our historic sites in Ellicott City. Listen to stories about how life was long (or not so long) ago, play old-time games, and make a history craft you can take home. Themes change each month, so be sure to visit us often. Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

<u>1½ -5 yrs Classes: 1</u>							
RP9982.201	B&O EC Station Museum	Jan 12	10:30-11am	Sa	\$3		
RP9982.202	EC Colored Sch Restored	Jan 15	10:30-11am	Tu	\$3		
RP9982.203	B&O EC Station Museum	Feb 9	10:30-11am	Sa	\$3		
RP9982.204	EC Colored Sch Restored	Feb 19	10:30-11am	Tu	\$3		
RP9982.205	B&O EC Station Museum	Mar 9	10:30-11am	Sa	\$3		
RP9982.206	EC Firehouse Museum	Mar 19	10:30-11am	Tu	\$3		

Kids Night in at the Museum

RP9976.204 Jan 25

Need a kid-free date night? Or maybe a shopping night during the holiday season? We have a fun solution for you! Drop your children off with us at the Baltimore and Ohio Ellicott City Station Museum while you do some holiday shopping and dining on Main Street. Participants have a blast from the past doing historic, holiday-themed crafts. They enjoy a detective mission to uncover historical facts about the Ellicott City Station. Let them get their hands dirty making applesauce, cinnamon ornaments, candles, scent sachets, and more! Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

4-12 yrs B&O EC Station Museum \$15					<u>r!</u>	
1 Dec 14	4-9pm	F		RP9976.205	Feb 8	4-9pm
2 Dec 20	4-9pm	Th		RP9976.206	Feb 22	4-9pm
3 Jan 11	4-9pm	F		RP9976.207	Mar 8	4-9pm
	Dec 14 Dec 20	1 Dec 14 4-9pm 2 Dec 20 4-9pm	1 Dec 14 4-9pm F	11 Dec 14 4-9pm F 12 Dec 20 4-9pm Th	11 Dec 14 4-9pm F RP9976.205 12 Dec 20 4-9pm Th RP9976.206	2 Dec 20 4-9pm Th RP9976.206 Feb 22

RP9976.208

NEW! School's Out:

Underground Railroad to Civil Rights

Celebrate Martin Luther King Day with the Living History and Heritage Program. Explore 100 years of Howard County history, from the Underground Railroad to the civil rights movement. Participate in hands-on activities and games as we look at how the 19th century shaped the events of the mid-20th century. Stay after the program for the Martin Luther King, Jr. Day of Remembrance event, open to all ages! Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

7-14 yrs B&O EC Station Museum

RP9979.201 Jan 21 9am-noon M \$15

NEW! Schools Out: Rockets' Red Glare

In the year of 1812, America was once again at war with the world's largest and strongest empire, Great Britain. Come to the B&O Ellicott City Station Museum to learn about Maryland in the War of 1812, including the story behind our national anthem and the town that fooled the British. Muster and march as part of the Maryland Militia. Learn how to handle a cutlass just like the Chesapeake flotilla. Man the cannons at the Star Fort to help defend Baltimore from the British fleet and more! Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

8-13 yrs B&O EC Station Museum

RP9979.202 Feb 5 School's Out 9am-3pm Tu \$65 RP9979.203 Feb 5 After Care 3-5pm Tu \$10

History Days for Girl Scouts

Enjoy hands-on scouting fun! Learn what it means to seek freedom on the Underground Railroad and investigate the history of Old Ellicott City through archaeology, STEAM, and geography. Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

History Days: Underground Railroad \$10

RP9985.201	5-8 yrs	EC Colored Sch Restored	Feb 17	10am-noon	Su
RP9985.202	9-13 yrs	EC Colored Sch Restored	Feb 17	1-3pm	Su
History Days:	Ellicott City	<u>\$10</u>			
RP9985.203	5-8 yrs	B&O EC Station Museum	Mar 10	10am-noon	Su
RP9985.204	9-13 vrs	B&O EC Station Museum	Mar 10	1-3pm	Su

NEW! History Days for Cub Scouts

Enjoy hands-on scouting fun! Learn how the Patapsco Valley and Ellicott City were innovators in technology and communication through STEAM-based activities and discover how Native American groups of Maryland used different technologies and skills to survive. Info: Emily Mosher, 410-313-0419 or emosher@howardcountymd.gov.

History Days: STEAM into History \$10

RP9985.211 5-10 yrs B&O EC Station Museum Feb 23 10am-noon Sa <u>History Days: Indian Lore \$10</u> RP9985.212 5-10 yrs Living Farm Heritage Museum Mar 16 10am-noon Sa

Intro to Morse Code and Telegraphs

With all the advancements of electronic communication technology, the great grandfather of them all is surprisingly still in use: telegraphs! If you've ever wanted to learn what all those clicks and beeps mean, now is your chance! Come explore the history and science of the telegraph, learn and practice Morse code, and send and receive telegraph messages to and from operators around the world! Info: Jake Feirson, 410-313-2922 or jfierson@howardcountymd.gov.

<u>14 yrs +</u>

F

F

RP9983.201 B&O EC Station Museum Mar 12 6:30-8pm Tu \$14



Go hands-on with Archaeology in Your Community workshops.



Help catalog and clean artifacts at Public Archaeology Lab Days.

Adults

Ghostly Guides

Gain exclusive, after-hours access to the oldest railroad station in America and see what eerie adventures await you! Use ghost hunting equipment to ask unseen residents guestions; take photos and observe changes in the electromagnetic field to help detect supernatural activity. The night begins with a historic tour of the Baltimore and Ohio Ellicott City Station Museum. After a brief orientation, wander the building with some of our professional ghost hunting gear. Info: Jake Feirson, 410-313-2922 or jfierson@howardcountymd.gov.

16 yrs +

RP9978.201	B&O EC Station Museum	Dec 21	8-11pm	F	\$25
RP9978.202	B&O EC Station Museum	Jan 12	8-11pm	Sa	\$25
RP9978.203	B&O EC Station Museum	Jan 18	8-11pm	F	\$25
RP9978.204	B&O EC Station Museum	Feb 15	8-11pm	F	\$25
RP9978.205	B&O EC Station Museum	Mar 29	8-11pm	F	\$25

A Brush with History

Want to create your own masterpiece? Stop by for a night of painting historic scenes of Old Ellicott City while enjoying the creative atmosphere in America's oldest surviving railroad station. Join local painter and artist Wiley Purkey, in making your own interpretation of a selected painting from his collection. Every month features a different scene in town and painting is on a variety of mediums (tote bag, wooden plague, canvas, and more). Learn about the history of these sites while you paint and take home your masterpiece. Materials and supplies provided. Bring your own refreshments and snacks. Info: Jake Feirson, 410-313-2922 or jfierson@howardcountymd.gov.

21 vrs + B&O EC Station Museum

RP9975.104	Dec 6	6:30-10pm	Th	\$35
RP9975.201	Jan 3	6:30-10pm	Th	\$35
RP9975.202	Feb 7	6:30-10pm	Th	\$35
RP0075 203	Mar 7	6.30-10nm	Th	\$35

Archaeology in Your Community

Do you have an interest in history? Ever find an artifact and wonder what it was? Want to experiment with ancient technologies? Join us for a series of hands-on workshops in partnership with the Upper Patuxent Archaeology Group. This winter, learn the different methods used by archaeologists to study Civil War sites! Space limited, pre-registration required. Info: Kelly Palich, 410-313-0423 or kpalich@howardcountymd.gov.

All ages Heritage Program Office

RP9979.211	Camp Johnson	Jan 14	6:30-8:30pm	Μ	Free
RP9979.212	Metal Detecting	Feb 2	10am-1pm	Sa	\$10
RP9979 213	Archaeology of War	Mar 11	7-8·30nm	M	\$5

Innovators of the Patapsco River Valley

Our river valley was a hotbed of early movers and shakers! Learn their names and accomplishments. Included are the wealthiest man in America, a free African-American who corresponded with the drafter of the Declaration of Independence, the oldest person ever nominated to run for President of the United States, and more! Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

21 yrs +

RP9981.201 B&O EC Station Museum Jan 17 7-9am

Public Archaeology Lab Days

For every hour spent doing fieldwork, archaeologists spend at least two hours in the lab washing, labeling, and cataloging all of the artifacts! Join members of the Upper Patuxent Archaeology Group to work with collections from different sites in Howard County. Bring your own artifacts in for identification, or come with questions! No experience needed. Info: Kelly Palich, 410-313-0423 or kpalich@howardcountymd.gov.

All ages Heritage Program Office

RP9986.221	Jan 26	10am-3pm	Sa	Free
RP9986.222	Feb 16	10am-3pm	Sa	Free
RP9986.223	Mar 24	10am-3pm	Su	Free

Romance by the Rails- PS I Love You!

Enjoy a romantic evening hearing letters and writings read aloud from the hearts of historic figures connected to Ellicott City, including a U. S. President, a Civil War General, America's most famous literary icon, the "Sage of Baltimore," and others. Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

21 yrs + B&O EC Station Museum RP9981.202 Feb 21 7-9pm Th \$15

Ellicott City during the Civil War

We hear about the big battlefield sites of the Civil War but there's more stories to be told, especially featuring Ellicott City and the surrounding area. Come learn about John Brown's Raid, a 1,000 man Union Camp, the Patapsco Guards, a gun that could fire 250 rounds per minute, a tomb of unknown soldiers, romance, poetry, and more. Info: Jake Feirson, 410-313-2922 or jfeirson@howardcountymd.gov.

21 yrs + B&O EC Station Museum RP9981.203 Mar 21 7-9pm Th \$15

Home School

- For Pre-Home & Home School Classes, there are three seasons of classes (fall, winter and spring) that focus on different themes. (Themes are listed in course descriptions.)
- Parents may attend classes with their child without cost.
- Siblings younger than 4 years old are welcome, but must be accompanied by a parent at all times.
- Registration for classes opens June of each year.
- All participants must complete a participant form, which is e-mailed out prior to each season.
- Info: Robinson Nature Center, 410-313-0400 or mdowney@howardcountymd.gov

Home School Gym Class Page 86

Homeschool Musical:

Disney's Freaky Friday by DLC

Grades 1-5, Page 44 Grades 6-8, Page 52

Pre-Home School Classes Winter & Spring 2019

Give your young home schoolers a chance to learn skills and gain exposure to nature and science topics at an age-appropriate pace. Sign up for one session (3 classes) on your preferred day of the week for each season in which you have interest.

Winter Session Topics (STEAM): What is Science?, Let's Build!, Outdoor Art. Spring Session Topics (Food Web): Animals, Plants, Nature's Recyclers.

4-5 yrs Robinson Nature Ctr \$30 per child, per season Classes: 3						
RP4885.201	1st Thursdays in winter	Dec 6, Jan 3, Feb 7	2:30-4pm			
RP4885.211	1st Fridays in winter	Dec 7, Jan 4, Feb 8*	2:30-4pm			
RP4885.221	2 nd Thursdays in winter	Dec 13, Jan 10, Feb 14	2:30-4pm			
RP4885.301	1st Thursdays in spring	Mar 7, Apr 4, May 2	2:30-4pm			
RP4885.311	1st Fridays in spring	Mar 8*, Apr 5, May 3	2:30-4pm			
RP4885.321	2 nd Thursdays in spring	Mar 14, Apr 11, May 9	2:30-4pm			
*Classes are on the second Friday of the month.						

"These classes and workshops were age appropriate and educational and fun. We are hoping to sign up next year as well. Thanks for all you did to make it a success."

Home School Classes Winter & Spring 2019

Give your home schooler hands-on, immersive experiences in nature and science. Sign up for one session (3 classes) on your preferred day of the week for each season in which you have interest. **Winter Session Topics** (STEAM): Science Investigations, Engineering, Outdoor Art. **Spring Session Topics** (Food Web): Consumers, Producers, Decomposers.

Robinsor	1 Nature Ctr	\$30 per	child, per se	eason Clas	<u>ses: 3</u>	
02 1 st 7	Thursdays in w	inter	Dec 6, Jan	3, Feb 7	2:30-4pm	
12 1 st 1	Fridays in wint	er	Dec 7, Jan	4, Feb 8*	2:30-4pm	
22 2 nd	Thursdays in v	vinter	Dec 13, Jar	10, Feb 14	2:30-4pm	
02 1 st 7	Thursdays in sp	oring	Mar 7, Apr	4, May 2	2:30-4pm	
12 1 st 1	Fridays in sprir	ng	Mar 8*, Ap	r 5, May 3	2:30-4pm	
22 2 nd	Thursdays in s	pring	Mar 14, Ap	r 11, May 9	2:30-4pm	
Robins	on Nature Ctr	\$30 pe	r child, per :	season Cla	isses: 3	
03 1 st 7	Thursdays in w	inter	Dec 6, Jan	3, Feb 7	2:30-4pm	
12 1 st 1	Fridays in wint	er	Dec 7, Jan	4, Feb 8*	2:30-4pm	
03 1 st 1	Thursdays in sp	oring	Mar 7, Apr	4, May 2	2:30-4pm	
13 1 st 1	Fridays in sprir	ıg	Mar 8*, Ap	r 5, May 3	2:30-4pm	
*Classes are on the second Friday of the month.						
	D2 1st 1 12 1st 1 22 2 nd D2 1st 1 12 1st 1 12 1st 1 12 1st 1 12 1st 1 13 1st 1 13 1st 1 13 1st 1	12 1st Fridays in wint 22 2nd Thursdays in sp 12 1st Thursdays in sp 12 1st Fridays in sprin 22 2nd Thursdays in sp 22 2nd Thursdays in s 23 1st Thursdays in wint 24 1st Fridays in wint 25 1st Fridays in sprin 26 1st Fridays in sprin 27 1st Fridays in sprin 28 1st Fridays in sprin	1st Thursdays in winter 12 1st Fridays in winter 12 2 2nd Thursdays in winter 13 1st Thursdays in spring 14 1st Fridays in spring 15 2 2nd Thursdays in spring 16 Robinson Nature Ctr \$30 per 17 Thursdays in winter 18 1st Fridays in winter 19 1st Thursdays in spring	1st Thursdays in winter Dec 6, Jan 1st Thursdays in winter Dec 7, Jan 22 2nd Thursdays in winter Dec 13, Jan 22 2nd Thursdays in spring Mar 7, Apr 12 1st Fridays in spring Mar 8*, Ap 22 2nd Thursdays in spring Mar 14, Ap Robinson Nature Ctr \$30 per child, per 103 1st Thursdays in winter Dec 6, Jan 1st Fridays in winter Dec 7, Jan 1st Thursdays in spring Mar 7, Apr 13 1st Fridays in spring Mar 7, Apr 13 1st Fridays in spring Mar 8*, Ap	1st Thursdays in winter Dec 6, Jan 3, Feb 7 Dec 7, Jan 4, Feb 8* Dec 13, Jan 10, Feb 14 Dec 13, Jan 14, Feb 14 Dec 13, Jan 14, Apr 11, May 9 Dec 14, Jan 15, Feb 15 Dec 15, Jan 15, Feb 16 Dec 15, Jan 15, Feb 17 Dec 16, Jan 17, Apr 18, Feb 18* Dec 17, Jan 18, Feb 18* Dec 18, Jan 18, Feb 18* Dec 18, Jan 18, Feb 18* Dec 18, Jan 18, Feb 18* Dec 19, Jan 18, Feb 18* Dec 19, Jan 19, Feb 19 Dec 19, Jan 19, Jan 19, Feb 19 Dec 19, Jan 19, Jan 19, Jan 19, Jan 19, Jan 19 Dec 19, Jan 19,	



Home-schooled students enjoy interactive lessons.

Home School Seasonal Culminating Workshop Winter & Spring 2019

Celebrate at the end of each season of home school classes in the culminating workshop. Workshops are special events exclusively for home school families. Nature Center staff create interactive activities, imaginative play opportunities and self-guided projects that provide opportunities for students to recall knowledge learned over the past season alongside their parents. Students can meet with their new teachers if they are aging into a new class, and enjoy socializing with other students in the program. Each adult and child that plans on attending must register individually for the workshop. Price per person/per season. Please note, there is no online registration, please call 410-313-0400.

4-13 yrs w/registered adult Robinson Nature Ctr HC resident, \$7; nonresident, \$10, siblings 0-3 yrs, Free

RP4885.250 Winter Culminating Workshop Feb 21 2:30-4:30pm Th RP4885.350 Spring Culminating Workshop May 16 2:30-4:30pm Th





Give your child a nurturing, active and creative learning environment to build skills for kindergarten through our Early Learning Center.

Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Child Care. For space availability, call 410-313-7275.

Child Care Leaders & Teachers Wanted!

From college students to retired teachers, your enthusiasm is welcome!

Flexible hours and free training!

Information: 410-313-4712

Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2018. If class minimums are not met, a combined class is offered. Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov. Bushy Park ES / Director: Melissa Conrad / 410-313-5499

RP2252	3 yrs	9:30am-1:30pm	M,W	\$256, month			
RP2252	4 yrs	9:30am-3pm	M,W,F	\$528, month			
Roger Carter Comm Ctr / Director: Keisha Hopkins / 410-313-2749							
RP2292	3-5 yrs	9:30am-3pm	M-F	\$660, month			
RP2292	3-5 yrs	8:30am-4:30pm	M-F	\$799, month			
<u>Triadelphia Ridge ES / Director: Linda Hitzelberger / 410-313-5471</u>							
RP2266	3 yrs	9-11:30am	M,W,Th	\$242, month			
RP2266	4 yrs	9am-1pm	M-Th	\$448, month			

Elementary School Before & After Care

Before & After Care for Elementary School 2018-2019 Academic Year

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5	Before School	7am to beginning of scho	ol day	\$207, month
Grades K-5	After School	Fnd of school day to 6pm	\$318.	month

diddc3 it	7 Mitch School Ella of	school day to	opin 3310, month
Grades K-	5 Before & After School	7am-6pm	\$459, month
RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Park ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2071	Hanover Hills ES	RP2068	West Friendship ES
RP2058	Hollifield Station ES		

Elementary Optional Full Day Programs

In order to register for any Optional Full Day Program, your child MUST be currently registered in an RLC before or after care program. When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch (nut-free), with a drink, marked with your child's name.

Grades K-5

Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov.							
RP2070.290	Ducketts Lane ES	Feb 5	7am-6pm	Tu	\$45		
RP2056.291	Fulton ES	Feb 5	7am-6pm	Tu	\$45		
RP2069.291	Veterans ES	Feb 5	7am-6pm	Tu	\$45		
Info: Ryan McF	arland, 410-313-4713 o	r rmcfarland	d@howardcoun	tymd.g	jov.		
RP2011.391	Kiwanis-Wallas Hall	Apr 15	7am-6pm	M	\$45		
RP2011.392	Kiwanis-Wallas Hall	Apr 16	7am-6pm	Tu	\$45		
RP2011.393	Kiwanis-Wallas Hall	Apr 17	7am-6pm	W	\$45		
RP2011.394	Kiwanis-Wallas Hall	Apr 18	7am-6pm	Th	\$45		
RP2012.391	N Laurel Comm Ctr	Apr 15	7am-6pm	M	\$45		
RP2012.392	N Laurel Comm Ctr	Apr 16	7am-6pm	Tu	\$45		
RP2012.393	N Laurel Comm Ctr	Apr 17	7am-6pm	W	\$45		
RP2012.394	N Laurel Comm Ctr	Apr 18	7am-6pm	Th	\$45		

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.



Snow Blast!

If schools close for a snow event and the Roger Carter Community Center is open, sign up for the Snow Blast Program! Grades K-5 enjoys sports, games, arts & crafts. The pool may be open too, so bring a suit & towel! Please call 410-313-2764 and select option 3 each morning to see if this program is running. Half-day and full-day options available. Lunch is provided for an additional fee of \$5. Info: Shavon Gordon, 410-313-4633 or sgordon@howardcountymd.gov.

Register upon a arrival Roger Carter Comm Ctr

Half Day \$30 Full Day \$40

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Rec & Parks sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or Imajor@howardcountymd.gov.

Grades 6-8	Bonnie Bi	ranch MS	End of school day-6pm	<u>2018-19 school year</u>
RP2370.011	5 days	\$299, mo	nth	
RP2370.031	3 days	\$180, mo	nth	
Grades 6-8	Elkridge L	anding MS	End of school day-6pn	n 2018-19 school year
RP2372.011	5 days	\$299, mo	nth	
RP2372.031	3 days	\$180, mo	nth	
Grades 6-8	Folly Qua	rter MS - I	End of school day-6pm	2018-19 school year
RP2374.011	5 days	\$299, mo	nth	
RP2374.031	3 days	\$180, mo	nth	
Grades 6-8	Thomas V	iaduct MS	End of school day-6pm	2018-19 school year

RP2382.011 5 days \$299, month RP2382.031 3 days \$180, month

Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at spotts@howardcountymd.gov; Chloe Hodge, CTRS at 410-313-1671 or chodge@howardcountymd.gov, or Tori Taylor, CTRS 410-313-4708 at vtaylor@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. <u>Supervision is not provided before</u> <u>the scheduled start time</u>. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

After School

Therapeutic Recreation Inclusion Opportunities (TRIO)

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skill development for transitioning. Program is not held when schools are closed. Selected full-day schedule available. Staff-to-participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site.

	13-21 yrs	2-6pm	M-F	\$380 per month	1
Cedar Lane School		- 1	Cedar Lane I	Park	
	RP2501.21	1 Jan		RP2501.221	Jan
	RP2501.212	2 Feb		RP2501.222	Feb
	RP2501.21	3 Mar		RP2501.223	Mar

Aquatics

Therapeutic Private Swim Lessons

Learn and improve swimming skills in a private 1:1 lesson format. Child must have a disability. Goal: Improve gross motor skills, increase confidence in the water and ability to float, practice basic swim strokes and breathing skills.

2-6 vrs Classes: 8

_ 0 / 1.5	5051 0							
RP4202.201	Cedar Lane School	Jan 16	6:10-6:40pm	W	\$188			
RP4202.202	Cedar Lane School	Jan 16	6:45-7:15pm	W	\$188			
2-12 yrs Cla	isses: 8							
RP4202.205	Cedar Lane School	Jan 17	6:10-6:40pm	Th	\$188			
RP4202.207	Cedar Lane School	Jan 17	8-8:30pm	Th	\$188			
2-12 yrs								
RP4202.203	Cedar Lane School	Jan 16	7:20-7:50pm	W	\$188			
RP4202.204	Cedar Lane School	Jan 16	7:55-8:25pm	W	\$188			
RP4202.206	Cedar Lane School	Jan 17	6:50-7:20pm	Th	\$188			

Aquatic Skills Development

This semi-private skills session provides opportunities for increased endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently. Goals: Increase endurance level, enhance core strength, develop breathing techniques, refine swim strokes for competition.

13-49 yis C	<u>145565. 0</u>				
RP4200.201	Roger Carter Comm Ctr	Jan 8	7:40-8:10pm	Tu	\$80
RP4200.202	Roger Carter Comm Ctr	Jan 8	8:10-8:40pm	Tu	\$80



Therapeutic Private Swim Lessons improve gross motor skills and confidence.

Open Swim

Adults with developmental disabilities, exercise in a warm aquatic tank at your own pace. This is an open swim opportunity with no formal instruction provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

<u>18 yrs + Classes: 9</u> RP4309.201 Cedar Lane School Jan 15 7:10-7:55pm Tu \$5

Waverunners

Sharpen swimming skills and improve fitness in this aquatics program for teens and adults with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

13-24 yrs Classes: 8

RP4213.201 Cedar Lane School Jan 17 7:20-7:55pm Th \$70

Saturday Splash

Children and teens with developmental disabilities experience the warm aquatic pool at their own pace. No instruction is provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, enhance fitness level and provide sensory stimulation. Lifeguard provided; supervision is required by the parent or caregiver.

2-12 yrs (Parent/Child) Cia	asses: 6						
RP4207.201 Cedar Lane Scho	ool Jan 19	12:35-1:10pm	Sa	\$56			
<u>13-21 yrs Classes: 6</u>							
RP4207.202 Cedar Lane Scho	ool Jan 19	1:15-1:50pm	Sa	\$56			
<u>22 yrs + Classes: 6</u>							
RP4207.203 Cedar Lane Scho	ool Jan 19	1:55-2:30pm	Sa	\$55			



Already a swimmer and want to participate in the Special Olympics Maryland Howard County program? (More than swimming is offered!)

Cooking

Instructional Cooking

Participants learn basic kitchen safety and food prep with simple recipes to take home. We explore cooking with a microwave, cook-top and oven. Participants make items and enjoy their efforts. Participants must be able to function in a 1:5 staff-to-participant ratio. Goal: Demonstrate safe use of cooking utensils, demonstrate safe use of a cook top stove and oven, and explore new recipes for healthy cooking.

16-26 yrs Classes: 6

RP4209.201 Cedar Lane Rec Ctr Jan 26 10-11:30am Sa \$168

22-39 yrs Classes: 6

Crafts & Fine Arts

Expressions of Art

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

22 yrs + Classes: 6

RP4302.202 Cedar Lane Rec Ctr Jan 16 10:45am-12:15pm W \$100

13 yrs + Classes: 6

Dance

Dances

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided.

13 yrs + Bain 50+ Ctr

RP4301.201 Let's Go Sailing Jan 12 7-10pm Sa \$20 RP4301.202 Sweetheart Ball Feb 9 7-10pm Sa \$20 RP4301.203 Mardi Gras Madness Mar 2 7-10pm Sa \$20 RP4301.301 80's Flashback Dance Apr 13 7-10pm Sa \$20 7-10pm Sa RP4301.302 Spring Fling May 11 \$20 RP4301.303 Come Fly with Me Jun 8 7-10pm Sa \$20

Music & Theater Arts

NEW! EXCEL Drama

Seize the Day with this new drama opportunity for teens and adults with mild to moderate disabilities. Gain a basic knowledge of drama skills such as stage directions, projection, articulation, character development, and more. Students work together as a theatrical team as they learn and improve singing, dancing, and acting skills. With staff support, students work towards singing independently with accompaniment. Vocal soundtrack used to assist students with learning vocal parts, with a goal of removing the vocal guides once students are comfortable with the music. The session culminates with two final showcase performances. Dress rehearsals and showcase dates TBD. 15-24 yrs Classes: 10 + dress rehearsals and 2 final showcases

RP4304.201 Drama Learning Ctr Jan 14 5:30-7:30pm M \$349

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.













Learn to perform and sing on-stage with EXCEL Drama classes.

Enrichment

Green Thumb Club

Adults with developmental disabilities practice their gardening skills in this weekday social horticulture program. Learn to germinate, grow and harvest flowers, vegetables and herbs in a group setting. Take your crop home at the end of the season! Goals: Increase fine motor functioning, improve social skills and understanding of gardening practices. Participant's caregiver must remain on site.

<u>22 yrs + Classes: 6</u>

RP4311.201 Robinson Nature Ctr Feb 13 1:30-3pm W \$85

Teen Venture

Teens with mild-to-moderate developmental disabilities, spend time with your peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

13-21 yrs Classes: 6

RP4206.201 Various locations Jan 11 6:30-9:30pm F \$185 RP4206.202 Various locations Jan 19 6:30-9:30pm Sa \$185

The Safety Project

Men and women with intellectual disabilities are at a high risk for abuse. The Safety Project was developed to address this risk. The Safety Project is an 8 session group safety education program for men and women with intellectual disabilities. The Safety Project includes mini-lectures and discussion, group activities, action planning, feedback, and problem solving, and relaxation exercises. Topics covered in The Safety Project include: Healthy relationships and boundaries, nature, types, and warning signs of abuse, trauma and other effects of abuse, coping and help-seeking skills, safety planning skills, and disability rights.

18-35 yrs Classes: 8

RP4321.201 Roger Carter Comm Ctr Jan 24 6:30-8:30pm Th \$188



Enjoy community outings and social activities through Out & About.

Friday Night Socials

Adults with developmental disabilities, enjoy this casual group with easy-going activities and socializing. Staff provide activity facilitation; caregivers accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, social etiquette, and ability to listen to others. 22-79 yrs Classes: 6

RP4306.201 Various locations Jan 11 7:30-9pm F \$130

Out & About

Adults with mild developmental disabilities, enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal care needs. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining. 22-48 yrs Classes: 6

RP4308.201 Various locations Jan 11 6:30-9:30pm F \$192 RP4308.202 Various locations Jan 19 6:30-9:30pm Sa \$192

Improv

Feeling relaxed in social situations is a skill you can develop. It can be difficult to socialize and make friends for many individuals with autism and other disabilities. This group helps you learn how to read body language and others' emotions that don't always come easily.

18 yrs + Classes: 6

RP4322.201 Roger Carter Comm Ctr Jan 23 7-8:30pm W \$135

Sports

Pinbusters Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

34 yrs + Classes: 8

RP4312.201 Normandy Brunswick Lanes Jan 12 10:15-11:45am Sa

Strikes & Spares Bowling League

Teens with developmental disabilities, develop and improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

13-33 yrs Classes: 8

RP4313.201 Normandy Brunswick Lanes Jan 12 10:15-11:45am Sa



COMING SOON Be on the lookout...

CAMP GUIDE

ONLINE REGISTRATION STARTS

- February 6, 6pm (In-county)
- February 13, 6pm (Out of county)

What to Do When **Schools Are Closed**

www.howardcountymd.gov/afterschool





See page 5 for a full listing of programs we offer on days that schools are closed.



Be creative and get active at Awesome Athletes, Amazing Artists.

Pre-K (0-5 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical

Adventure & Outdoors Page 20

Nature & Environment

Home School Page 27

Adventures in Learning

• Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

The Early Years Matter: Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them! Staff members do not change diapers.

Rails and Tales: Preschool Storytime Page 25

Awesome Athletes, Amazing Artists (Parent/Child)

If you enjoy being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects! Parents are required to attend. (No class 1/25, 2/15.)

2-4 yrs Classes: 5

RP6973.201 Gary J Arthur Comm Ctr Jan 11 9:30-10:30am RP6973.202 Gary J Arthur Comm Ctr Mar 1 9:30-10:30am F

Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes. (No class 1/23, 1/25, 2/15.)

2 yrs Classes: 12

RP3204.201	Gorman Crossing ES	Jan 9	10-10:45am	W	\$189
2 yrs Classe	s: 10				
RP3204.202	Rockburn ES	Jan 11	10-10:45am	F	\$155

Tots Discovery

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. Class meets for one hour the first day. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/24, 2/5, 2/14.) 2 vrs Classes: 12

RP3201.201	Dayton Oaks ES	Jan 8	10am-noon	Tu,Th	\$198	
RP3201.202	Dayton Oaks ES	Mar 5	10am-noon	Tu,Th	\$198	
RP3201.203	Gorman Crossing ES	Jan 8	10am-noon	Tu,Th	\$198	
RP3201.204	Gorman Crossing ES	Mar 5	10am-noon	Tu,Th	\$198	
RP3201.205	Rockburn ES	Jan 8	10am-noon	Tu,Th	\$198	
RP3201.206	Rockburn ES	Mar 5	10am-noon	Tu.Th	\$198	

Preschool Adventures

Join the adventure! Enjoy an exciting, physically-active and well-rounded experience. Enriching activities include story time, music, arts and crafts, and sports-specific activities (including volleyball, baseball, soccer and other sports) in the gym. Bring a nut-free lunch and sneakers. Register for M-Th and receive a 10% discount off. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/21, 1/23 1/24,1/28, 2/5, 2/14, 2/18.) 2 vrs. 9 mos-5 vrs Classes: 10

= 1.5/ 7 11.05 5	110 41455451 10						
RP6971.201	Gary J Arthur Comm Ctr	Jan 7	9:30am-1pm	M,W	\$200		
RP6971.202	Gary J Arthur Comm Ctr	Jan 8	9:30am-1pm	Tu,Th	\$200		
RP6971.204	Gary J Arthur Comm Ctr	Feb 25	9:30am-1pm	M,W	\$200		
RP6971.205	Gary J Arthur Comm Ctr	Feb 26	9:30am-1pm	Tu,Th	\$200		
2 yrs, 9 mos-5 yrs Classes: 20							
RP6971.203	Gary J Arthur Comm Ctr	Jan 7	9:30am-1pm	M-Th	\$360		
RP6971.206	Gary J Arthur Comm Ctr	Feb 25	9:30am-1pm	M-Th	\$360		

My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session.

2 yrs, 9 mos-3 yrs, 9 mos Classes: 12

RP3202.201	Ilchester ES	Jan 8	10am-noon	Tu,Th	\$198	
RP3202.202	llchester ES	Mar 5	10am-noon	Tu,Th	\$198	
RP3202.203	N Laurel Comm Ctr	Jan 8	10am-noon	Tu,Th	\$198	
RP3202.204	N Laurel Comm Ctr	Mar 5	10am-noon	Tu,Th	\$198	
RP3202.205	Rockburn ES	Jan 7	10am-noon	M,W	\$198	
RP3202.206	Rockburn ES	Mar 4	10am-noon	M,W	\$198	

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.













Step into School prepares your child for kindergarten learning.

Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 1/21, 1/23, 1/28, 2/18.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3 yrs, 9 mos-	4 yrs , 9 mos Sessio	n One	Classes: 12				
RP3221.201	llchester ES	Jan 7	10am-12:30pm	M,W	\$210		
RP3221.203	N Laurel Comm Ctr	Jan 7	9:30am-noon	M,W	\$210		
3 yrs, 9 mos- 4 yrs, 9 mos Session Two Classes: 12							
RP3221.202	llchester ES	Mar 4	10am-12:30pm	M,W	\$210		
RP3221.204	N Laurel Comm Ctr	Mar 4	9:30am-noon	M,W	\$210		

Kindergarten Jump Start

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small- and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make learning fun! Participants should bring a nut-free lunch. (No class 1/21, 1/23, 1/24, 1/28, 2/5, 2/14, 2/18.) 4vrs. 6 mos-5 vrs Classes: 10

17.57 0 11.05 5	7.5 6.45565.	<u></u>					
RP1727.201	Veterans ES	Jan 7	10am-1:30pm	M,W	\$200		
RP1727.202	Veterans ES	Jan 8	10am-1:30pm	Tu,Th	\$200		
RP1727.204	Veterans ES	Feb 25	10am-1:30pm	M,W	\$200		
RP1727.205	Veterans ES	Feb 26	10am-1:30pm	Tu,Th	\$200		
4yrs, 6 mos-5 yrs Classes: 20							
RP1727.203	Veterans ES	Jan 7	10am-1:30pm	M-Th	\$360		
RP1727.206	Veterans FS	Feb 25	10am-1:30pm	M-Th	\$360		

Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating. (No class 1/25, 2/15.) 3-5 yrs Classes: 10

RP3206.201 N Laurel Comm Ctr Jan 11 10am-noon F \$165

One Day Specials

- · Parent or caregiver must attend.
- Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

Mommy & Me Fun Days

Enjoy a morning full of quality time designed for you and your little one. Join the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures.

2-3 yrs llch	<u>ester ES</u>				
RP3212.201	Thomas the Tank Engine	Feb 1	10-11am	F	\$19
RP3212.202	Brown Bear, Brown Bear	Feb 8	10-11am	F	\$19
RP3212.203	Sesame Street Adventures	Feb 22	10-11am	F	\$19
RP3212.204	Peppa Pig	Mar 1	10-11am	F	\$19
RP3212.205	PJ Masks	Mar 8	10-11am	F	\$19
RP3212.206	The Very Hungry Caterpillar	Mar 15	10-11am	F	\$19

Cooking

• Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

Abrakadoodle Yummy Art (Parent/Child)

Get your spoon, paintbrush and chocolate syrup ready - let's create art! From cupcake design to mosaics with food to chocolate syrup painting, it's all about the wonderful and wacky world of food art! Build spaghetti sculptures, learn about food artists such as Vic Muniz, and play "foodie" games. Make our own incredible edibles. (No peanut, peanut oils, or treenut product used.)

2-3 yrs Clas	<u>sses: 6</u>				
RP3209.201	Dayton Oaks ES	Feb 6	9:45-10:45am	W	\$105
RP3209.202	N Laurel Comm Ctr	Feb 9	9:45-10:45am	Sa	\$105

Crafts & Fine Arts

• Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided.

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20-36 mos Classes: 6
RP0133.201 Roger Carter Comm Ctr Feb 2 9:30-10:15am
                                                          $95
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Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided.

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3½-5 yrs Classes: 6
RP0134.201 Roger Carter Comm Ctr Feb 2 10:30-11:15am Sa
                                                            $95
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Dance

 Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Dance with Me! (Parent/Child)

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. (No class 2/18.)

20 mos-3½ yrs Classes: 8

RP1003.201 Gary J Arthur Comm Ctr Feb 4 9:30-10:15am M \$59

Mommy & Me Movement (Parent/Child)

Bring your toddler to an exciting movement class where you will exercise and enjoy moving together! This class includes dancing, singing, role playing and much more. Watch your little one gain confidence and learn appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks.

2-3 yrs Classes: 8 Instructor: Cecilia Ituarte

RP1005.201 Misako Ballet Studio Jan 15 10-10:45am Tu \$85 RP1005.202 Misako Beats Jan 28 9:45-10:30am M \$85

Parent/Child Movement & Song by Kinetics

Encourage your child's imagination as they explore creative dance using stories, props and movement. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Instructors: Teresa Whittemore (.201), Rachel Wolfe (.202), Jodi Guzewich (.203).

2-3 yrs Classes: 9

 RP1007.201
 Kinetics Dance Theatre
 Jan 26
 10:15-11am
 Sa
 \$85

 RP1007.202
 Kinetics Dance Theatre
 Jan 26
 9:45-10:30am
 Sa
 \$85

 RP1007.203
 Kinetics Dance Theatre
 Jan 22
 9:45-10:30am
 Tu
 \$85

Ballerina Basics by Kinetics Dance Theatre

Do you dream of being a ballerina? Ballerina Basics introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Instructors: Lauren Tait (.201, .202,) Christine Hands (.203), Teresa Whittemore (.204, .205), Meagan Singleton (.206).

3-6 yrs Classes: 9

RP1011.201 Kinetics Dance Theatre Jan 23 9:15-10am \$85 RP1011.202 Kinetics Dance Theatre Jan 25 10-11am \$105 RP1011.203 Kinetics Dance Theatre Jan 26 12:15-1pm \$85 Sa RP1011.204 Kinetics Dance Theatre Jan 27 Noon-1pm \$105 RP1011.205 Kinetics Dance Theatre Jan 27 1-2pm Su \$105 RP1011.206 Kinetics Dance Theatre Jan 27 2-3pm Su \$105

Ballet & Tap by Dance Connections, Inc.

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the classes, enjoy an introduction to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, change into tap shoes and explore the basics of tap and rhythms. Wear dance attire for ease of movement such as leotard or dance dress and tights. Leather ballet and tap shoes required.

3-5 yrs Classes: 12

 RP1025.201
 Dance Connections, Inc.
 Jan 3
 2-2:45pm
 Th
 \$145

 RP1025.202
 Dance Connections, Inc.
 Jan 5
 1:30-2:15pm
 Sa
 \$145

 RP1025.203
 Dance Connections, Inc.
 Jan 5
 2:15-3pm
 Sa
 \$145

Ballet and Tap with the Princesses

Learn ballet and tap basics with the help of princess stories and their music. Each week features a different princess: Cinderella, Belle, Ariel, Mulan, Pocahontas, Snow White and Aurora. Leather ballet and tap shoes required. (No class 2/18.)

3-5 yrs Classes: 8

RP1030.201 Gary J Arthur Comm Ctr Feb 4 10:30-11:30am M \$69



Little ones learn to move and shake with Creative Dance for Boys.

Creative Dance by Kinetics Dance Theatre

This intro to dance incorporates imagination, creative expression and fun! Practice loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! All children must have a parent/guardian on the premises while in class. Leotard and bare feet recommended. Instructors: Melissa Nibali (.201), Teresa Whittemore (.202 & .204), Meagan Singleton (.203).

3-6 yrs Classes: 9

RP1010.201 Kinetics Dance Theatre Jan 24 9:15-10am Th \$85 RP1010.202 Kinetics Dance Theatre 9:30-10:15am Jan 26 Sa \$85 RP1010.203 Kinetics Dance Theatre Jan 26 11:45am-12:30pm Sa \$85 RP1010.204 Kinetics Dance Theatre Jan 26 1-1:45pm \$85

Creative Dance for Boys

This intro to dance incorporates imagination, creative expression and of fun! Dancers practice loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! Child must have a parent/guardian on the premises while in class. Leotard and bare feet recommended.

3-6 yrs Classes: 9

RP1012.201 Kinetics Dance Theatre Jan 26 9-9:45am Sa \$85

Creative Movement by Cindee Velle Ballet

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants and black ballet (leather or canvas) shoes required for boys. Showcase at the end of the session (May 15, 5-8pm) for family. Additional costume fee. Instructor: Amy Spears. (No class 2/15, 4/5, 4/19.)

3-5 yrs Classes: 14

RP1019.201 Veterans ES Jan 11 4:10-4:55pm F \$99

Fairy Dance & Storytelling by Kinetics

This special intro to dance lets your child's imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Please wear leotard, dancing will be done in bare feet. 3-6 yrs Classes: 9

RP1006.201 Kinetics Dance Theatre Jan 22 9-9:45am Tu \$8:



Dance, limbo and make cool crafts at Moana's Hawaiian Luau.



Does your dancer love the movie Frozen? Then this is the class for them. Enjoy the music and movie storyline to teach beginning ballet in a creative and fun way. Learn the fundamental of ballet while working on fine and gross motor movements as well as locomotor movements across the floor. Leap and turn and learn French ballet works like they use in the Opera Ballet School. Wear a leotard or dance dress, tights, and pink leather ballet shoes.

3-5 yrs Classes: 12

RP1014.201 Dance Connections, Inc. Jan 7 10:45-11:30am M \$145

Moana's Hawaiian Luau Adventure Spring Break Dance Program

Moana, hula, Leis, Limbo, beach balls, and ballet! Enjoy daily luau fun that's planned for this Moana-themed week. Learn a water dance and a little hula; experience fun obstacle courses to find the heart of Tafiti; enjoy a limbo challenge; tap to the sounds of the islands; and do a ballet leap as Moana sings "How Far I'll Go." Participate in ballet, tap and creative dance classes each day while making Hawaiian crafts and enjoying snack and playtime with friends. Wear dance attire including a leotard or a dance dress, and footed tights. Ballet and tap shoes are required.

3-5 yrs Dance Connections, Inc. Days: 4 RP1048.301 9:30am-noon M-Th \$125

Popstar Princess Jazzy Dance

Groove to the beat with your new-wave Princesses! Come move & groove to the beat with your favorite songs from *Sing, Trolls, Zootopia, The Descendants*, and more. In each class, warm up, learn some basic jazz/hip hop steps and combinations, and choreograph our own dances. Wear comfortable clothes and ballet or jazz shoes. Parents are invited to our Rockin Recital on the last day. (No class 2/18.)

3-5 yrs Classes: 8

RP1034.201 Gary J Arthur Comm Ctr Feb 4 11:45am-12:15pm M \$69



Boys & girls fly like their favorite fairies at Tinker Bell's Ballet.

Princess Ballet by Dance Connections, Inc.

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco-motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip-toe around the beast's castle like Belle; waltz like Sleeping Beauty; spin and twirl like Anna and Elsa. Dancers, wear leotard, tights and (leather or canvas) ballet shoes.

3-5 yrs Classes: 12

RP1046.201 Dance Connections, Inc. Jan 7 10-10:45am M \$145

Tinker Bell's Ballet by Dance Connections, Inc.

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco-motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes.

3-5 yrs Classes: 12

RP1017.201 Dance Connections, Inc. Jan 3 1:15-2pm Th \$145

Dance, Baila! by Misako Ballet Studio

Enjoy an intro to Spanish through dance! Taught by a native Spanish speaker, learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish such as greetings, animals and body parts. Dancers, wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte.

3 yrs, 6 mos-5 yrs Classes: 8

RP1016.201 Misako Ballet Studio Jan 15 10:45-11:30am Tu \$8.

Summer Camp Guide comes to mailboxes before February 1.

Registration begins February 6.



Learn the keyboard and rhythm fundamentals with instruction and games with Music ABCs & Keyboarding at Olenka School of Music.

Fitness

• Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

Funfit® Tots (Parent/Child)

This fun-filled, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for your child who loves music and moving! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? This is the class for you! Child must be walking. (No class 2/5.)

11 mos-2 yrs	Classes: 10				
RP3210.201	Roger Carter Comm Ctr	Jan 29	9:30-10:15am	Tu	\$125
1 yr, 6 mos-4 y	rs Classes: 10				
RP3210.202	Roger Carter Comm Ctr	Jan 29	10:15-11am	Tu	\$125

Music & Theater Arts

Music Together at Olenka School of Music

Everyone has the potential to be musical. Discover the joy of making Music Together® with your family and friends. Your child will grow into a confident music-maker while tapping into all the developmental benefits of music education. Have so much fun singing, dancing, shaking & drumming, you won't even realize how much learning is taking place! Adult participation required. Babies 8 months old and under may attend with a sibling! Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Infant-6 yrs \$70 + \$43 materials fee Classes: 4

Sign up for 1 or both RP sessions

Sign up for 1 or ook	IT III JEJJIOIIJ			
Location	RP0121.201	RP0121.202	Time	Day
OSM Columbia	Jan 5	Feb 9	9:15-10am	Sa
OSM Ellicott City	Jan 5	Feb 9	9:30-10:15am	Sa
OSM Ellicott City	Jan 6	Feb 10	9:30-10:15am	Su
OSM Columbia	Jan 7	Feb 11	9:30-10:15am	M
OSM Columbia	Jan 8	Feb 12	10:30-11:15am	Tu
OSM Ellicott City	Jan 8	Feb 12	9:30-10:15am	Tu
OSM Columbia	Jan 9	Feb 13	11:30am-12:15pm	W
OSM Columbia	Jan 10	Feb 14	9:30-10:15am	Th
OSM Ellicott City	Jan 10	Feb 14	5:30-6:15pm	Th
OSM Columbia	Jan 11	Feb 15	9:30-10:15am	F
OSM Columbia	Jan 11	Feb 15	10:30-11:15am	F

Broadway Babies Drama by DLC: Winnie The Pooh & Tigger Too!

Students learn singing, dancing, and acting skills as they work as part of a theatrical team. Class session culminates in a final performance for family and friends featuring props created by the students during craft time. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov. 3-5 yrs Classes: 6

RP0103.201	Drama Learning Ctr	Jan 5	9-10am	Sa	\$95
RP0103.202	Drama Learning Ctr	Jan 22	10-11am	Tu	\$95

Music ABCs & Keyboarding at Olenka School of Music

Bond with your little one while learning the ABCs of Music! Students dance, sing, play keyboards and rhythm instruments, train their young ears and play stimulating music games designed to teach the fundamentals of the Universal Language of Music. Adult participation required. No previous experience necessary. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

3-5 yrs Classes: 4 \$90 + \$30 materials fee

Sign up for 1 of cot	II III JEJJIOIIJ			
Location	RP0128.201	RP0128.202	Time	Day
OSM Columbia	Jan 5	Jan 26	1:30-2:15pm	Sa
OSM Columbia	Jan 6	Jan 27	11:30am-12:15pm	Su
OSM Ellicott City	Jan 6	Jan 27	1:15-2pm	Su
OSM Columbia	Jan 10	Jan 31	6-6:45pm	Th
OSM Ellicott City	Jan 11	Feb 1	1:15-2pm	F

Kidz Sing at Olenka School of Music

Does your little singing star love to belt out tunes around the house? This is the perfect class to learn to sing on pitch and develop expressive techniques and beginning harmony through a variety of songs, games and movement.

4-5 yrs Classes: 4 \$75+\$30 materials fee

RP0124.204	OSM Ellicott City	Jan 6	11:30am-12:15pm	Su
RP0124.203	OSM Columbia	Jan 7	4:30-5:15pm	М
RP0124.202	OSM Ellicott City	Feb 3	11:30am-12:15pm	Su
RP0124.201	OSM Columbia	Feb 4	4:30-5:15pm	М



Learn the rules of the game and master advanced tournament strategies at Chess Club with Silver Knights Chess.

Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 20

Nature & Environment Page 22

Heritage Programs Page 25

Home School Page 27

Chess

• Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Chess Club with Silver Knights Chess

Learn how to play chess from highly rated professional chess instructors, who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all elementary school grades and experience levels. Play time is structured to pair against opponent of similar skill. All chess supplies provided. No class on half days or when school is not in session

HOT III 2622	ivii.					
Grades K-5	Before School Classe	es: 12				
RP3323.201	Atholton ES	Feb 13	8:10-9:10am	W	\$205	
RP3323.202	Bellows Spring ES	Jan 29	8:10-9:10am	Tu	\$205	
RP3323.203	llchester ES	Feb 4	8:10-9:10am	М	\$205	
RP3323.204	Pointers Run ES	Feb 1	8:10-9:10am	F	\$205	
Grades K-5	After School Classes	<u>: 12</u>				
RP3322.201	Centennial Lane ES	Feb 13	3:15-4:15pm	W	\$205	
RP3322.202	Dayton Oaks ES	Feb 4	3:35-4:35pm	Μ	\$205	
RP3322.203	Fulton ES	Jan 31	4-5pm	Th	\$205	
RP3322.204	Gorman Crossing ES	Feb 13	4-5pm	W	\$205	
RP3322.205	Hammond ES	Jan 31	3:35-4:35pm	Th	\$205	
RP3322.206	Manor Woods ES	Jan 31	3:20-4:20pm	Th	\$205	
RP3322.207	Northfield ES	Feb 1	3:30-4:30pm	F	\$205	
RP3322.208	Rockburn ES	Jan 29	3:20-4:20pm	Tu	\$205	
RP3322.209	St. John's Lane ES	Jan 29	3:20-4:20pm	Tu	\$205	

Chess Wizards Before & After School

Want to learn chess in a fun, engaging and interactive way? Curriculum is designed by teachers and comedians to impart many benefits (critical thinking, sportsmanship and learning from our mistakes in a challenging and exciting way). In addition to lessons and traditional gameplay, variations of chess games are incorporated to build teamwork and improve logic, planning, discipline, judgment and self-control. All skill levels welcome and are grouped accordingly for lessons and game-play. No class on half days or when school is not in session.

Grades K-5	Before school Classe	s: 8			
RP3373.201	Thunder Hill ES	Jan 22	8:10-9:10am	Tu	\$139
RP3373.202	Elkridge ES	Feb 1	8:10-9:10am	F	\$139
RP3373.203	Veterans ES	Jan 23	8:10-9:10am	W	\$139
Grades K-5	After School Classes	<u>: 8</u>			
RP3372.201	Lisbon ES	Jan 24	3:15-4:15pm	Th	\$149
RP3372.202	Longfellow ES	Jan 22	3:30-4:30pm	Tu	\$149
RP3372.203	Triadelphia Ridge ES	Jan 23	3:15-4:15pm	W	\$149

Cooking

• Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Cooking with Chef Nikki After School

This mobile cooking program is offered through Chef Nikki Marks (owner of the food truck Mindgrub Cafe and Share Kitchen, Baltimore's Food Incubator). Classes are taught by Marks and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! \$40 materials fee due at first class, payable to Nikki Marks.

Grades K-5 Comfort Food Classes: 4

Learn to make meals that warm your bellies during the cold winter. Chicken & dumplings and homemade mac & cheese are a few of the dishes you create.

RP3302.201 Fulton ES Jan 17 4:10-5:40pm \$80 RP3302.202 Northfield ES Jan 23 3:30-5pm \$80 Grades K-5 Pizza, Calzones & More! Classes: 4

Pizzas, flatbreads, calzones and stromboli. Learn to make dough and expand your palates to include many different sauces, cheeses, fillings and toppings.

RP3302.211 Fulton FS Feb 28 4:10-5:40pm Th \$80 RP3302.212 Northfield ES Feb 27 3:30-5pm \$80



Cook creative cuisine with Chef Nikki and I'm the Chef Too classes.

Spring Break Cooking Program with Chef Nikki

Back by popular demand! Join Chef Nikki, owner of Mindgrub Cafe food truck & catering and Share Kitchen food incubator. Each day is dedicated to a part of the meal: appetizers, soups and salads, entrees, and desserts. All students sample recipes. \$35 materials fee (half-day students), \$70 materials fee (full-day students) due at first day, payable to Nikki Marks.

Grades K-5	Dunloggin M:	S Days: 4	<u> </u>		
RP3303.301	All Day	Apr 15	9am-4pm	M-Th	\$265
RP3303.311	Morning	Apr 15	9am-noon	M-Th	\$145
RP3303.312	Afternoon	Apr 15	1-4pm	M-Th	\$145

I'm the Chef Too

After School Kitchen Adventures

Travel back in time and learn about history while whipping up tasty recipes! Become paleontologists by creating fossilized dinosaur eggs. Blast off into outer space and learn about our solar system with rocket cookies. Step into the shoes of a geologist and learn about how rocks and crystals are formed with our cupcake geodes. Explore a variety of new recipes, ingredients, and culinary skills through hands-on, highly engaging activities. Each recipe is an adventure that is sure to keep you on your feet! **No class on half days or when school is not in session.**

Grades K-2	Classes: 8					
RP3309.201	Bushy Park ES	Jan 23	4-5pm	W	\$149	
RP3309.202	Dayton Oaks ES	Feb 4	3:35-4:35pm	М	\$149	
RP3309.203	Hammond ES	Jan 25	3:35-4:35pm	F	\$149	
RP3309.204	Triadelphia Ridge ES	Feb 4	3:15-4:15pm	M	\$149	

I'm the Chef Too

Hogwarts Culinary School of Magic

Come relive the excitement of Harry Potter's adventures with magical recipes! With a dash of mystery and a pinch of creativity, conjure up magical treats, snacks, and potions, including an edible Monster Book of Monsters and homemade Butterbeer Pancakes and Fortune Drinks. Don't miss out on the chance to experience the wizarding world of culinary concoctions!

No class on half days or when school is not in session.

Grades 3-5	Classes: 8					
RP3309.211	Elkridge ES	Jan 25	4:05-5:05pm	F	\$149	
RP3309.212	Hanover Hills ES	Jan 24	3:30-4:30pm	Th	\$149	
RP3309.213	Ilchester ES	Jan 22	4:05-5:05pm	Tu	\$149	
RP3309.214	Pointers Run ES	Feb 4	4:05-5:05pm	M	\$149	



Information: Page 29

For a full listing of programs offered on days that schools are closed, visit page 5.

Crafts & Fine Arts

Abrakadoodle Art

These art classes are about creativity! Use your imaginations while using a variety of materials, such as wire, clay, and more. Explore artists, techniques, and world cultures, while having fun! Material fee included.

We Travel the World - Travel virtually to museums around the world to learn new techniques, hear about interesting art words and facts, and create our own masterpieces! Explore great artwork from artists like Cezanne, Johns, Korky Paul, O'Keeffe and more. Grab your passports and join the fun! Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

<u>5-12 yrs Cla</u>	asses: 6				
RP0136.217	Atholton ES	Feb 7	3:55-4:55pm	Th	\$99
RP0136.218	Forest Ridge ES	Feb 4	3:55-4:55pm	М	\$99
RP0136.221	llchester ES	Feb 12	4:05-5:05pm	Tu	\$99
RP0136.219	Lisbon ES	Feb 4	3:20-4:20pm	М	\$99
RP0136.216	Pointers Run ES	Feb 7	4:05-5:05pm	Th	\$99
RP0136.220	West Friendship ES	Feb 12	3:55-4:55pm	Tu	\$99
<u>5-12 yrs Cla</u>	asses: 4				
RP0136.201	Cradlerock ES	Feb 4	2:55-3:55pm	М	\$59
RP0136.203	Laurel Woods ES	Feb 6	3:40-4:40pm	W	\$59
RP0136.205	Phelps Luck ES	Feb 8	3:35-4:35pm	F	\$59
RP0136.202	Running Brook ES	Feb 12	4:05-5:05pm	Tu	\$59
RP0136.204	Swansfield ES	Feb 7	3:25-4:25pm	Th	\$59

All About Clay - Explore clay and modeling materials! Participate in the rich history of ceramic art by creating useful and expressive clay objects. Use your fingers to pat, push and pull clay materials into ceramic objects. Be inspired by ancient and modern artists while creating your own clay art. Lessons using Chinese artifacts, mythology, and modern decorative design give young artists an opportunity to make 3D objects that encourage mastery of clay techniques.

<u>5-12 yrs Cla</u>	asses: 4				
RP0136.211	Cradlerock ES	Mar 11	2:55-3:55pm	М	\$59
RP0136.213	Laurel Woods ES	Mar 6	3:40-4:40pm	W	\$59
RP0136.215	Phelps Luck ES	Mar 15	3:35-4:35pm	F	\$59
RP0136.212	Running Brook ES	Mar 12	4:05-5:05pm	Tu	\$59
RP0136.214	Swansfield ES	Mar 14	3:25-4:25pm	Th	\$59

KidzArt After School

Enjoy a fun, unique, confidence-building, art experience. This drawing-based curriculum delivers engaging and educationally rich, creative experiences that amaze and delight. Create a masterpiece each week. Explore artist-grade mediums (Prismacolor ArtStix, oil pastels, chalk pastels, charcoal, watercolor, clay, copper, textured papers, and more)! Materials included in registration fee. **No class on half days or when school is not in session.** Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

		500			
Grades K-5					
RP0113.200	Bellows Spring ES	Jan 11	4:10-5:10pm	F	\$108
RP0113.201	Clarksville ES	Jan 11	4:10-5:10pm	F	\$108
RP0113.202	Deep Run ES	Dec 17	4:10-5:10pm	M	\$108
RP0113.203	Elkridge ES	Dec 17	4:10-5:10pm	M	\$108
RP0113.204	Longfellow ES	Jan 11	3:40-4:40pm	F	\$108
RP0113.205	Manor Woods ES	Dec 17	3:35-4:35pm	M	\$108
RP0113.206	Rockburn ES	Jan 11	3:35-4:35pm	F	\$108
RP0113.207	St. John's Lane ES	Dec 17	3:30-4:30pm	M	\$108
RP0113.208	Thunder Hill ES	Dec 17	4:10-5:10pm	Μ	\$108
Grades K-5	Session 3 Classes: 10	<u>)</u>			
RP0113.209	Fulton ES	Feb 12	4:10-5:10pm	Tu	\$180
RP0113.210	Gorman Crossing ES	Feb 12	4:10-5:10pm	Tu	\$180
RP0113.211	Hammond ES	Feb 12	3:45-4:45pm	Tu	\$180
RP0113.212	llchester ES	Feb 20	4:10-5:10pm	W	\$180
RP0113.213	Northfield ES	Feb 20	3:30-4:30pm	W	\$180
RP0113.214	Pointers Run ES	Feb 20	4:10-5:10pm	W	\$180
RP0113.215	Veterans ES	Feb 12	4:10-5:10pm	Tu	\$180
Grades K-5	Session 3 Classes: 11	<u>l</u>			
RP0113.216	Centennial Lane ES	Jan 31	3:35-4:35pm	Th	\$199
RP0113.217	Triadelphia Ridge ES	Jan 31	3:30-4:30pm	Th	\$199
Grades K-5	Session 4 Classes: 6				
RP0113.218	Deep Run ES	Mar 4	4:10-5:10pm	M	\$108
RP0113.219	Elkridge ES	Mar 4	4:10-5:10pm	M	\$108
RP0113.220	Manor Woods ES	Mar 4	3:35-4:35pm	M	\$108
RP0113.221	St. John's Lane ES	Mar 4	3:30-4:30pm	M	\$108
RP0113.222	Thunder Hill ES	Mar 4	4:10-5:10pm	Μ	\$108
Grades K-5	Session 4 Classes: 7				
RP0113.223	Bellows Spring ES	Mar 1	4:10-5:10pm	F	\$126
RP0113.224	Clarksville ES	Mar 1	4:10-5:10pm	F	\$126
RP0113.225	Longfellow ES	Mar 1	3:40-4:40pm	F	\$126
RP0113.226	Rockburn ES	Mar 1	3:35-4:35pm	F	\$126

School's Out Workshop with KidzArt!

School is out, but the fun continues with KidzArt Workshops! Engage your imagination in a new way! Our format allows you to learn fine art techniques while encouraging creative thinking in a relaxed environment. KidzArtists explore a variety of artist-grade materials through exciting drawings and 3D projects from popular summer camps. Breaks for snack, lunch and active play! Materials included. Bring an apron, smock or wear old clothes. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grade:	s K-	5 R	loger	Carter	Comm	Ctr	Classes:	1

RP0113.291	The Artist in Me	Jan 21	8:30am-5:30pm	M	\$105
RP0113.292	Space Adventure	Feb 5	8:30am-5:30pm	Tu	\$105
RP0113.293	Inspiration from the Masters	Feb 18	8:30am-5:30pm	M	\$105

Spring Break Workshop with KidzArt!

See School's Out Workshop with KidzArt for course description.

Grades K-5	Artist In Me Apr 15	<u>Days: 5</u>			
RP0113.392	N Laurel Comm Ctr	9am-4pm	M-F	\$275	
RP0113.394	Before & After Care	8-9am & 4-5:30pm	M-F	\$110	
Grades K-5	Under the Sea Apr 15	Days: 5			
RP0113.391	Gary J Arthur Comm Ctr	9am-4pm	M-F	\$275	
RP0113.393	Before & After Care	8-9am & 4-5:30pm	M-F	\$110	

Dance

- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.
- More dance classes for those 6 yrs and under Page 35

Dance Basics for Boys by Kinetics Dance Theatre

outer space and more! Tap shoes required.

An approachable introduction to basic dance and tap skills designed for boys. Learn basic ballet steps, build loco motor skills and learn to develop rhythmic patterns using imagery and themes such as animals, superheroes,

4-6 yrs Classes: 8

RP1013.201 Kinetics Dance Theatre Jan 28 4:30-5:15pm M \$75

Beginning Princess Ballet: Rhythm & Steps

Dance with scarves to the music of your favorite princesses. Class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Instructors: Ms. Dorothy Adams (.201); Nina Basu (.202).

5-7 yrs Classes: 8

RP1001.201 Misako Beats Jan 15 5:15-6pm Tu \$85 RP1001.202 Misako Ballet Studio Jan 18 5-5:45pm F \$85

Broadway Stories Spring Break Dance Program

Do you love Broadway's music and stories? Explore stories from musicals including Aladdin, Anastasia, Mary Poppins (and more) by participating in broadway style tap and jazz classes. Also enjoy making fun crafts and participating in acting games. A new musical is explored each day. Wear dance attire including a leotard, tights, and jazz and tap shoes.

6-9 yrs Dance Connections Inc. Days: 4 RP1049.301 1-3:30pm M-Th \$125

All That Jazz & Tap by Kinetics Dance Theatre

Discover tempo, balance, strength, and style through beginning tap and jazz dance technique. Groove to the music while learning about rhythm. This beginner-level class is meant to balance fun with learning. This is a co-ed class; no experience required. Wear comfortable clothing. Tap and jazz shoes required.

6-8 yrs Classes: 9

RP1026.201 Kinetics Dance Theatre Jan 27 1-2pm Su \$105

Back Beats with Nysia Carter

This fast-paced, high-energy, hip-hop class emphasizes body isolation movements, intricate rhythms and individual expression. Come learn basic hip-hop, popping and break dancing techniques to develop your own unique style. Wear comfortable clothes. Sneakers required.

7-12 yrs Classes: 12

RP1020.201 Roger Carter Comm Ctr Jan 5 3:30-4:30pm Sa \$139

Ballet/Jazz After School by Cindee Velle Ballet

This 90-minute dance class taught by Catherine Rach introduces basic barre exercises: leg, feet and arm positions and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls, wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys, wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. Showcase on May 15 from 5-8pm for family and friends; additional costume fee applies. (No class 4/17.)

6-12 yrs Classes: 16

RP1018.201 Veterans ES Jan 9 4:10-5:40pm W \$185



Strike a pose at the model call for our Youth Fashion Show.



 Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Sign Language Class After School

This class is a fun way to learn another language! Sign Language (ASL) is a visual, conceptual, complete language. Learn how to communicate without using your voice, sign sentences/thoughts, finger spell, and the use of classifiers. Professional interpreter and teacher, Ms. Laura has been working in HCPSS for 18 years.

Grades 1-5 Classes: 7

RP3343.201 Hanover Hills ES Feb 12 3:55-5:10pm Tu \$95 RP3343.202 Fulton ES Feb 7 3:55-5:10pm Th \$95

Spanish After School

Learn a new language, culture and traditions of Spanish-speaking countries through games, songs, poems, crafts and other hands-on activities. Classes are taught by native speakers who are experienced, engaging, fun and motivating. **No class on half days or when school is not in session.**

Grades K-5	Classes: 9				
RP3301.201	llchester ES	Jan 31	4-5pm	Th	\$179
RP3301.202	Rockburn ES	Jan 29	3:25-4:25pm	Tu	\$179
RP3301.203	Hammond ES	Jan 30	3:40-4:40pm	W	\$179
RP3301.204	Gorman Crossing ES	Feb 4	4-5pm	Μ	\$179
RP3301.205	Lisbon ES	Feb 1	3:15-4:15pm	F	\$179

Modeling

Youth Fashion Show: Model Call

Young men and women, come audition to perform in the 5th annual Fashion Show produced by Sean Gibson of Model Citizen Models. Models participate in a fashion runway show promoting local designs and their own unique style. No experience necessary. For audition, wear comfortable clothing and heels or slippery bottom shoes. Practices begin 3/9 and continue on Saturdays until the day of the event (4/6). If selected as a model, there is a \$29 registration fee due at the first practice. Preregistration encouraged, but not required. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

7-10 yrs Classes: 1

RP2979.201 Roger Carter Comm Ctr Feb 9 1-2pm Sa Free



Learn basic chords during Guitar Studio at Olenka School of Music.

Music & Theater Arts

Music

 Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Guitar Studio at Olenka School of Music

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. You must bring your own guitar. **\$30 materials fee**

due at first class.

<u>6-10 yrs Classes: 4</u>									
RP0125.201	OSM Columbia	Jan 8	6:30-7:25pm	Tu	\$130				
RP0125.202	OSM Columbia	Jan 10	5:45-6:40pm	Th	\$135				
RP0125.203	OSM Columbia	Feb 5	6:30-7:25pm	Tu	\$130				
RP0125 204	OSM Columbia	Feh 7	5·45-6·40nm	Th	\$130				

NEW! Jr. Rockerz at The Columbia Rock School

Read full description on page 51. Jr. Rockerz is a rock band program designed to make playing an instrument fun and easy. This is for both the complete beginner and the experienced musician.

6-10 yrs Classes: 6
RP1037.201 The Rock Shop Jan 25 6-7pm F \$149
RP1037.202 The Rock Shop Jan 25 7-8pm F \$149

Learn Now Music

Learn Now Music's mission is "to create a positive, musical experience for all of our students!" Budding musicians, participate in musical instruction and theory. Enjoy musical games, special extension curriculum based activities, musical listening excerpts, and more! You may borrow a rental instrument and materials each session at no cost. A rental agreement must be signed.

Evening

Grades K-5	Groovy Guitar Class	<u>es: 6</u>			
RP3361.280	Centennial Lane ES	Feb 8	6-7pm	F	\$139
RP3361.281	Lisbon ES	Feb 7	6-7pm	Th	\$139
Grades K-5	Poppin Piano Classe	es: 6			
002271 202	C			_	
KP3361.282	Centennial Lane ES	Feb 8	6-/pm	ŀ	\$139
RP3361.282			6-/pm 6-7pm		-

Learn Now Music After School

Learn Now Music's mission is "to create a positive, musical experience for all of our students!" Budding musicians, participate in musical instruction and theory. Enjoy musical games, special extension curriculum based activities, musical listening excerpts, and more! You may borrow a rental instrument and materials each session at no cost. A rental agreement must be signed.

			itai agreement	···usc	oc signi
Grades K-5			4.5	14/	ć120
RP3361.200	Bellows Spring ES	Feb 6	4-5pm	W	\$139
RP3361.201	Bryant Woods ES	Feb 12	3:20-4:20pm	Tu -	\$139
RP3361.202	Clarksville ES	Feb 12	4-5pm	Tu	\$139
RP3361.203	Clemens Crossing ES	Feb 4	3:50-4:50pm	M	\$139
RP3361.204	Dayton Oaks ES	Feb 7	3:30-4:30pm	Th	\$139
RP3361.205	Deep Run ES	Feb 8	4-5pm	F	\$139
RP3361.206	Ducketts Lane ES	Feb 6	3:20-4:20pm	W	\$139
RP3361.207	Forest Ridge ES	Feb 12	3:55-4:55pm	Tu	\$139
RP3361.208	Gorman Crossing ES	Feb 6	4-5pm	W	\$139
RP3361.209	Hammond ES	Feb 4	3:35-4:35pm	М	\$139
RP3361.210	Ilchester ES	Feb 7	4-5pm	Th	\$139
RP3361.211	Manor Woods ES	Feb 8	3:20-4:20pm	F	\$139
RP3361.212	Northfield ES	Feb 8	3:20-4:20pm	F	\$139
Grades K-5	Groovy Guitar Classes:	<u>: 6</u>			
RP3361.240	Atholton ES	Feb 12	3:50-4:50pm	Tu	\$139
RP3361.241	Bollman Bridge ES	Feb 12	3:10-4:10pm	Tu	\$139
RP3361.242	Bushy Park ES	Feb 7	3:55-4:55pm	Th	\$139
RP3361.243	Cradlerock ES	Feb 4	2:50-3:50pm	М	\$139
RP3361.244	Elkridge ES	Feb 6	4-5pm	W	\$139
RP3361.245	Hollifield Station ES	Feb 8	3:20-4:20pm	F	\$139
RP3361.246	Jeffers Hill ES	Feb 12	3:35-4:35pm	Tu	\$139
RP3361.247	Pointers Run ES	Feb 7	4-5pm	Th	\$139
RP3361.248	Rockburn ES	Feb 4	3:30-4:30pm	М	\$139
RP3361.249	St. John's Lane ES	Feb 4	3:15-4:15pm	М	\$139
RP3361.250	Thunder Hill ES	Feb 6	4-5pm	W	\$139
RP3361.251	Veterans ES	Feb 11	4-5pm	М	\$139
Grades K-5	Poppin Piano Classes:		, 5p		7137
RP3361.260	Atholton ES	Feb 12	3:50-4:50pm	Tu	\$139
RP3361.261	Bollman Bridge ES	Feb 12	3:10-4:10pm	Tu	\$139
RP3361.262	Bushy Park ES	Feb 7	3:55-4:55pm	Th	\$139
RP3361.263	Cradlerock ES	Feb 4	2:50-3:50pm	М	\$139
RP3361.264	Elkridge ES	Feb 6	4-5pm	W	\$139
RP3361.265	Hollifield Station ES	Feb 8	3:20-4:20pm	F	\$139
RP3361.266	Jeffers Hill ES	Feb 12	3:35-4:35pm	r Tu	\$139
RP3361.267	Pointers Run ES		•	Th	\$139
		Feb 7	4-5pm		
RP3361.268	Rockburn ES	Feb 4	3:30-4:30pm	M	\$139
RP3361.269	St. John's Lane ES	Feb 4	3:15-4:15pm	M	\$139
RP3361.270	Thunder Hill ES	Feb 6	4-5pm	W	\$139
RP3361.271	Veterans ES	Feb 11	4-5pm	М	\$139
Grades K-5	Viva Violin Classes:		4.5	14/	ć120
RP3361.220	Bellows Spring ES	Feb 6	4-5pm	W	\$139
RP3361.221	Bryant Woods ES	Feb 12	3:20-4:20pm	Tu	\$139
RP3361.222	Clarksville ES	Feb 12	4-5pm	Tu	\$139
RP3361.223	Clemens Crossing ES	Feb 4	3:50-4:50pm	М	\$139
RP3361.224	Dayton Oaks ES	Feb 7	3:30-4:30pm	Th	\$139
RP3361.225	Deep Run ES	Feb 8	4-5pm	F	\$139
RP3361.226	Ducketts Lane ES	Feb 6	3:20-4:20pm	W	\$139
RP3361.227	Forest Ridge ES	Feb 12	3:55-4:55pm	Tu	\$139
RP3361.228	Gorman Crossing ES	Feb 6	4-5pm	W	\$139
RP3361.229	Hammond ES	Feb 4	3:35-4:35pm	М	\$139
RP3361.230	Ilchester ES	Feb 7	4-5pm	Th	\$139
RP3361.231	Manor Woods ES	Feb 8	3:20-4:20pm	F	\$139
RP3361.232	Northfield ES	Feb 8	3:20-4:20pm	F	\$139



Channel your inner guitar hero at The Rock Shop: Winter Break.

The Rock Shop: Winter Break

Come explore the ins-and-outs of rock and roll. Learn the basics of an instrument of your choice. Learn and perform a rock and roll song with a band. 6-10 yrs — Classes: 3

RP1037.203 The Rock Shop Dec 26 9am-3pm W-F \$225

Theater

- More classes for grades 6 and up in Teens section.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Beginning Acting: Winnie the Pooh by DLC

Welcome to the Hundred Acre Wood, where Winnie the Pooh is again in search of honey. Along the way, he meets his pals, Tigger, Piglet, Rabbit and Owl. He soon discovers that Christopher Robin has been captured by the mysterious Backson. As they prepare for a rescue operation, the animals learn about teamwork, friendship and of course.... sharing snacks. Learn singing, dancing, and acting skills as they work as part of a theatrical team. Classes meet for six classes, 2 evening dress rehearsals from 5-7pm (Fri. class: 2/12 & 2/13; Sat. class: 2/17 & 2/18) and two final performances (Fri. class: 2/16 at 1pm & 2/17 at 11am; Sat. class: 2/23 at 1pm & 2/24 at 11am.) **\$25 materials fee due at the first class.**

Grades K-2	Classes: 10					
RP1038.201	Drama Learning Ctr	Jan 4	5-7pm	F	\$220	
RP1038.202	Drama Learning Ctr	Jan 12	9:30-11:30am	Sa	\$220	

Musical Theatre:

Disney's Sleeping Beauty by DLC

The sleeping princess, her fairy friends, and a brave prince face off against the evil Maleficent in this adaptation of the classic film. Work as part of a theatrical team to present this one act musical. Program meets weekly for 8 classes after school, 2 evening dress rehearsals from 5:30-8pm (Fulton: 3/13 & 3/14; Stevens Forest: dress rehearsals 3/20 & 3/21) and a final performance at 7 pm, report at 5 pm (Fulton: 3/15, Stevens Forest: 3/22) for family and friends. For Fulton Grades 3-5 Production, see "On Stage: Alice in Wonderland, Jr." on page 43.

Classes: 8 \$	<u> 210</u>				
RP1039.211	Grades K-2	Fulton ES	Jan 16	4-6pm	W
RP1039.212	Grades 1-5	Stevens Forest ES	Jan 24	3:40-5:40pm	Th



Youth drama workshops and after-school programs allow young actors to learn to act on stage and show off their flair for the theatrical.

School's Out Drama Workshop with DLC

Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun with arts & crafts also! Sibling fee is \$25 for each additional sibling, available only by phone.

Call DLC (410-997-9352) for before and after-care.

Grades K-6	Drama Learning Ctr	Classes: 1			
RP0105.201	Superhero Day	Jan 21	9am-4pm	М	\$75
RP0105.202	LEGO® Movie Day	Feb 5	9am-4pm	Tu	\$75
RP0105.203	Black Panther Day	Feb 18	9am-4pm	М	\$75

Spring Break Drama Workshops: Wizard Academy Training by DLC

Ever wondered what drama class at Hogwarts would be like? Create your own witch or wizard persona and explore the hallowed halls of Hogwarts through the eyes of Harry Potter & friends. Each day culminates in a short showcase performance, complete with magical flair! Register for one day or the entire week as we focus on a different topic each day. Enjoy drama-themed fun, arts & crafts, and more. Sibling discount (\$50 off each additional sibling) for phone-in customers. Call DLC (410-997-9352) for before- and after-care.

Grades K-6	Drama Le	<u>arning</u>	y Ctr	9am	-4pm	Days: 5	(1 week)			
RP0105.301	Apr 15	M-F	\$3.	50						
Grades K-6	Drama Le	<u>arning</u>	y Ctr	9am	-4pm	Days: 1	(Sign up fo	r mul	tiple days!)	
RP0105.305	Apr 15	Μ	\$75		RPO	105.308	Apr 18	Th	\$75	
RP0105.306	Apr 16	Tu	\$75		RPO	105.309	Apr 19	F	\$75	
RP0105.307	Apr 17	W	\$75							

Winter Break Drama Workshop with DLC

Focus on a different topic each day for drama-themed fun, arts and crafts and daily themes. Have an opportunity to show parents and friends what they learned with a performance that concludes each day. Each additional sibling \$25, phone-in customers only. Call DLC (410-997-9352) for beforeand after-care.

Grades K-2	Drama Learning Ctr	Classes: 1				
RP3338.201	Mary Poppins	Dec 26	9am-4pm	W	\$75	
RP3338.202	The Grinch	Dec 27	9am-4pm	Th	\$75	
RP3338.203	Winter Wonderland	Dec 28	9am-4pm	F	\$75	
Grades 3-6	Drama Learning Ctr	Classes: 1				
RP3338.204	Mary Poppins	Dec 26	9am-4pm	W	\$75	
RP3338.205	The Grinch	Dec 27	9am-4pm	Th	\$75	
RP3338.206	Winter Wonderland	Dec 28	9am-4pm	F	\$75	

Junie B. Jones Jr.! After School by CCTA

Recreation & Parks has teamed up with Columbia Čenter for Theatrical Arts! Join Junie B. on her first day of first grade when she goes through awkward situations like getting glasses and meeting new friends (including Herb) and more. Come learn the fundamentals of musical theater including choreography, character development and stage direction. At the final class, enjoy a 7pm performance for friends and family. Program meets for 10 classes plus a class on the day of the performance at 7pm. **No class on half days or when school is not in session.** Info: info@cctarts.org.

6-11 yrs Cla	asses: 11				
RP1041.201	Northfield ES	Feb 21	3:30-4:45pm	Th	\$179
RP1041.202	Pointers Run ES	Feb 19	4:10-5:25pm	Tu	\$179
RP1041.203	Veterans ES	Feb 11	4:10-5:25pm	М	\$179
RP1041.204	Waverly ES	Feb 20	3:55-5:10pm	W	\$179

Musical Theatre: Disney's Lion King Kids by DLC

"Hakuna Matata! What a wonderful phrase!" Work as part of a theatrical team to present this one act musical. Program meets weekly for 8 classes after school, 2 dress rehearsals from 5:30-8pm (Dayton Oaks: 3/19 & 3/20; Gorman Crossing: 4/30 & 5/1; SJLES: 3/26 & 3/27) and a final performance for family and friends at 7 pm, report at 5 pm (Dayton Oaks: 3/21; Gorman Crossing: 5/2; SJLES: 3/28).

Grades 1-5	Classes: 11				
RP1039.201	Dayton Oaks ES	Jan 14	3:40-5:40pm	М	\$210
RP1039.202	Gorman Crossing ES	Feb 28	4-6pm	Th	\$210
RP1039.203	St. John's Lane ES	Jan 22	3:20-5:20pm	Tu	\$210

On Stage:

Disney's Alice in Wonderland Jr. by DLC

Go down the rabbit hole with Alice as she adventures in a new world that becomes "curiouser and curiouser!" Learn singing, dancing, and acting skills as they work as part of a theatrical team. Class meets for 10 weeks then has dress rehearsals from 5:30-8:30pm (Fulton: 3/26-3/28; Manor Woods: 4/9-4/11) and a final performance at 7pm; report at 5pm (Fulton: 3/29; Manor Woods: 4/12).

Grades 1-5	Classes: 14				
RP1045.212	Manor Woods ES	Jan 30	3:35-5:35pm	W	\$249
Grades 3-5	Classes: 14				
RP1045.211	Fulton ES	Jan 16	4-6pm	W	\$249



Gain confidence and life skills at Kid Empowerment: P.E.T. Power!



Imagination knows no bounds at Bricks4Kidz LEGO® programs.

On Stage: Disney's Lion King Jr. by DLC

Journey to Pride Rock with Simba as he takes his rightful place as king! Learn singing, dancing, and acting skills as you work as part of a theatrical team. Class meets for 10 weeks then has dress rehearsals from 5:30-8:30pm (Triadelphia: 4/8-4/10; Centennial: 4/1-4/3,) and a final performance at 7pm; report at 5pm; (Triadelphia: 4/11; Centennial: 4/4).

Grades 1-5 Classes: 14

RP1045.201 Centennial Lane ES Jan 18 3:35-5:35pm F \$249 RP1045.202 Triadelphia Ridge ES Jan 24 3:30-5:30pm Th \$249

Drama Production Class:

Disney's Freaky Friday by DLC

When an uber-organized mother and her spontaneous teenage daughter magically swap bodies, they have just one day to put things right. Masquerading as each other, they must work together to solve the mystery of how to break the spell. Learn and improve singing, dancing and acting skills as you work as part of a theatrical team. \$50 materials fee due at the first class, payable to Drama Learning Center. For grades 6-8, please see page 52.

Grades 3-5 Classes: 16

RP1043.201 Drama Learning Ctr Dec 4 5-7:30pm Tu \$305

Class meets 12/4 to 1/29, with additional classes on 1/3 & 1/17.

Dress rehearsals: 2/4-2/8; 5-8:30pm.

Final performances: 2/9 at 7pm and 2/10 at 3pm. (No class 12/25, 1/1.)

RP1043.202 Drama Learning Ctr Dec 12 5-7:30pm W \$305

Class meets 12/12 to 2/6, with an additional class on 1/24.

Dress rehearsals: 2/11-2/15, 5-8:30pm. Final performances: 2/16 at 7pm and 2/17 at 2pm. (No class 12/26.)

Homeschool Musical:

Disney's Freaky Friday by DLC

Read previous course description for info. Ask about a sibling discount (must call in) for \$75 off additional sibling. Class meets 1/3-2/28. Dress rehearsals: 3/4-3/8 from 12:30-4pm. Final performances: 3/9 at 7pm and 3/10 at 3pm.

\$55 materials fee due at first class. For grades 6-8, see page 52.

Grades 1-5 Classes: 16

RP0114.201 Drama Learning Ctr Jan 3 1-3:30pm Th \$255

Summer Camp Guide comes to mailboxes before February 1. Registration begins February 6.

Personal Development

Kid Empowerment: P.E.T. Power!

At this fun, hands-on program, learn to create Positive Empowering Thoughts (P.E.T.s) that chase away Automatic Non-supportive Thoughts! Build resilience, confidence and essential life skills through activities and animations. Get a stuffed pet and earn special P. E. T. tags. New and returning students welcome. **\$25 materials fee per student. No class on half days or when school is not in session.** Details, pictures & class topics at: www.smashingants.com. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

Grades 2-4	Classes: 6				
RP3333.200	Bellows Spring ES	Feb 4	4:05-5:35pm	М	\$119
RP3333.201	Deep Run ES	Feb 7	4-5:30pm	Th	\$119
RP3333.202	Clemens Crossing ES	Feb 6	3:50-5:20pm	W	\$119
RP3333.203	Dayton Oaks ES	Feb 4	3:35-5:05pm	М	\$119
RP3333.204	Elkridge ES	Feb 7	4-5:30pm	Th	\$119
RP3333.205	Gorman Crossing ES	Feb 8	4-5:30pm	F	\$119
RP3333.206	llchester ES	Feb 12	4-5:30pm	Tu	\$119
RP3333.207	Manor Woods ES	Feb 12	3:20-4:50pm	Tu	\$119
RP3333.208	Pointers Run ES	Feb 8	4-5:30pm	F	\$119
RP3333.209	Rockburn ES	Feb 12	3:20-4:50pm	Tu	\$119
RP3333.210	Northfield ES	Feb 12	3:15-4:45pm	Tu	\$119
RP3333.211	Clarksville ES	Feb 13	4-5:30pm	W	\$119

Magic (and Life Skills) After School with Mike Perrello

You'll love telling your parents about your new magic tricks while feeling confident and acting respectful. Enjoy Mike Perrello's nationally recognized Discover Magic curriculum. Receive custom magic props and take-home lessons. First timers and returning magicians welcome; take colored wand courses (each with their own tricks and materials) in any order! This fun, entertaining and exciting after-school class is led by professional magician, Mike Perrello, who's been specializing in educational programs in area schools for 15+ years and has been hailed as DC area's leading family entertainment expert! No class on half days or when school is not in session. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5	Purple Wand course	Classes:	<u>8</u>		
RP3395.201	Bushy Park ES	Jan 29	3:55-4:55pm	Tu	\$225
RP3395.203	Waverly ES	Feb 4	3:50-4:50pm	M	\$225
Grades K-5	Orange Wand course	Classes:	8		
RP3395.202	Centennial Lane ES	Jan 31	3:15-4:15pm	Th	\$225

Science & Technology

Bricks4Kidz LEGO® School's Out

School is out and we're open for play! Topics vary and include the popular LEGO® themes of Amusement Park, Super Hero's, Mining & Crafting Wizards & Muggles, and the new Junior Robotics! Activities take place indoors. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-11 yrs	Roger Carter Comm Ctr	Days: 1	(Sign up for one or m	ultiple	days!)
RP3369.10	7 Mining & Crafting	Dec 26	8:30am-5pm	W	\$95
RP3369.11	7 Mining & Crafting	Dec 26	8:30am-12:30pm	W	\$45
RP3369.12	7 Mining & Crafting	Dec 26	1-5pm	W	\$45
RP3369.10	8 Pocket Brick Monsters	Dec 27	8:30am-5pm	Th	\$95
RP3369.11	8 Pocket Brick Monsters	Dec 27	8:30am-12:30pm	Th	\$45
RP3369.12	8 Pocket Brick Monsters	Dec 27	1-5pm	Th	\$45
RP3369.10	9 Brick City Construction	n Dec 28	8:30am-5pm	F	\$95
RP3369.11	9 Brick City Construction	n Dec 28	8:30am-12:30pm	F	\$45
RP3369.12	9 Brick City Construction	n Dec 28	1-5pm	F	\$45
RP3369.20	1 Extreme Ninja	Jan 21	8:30am-5pm	M	\$95
RP3369.21	1 Extreme Ninja	Jan 21	8:30am-12:30pm	M	\$49
RP3369.22	1 Extreme Ninja	Jan 21	1-5pm	M	\$49
RP3369.20	2 Brick City	Feb 5	8:30am-5pm	Tu	\$95
RP3369.21	2 Brick City	Feb 5	8:30am-12:30pm	Tu	\$49
RP3369.22	2 Brick City	Feb 5	1-5pm	Tu	\$49
RP3369.20	3 Brick Detectives	Feb 18	8:30am-5pm	M	\$95
RP3369.21	3 Brick Detectives	Feb 18	8:30am-12:30pm	M	\$49
RP3369.22	3 Brick Detectives	Feb 18	1-5pm	М	\$49
RP3369.20	4 Mining & Crafting	Apr 22	8:30am-5pm	M	\$95
RP3369.21	4 Mining & Crafting	Apr 22	8:30am-12:30pm	М	\$49
RP3369.22	4 Mining & Crafting	Apr 22	1-5pm	М	\$49

Bricks4Kidz LEGO® Spring Break

Join us for our fun, mixed-theme session! Enjoy fresh, new themes & materials, and some tried-and-true favorites. Register for the full week or pick and choose the days you need. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-11 yrs Vet	terans ES Days: 5	(1 week)			
RP1715.301	All Day, 1 Week	Apr 15	8:30am-5pm	M-F	\$369
RP1715.311	Morning, 1 Week	Apr 15	8:30am-12:30pm	M-F	\$189
RP1715.321	Afternoon, 1 Week	Apr 15	1-5pm	M-F	\$189
<u>5-11 yrs Vet</u>	terans ES Days: 1	(Sign up for one o	or multiple days!)		
RP1715.331	Transforming Creatio	ns Apr 15	8:30am-5pm	M	\$95
RP1715.332	Extreme Ninjas	Apr 16	8:30am-5pm	Tu	\$95
RP1715.333	Mining & Crafting	Apr 17	8:30am-5pm	W	\$95
RP1715.334	Amusement Park Cre	ators Apr 18	8:30am-5pm	Th	\$95
RP1715.335	Classic Brick Arcade	Apr 19	8:30am-5pm	F	\$95

Bricks4Girlz LEGO®

Crafting & Coding Spring Break

We are shaking things up at Bricks4Girlz over spring break! This fresh, new, fun combination gets you excited about LEGO® building, coding and crafting. \$30 computer fee due to instructor on first day. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-11 yrs Vet	terans ES	Days: 5	(1 we	ek)			
RP1715.341	All Day, 1	Week	Ap	r 15	8:30am-5pm	M-F	\$369
RP1715.342	Morning,	1 Week	Ap	r 15	8:30am-12:30pm	M-F	\$189
RP1715.343	Afternoo	n, 1 Week	Ap	r 15	1-5pm	M-F	\$189
<u>5-11 yrs Vet</u>	terans ES	Days: 1	(Sign	up fo	r one or multiple days!)		
RP1715.351	Apr 15	8:30am-5	pm	M	\$95		
RP1715.352	Apr 16	8:30am-5	pm	Tu	\$95		
RP1715.353	Apr 17	8:30am-5	pm	W	\$95		
RP1715.354	Apr 18	8:30am-5	pm	Th	\$95		
RP1715.355	Apr 19	8:30am-5	pm	F	\$95		

Bricks4Kidz LEGO® After School

Bricks4Kidz is a STEAM-based program that teaches science and technology concepts using LEGO® bricks. **No class on half days or when school is not** in session. Info:www.bricks4kidz.com/ellicottcity-md, or Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Amazing Animals Classes: 6

It's a zoo in here! Come build models of snakes, insects, mammals and more. Enjoy discussing fascinating facts about the animals we build, from the chameleon that changes colors to the seal model that waddles across the table.

RP3329.221	Hanover Hills ES	Jan 29	3:25-4:25pm	Tu	\$99
RP3329.222	Hollifield ES	Jan 28	3:25-4:25pm	M	\$99

Grades K-5 Life Science Classes: 6

Explore the fascinating science of living things while building models of creatures from caterpillars to dinosaurs! Topics include: how the human body stays cool, the amazing life cycle of a butterfly, and the Venus Fly Trap - a plant that eats bugs! If you love creatures - this class is for you!

RP3329.211	Deep Run ES	Jan 30	4-5pm	W	\$99
RP3329.212	Waterloo ES	Feb 1	4-5pm	F	\$99

Grades K-5 Pirates Quest Classes: 6

Shiver Me Timbers! Build a motorized pirate ship, a helm and anchor; batten down the hatches and prepare for mutiny. Protect the hands-on deck by building a launching trebuchet. Beware me mateys, abandon ship and build a rowboat to escape. Watch out for crocodiles!

Grades K-5	Classes: 6				
RP3329.201	Centennial Lane ES	Jan 30	3:15-4:15pm	W	\$99
RP3329.202	Clemens Crossing ES	Jan 31	3:50-4:50pm	Th	\$99
RP3329.205	Northfield ES	Jan 28	3:30-4:30pm	Μ	\$99
RP3329.203	St. John's Lane ES	Jan 29	3:20-4:20pm	Tu	\$99
RP3329.204	Triadelphia Ridge ES	Feb 1	3:30-4:30pm	F	\$99

NEW! Dash and Dot Robotics After School with TECH Scientific

Dash & Dot are responsive robots that open the doors to robotics and programming. Using a variety of apps, program robots to dance, sing, respond to voice commands, and navigate their surroundings through coding! Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades K-3	Classes: 8				
RP3348.201	Cradlerock ES	Feb 11	3:25-4:25pm	Μ	\$145
RP3348.202	Dayton Oaks ES	Feb 12	3:35-4:35pm	Tu	\$145
RP3348.203	Hanover Hills ES	Feb 13	3:25-4:25pm	W	\$145
RP3348.204	West Friendship ES	Feb 7	3:50-4:50pm	Th	\$145

NEW! Eco Adventure Spring Break Program with TECH Scientific

Come spend your spring break exploring ecosystems and the organisms that live there. Learn about various food webs. Enjoy hands-on exploration of animals and their adaptations that help them survive and thrive. Spend time learning about how they can help take care of the environment and why it is important. From planting a tree to taking care of our oceans, rivers, and lakes, we'll do it all. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades K-3 Classes: 5

RP3304.301 Gary J Arthur Comm Ctr Apr 15 9am-3:30pm M-F \$199

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











NEW! Little LEGO® Engineers After School with Tech Scientific

Become an engineer and create a forklift, monster truck crane, bull-dozer, and dragster with LEGO® Wedo! Build these models and then move them with a computer. Build and program LEGO® while learning about gears, axels and motors! Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

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Grades K-3	Classes: 8					
RP3357.201	Atholton ES	Feb 19	3:50-4:50pm	Tu	\$145	
RP3357.202	Dayton Oaks ES	Feb 20	3:35-4:35pm	W	\$145	
RP3357.203	Ducketts Lane ES	Feb 21	3:25-4:25pm	Th	\$145	
RP3357.204	Fulton ES	Feb 22	4-5pm	F	\$145	
RP3357.205	Gorman Crossing ES	Feb 11	4-5pm	Μ	\$145	
RP3357.206	Hammond ES	Feb 7	3:35-4:35pm	Th	\$145	
RP3357.207	West Friendship ES	Feb 11	3:50-4:50pm	M	\$145	

Little Medical School After School - Calling Future Doctors!

Aspiring little docs, come scrub in, glove up and immerse yourself in the fascinating world of medicine over hours of interactive instruction. Discover how to use common doctor's tools, learn how the heart, lungs, and digestive system work, practice tying knots like a real surgeon and much more! Listen to a heartbeat using your own, personal stethoscope, which you keep. Enjoy role play, models, drawing, thinking critically and being creative! At the end of each course, enjoy a graduation ceremony, where you receive a diploma as a graduate of the Little Medical School! \$35 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. Grades K-5 Classes: 6

RP3533.201	Hanover Hills ES	Feb 22	3:25-4:25pm	F	\$179
RP3533.202	Waverly ES	Feb 20	3:50-4:50pm	W	\$179

Little Veterinarian School After School -ABCs of Dog Care

Experience unparalleled opportunities, immerse yourself in the fascinating world of veterinary medicine! Begin your exploration of veterinary medicine, by adopting a cute stuffed puppy, that you take home at the end of the course. Learn how to examine dogs and assess their health, how to treat common illnesses and deliver immunizations; and about ticks and other common problems among pets. Learn some basic suturing skills! At the end of the course, celebrate in a fun graduation ceremony! \$35 materials fee. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. Grades K-5 Classes: 6

RP3534.201	IIchester ES	Feb 20	4-5pm	W	\$179
RP3534.202	Lisbon ES	Feb 19	3:15-4:15pm	Tu	\$179

Play-Well Tek Ninjaneering with LEGO® After School

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun LEGO® projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago. **No class on half days or when school is not in session.** Info: William Banks, wbanks@howardcountymd.gov or 410-313-4721.

sion. Info: William Banks, wbanks@howardcountymd.gov or 410-313-472 <u>Grades K-2 5-6 yrs Classes: 8</u>

RP3371.201	Dayton Oaks ES	Jan 31	3:50-5:20pm	Th	\$175
RP3371.202	Forest Ridge ES	Jan 22	3:30-5pm	Tu	\$175

Play-Well Tek Spring Break Around the World

Prepare for a full-day packed with hands-on and minds-on STEM fun! Build motorized contraptions (Jeeps, houseboats, mini golf courses, and more). Then build structural projects like the Eiffel Tower, Seattle Space Needle, and Bodium Castle, in this engineering week for LEGO® fanatics!

Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov. Grades K-3 Classes: 2

RP3366.202 Gary J Arthur Comm Ctr Apr 15 9am-4pm M-Tu \$139

School's Out LEGO® Engineering Workshop with Play-Well TEKnologies

Power up your engineering skills with tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Design, build, and explore your craziest ideas in a supportive environment. An experienced instructor challenges new and returning students to engineer at the next level. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

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Grades K-3 Classes: 1
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RP3366.201 Gary J Arthur Comm Ctr Feb 5 9am-3pm Tu \$69

School's Out TECH Scientific

Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-3 STEM Challenge: Once Upon a Time Days: 1

Spend the day participating in STEM challenges based on fairy tales. Work to build a house that withstand the Big Bad Wolf's huff & puff. Come partner with Robin Hood to create an accurate bow & arrow. Be a knight in shining armor when engineering an escape for Rapunzel. This combination of STEM and literature is a great way to spend a day off of school!

Cuadas V 2	A Dun's Life	Daves 1				
RP3304.291	After Care	3:30-5pm	\$18			
RP3304.281	Before Care	8-9am	\$12			
RP3304.261	Roger Carter	Comm Ctr	Jan 21	9am-3:30pm	М	\$99

Grades K-3 A Bug's Life Days: 1

Bugs are all around us. After learning about the different parts of an insect, make your own play dough to invent your own bugs. Learn about the importance of bees and pollination through a hands-on experiment. Hear about how the bee population is in danger as we build them a hotel! Make a lightning bug! Come make dirt slime!

RP3304.262	Roger Carter	Comm Ctr	Feb 5	9am-3:30pm	Tu	\$99
RP3304.282	Before Care	8-9am	\$12			
RP3304.292	After Care	3:30-5pm	\$18			

Grades K-3 The Mighty Five! Classes: 1

The Mighty Five have been around for a very long time, making our lives fuller and richer. (We are talking about the five senses!) For each sense, experiment with that sense while learning about how it works. Make an edible eyeball, experiment with sound, and get hands-on with the sense of touch.

RP3304.263	Roger Carter	Comm Ctr	Feb 18	9am-3:30pm	Μ	\$99
RP3304.283	Before Care	8-9am	\$12			
RP3304.293	After Care	3:30-5pm	\$18			

Science Club After School with Club SciKidz No class on half days or when school is not in session.

Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-3 NEW! Pull Your Own Weight! Classes: 8

Young scientists, come explore the science behind weight, mass and levers. Discover how pulleys and levers make difficult jobs easier. Learn about forces and fulcrums by creating pulleys, levers, catapults and cranes. Solve real world challenges by creating prototypes of these objects and testing them!

RP3355.201	Centennial Lane ES	Feb 4	3:15-4:15pm	M	\$145	
RP3355.202	Clarksville ES	Jan 25	4-5pm	F	\$145	
RP3355.203	Clemens Crossing ES	Jan 23	3:50-4:50pm	W	\$145	
RP3355.204	Dayton Oaks ES	Jan 22	3:35-4:35pm	Tu	\$145	
RP3355.205	Deep Run ES	Feb 4	4-5pm	M	\$145	
RP3355.206	Elkridge ES	Jan 24	4-5pm	Th	\$145	
RP3355.207	Fulton ES	Jan 25	4-5pm	F	\$145	
RP3355.208	Gorman Crossing ES	Jan 25	4-5pm	F	\$145	
RP3355.209	Hammond ES	Jan 22	3:35-4:35pm	Tu	\$145	
RP3355.210	Hanover Hills ES	Jan 23	3:25-4:25pm	W	\$145	



Study motion, movement and basic techniques to make your own cartoons at Minecraft Animation After School with C3 Cyber Club.

Science Club After School (continued)

RP3355.211	Hollifield Station ES	Jan 23	3:20-4:20pm	W	\$145
RP3355.212	Northfield ES	Jan 25	3:30-4:30pm	F	\$145
RP3355.213	Rockburn ES	Jan 24	3:25-4:25pm	Th	\$145
RP3355.214	St. John's Lane ES	Jan 24	3:20-4:20pm	Th	\$145
RP3355.215	Triadelphia Ridge ES	Feb 4	3:15-4:15pm	Μ	\$145
RP3355.216	Waterloo ES	Feb 4	4-5pm	Μ	\$145
RP3355.217	Waverly ES	Jan 22	3:50-4:50pm	Tu	\$145

Grades 3-5 NEW! Newton's Toy Box! Classes: 8

Discover and learn about one of the world's most accomplished scientists, Sir Isaac Newton, by creating and experimenting with the Laws of Motion. Learn about acceleration, mass, forces and momentum by engaging in races, games and challenges that emphasize the laws of motion that govern everyday tasks and cosmic interactions! Class projects include screaming balloons, high bounce balls, toy car acceleration, and many more!

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RP3355.231	Centennial Lane ES	Feb 4	3:15-4:15pm	М	\$145
RP3355.232	Clarksville ES	Jan 25	4-5pm	F	\$145
RP3355.233	Clemens Crossing ES	Jan 23	3:50-4:50pm	W	\$145
RP3355.234	Dayton Oaks ES	Jan 22	3:35-4:35pm	Tu	\$145
RP3355.235	Deep Run ES	Feb 4	4-5pm	М	\$145
RP3355.236	Elkridge ES	Jan 24	4-5pm	Th	\$145
RP3355.237	Fulton ES	Jan 25	4-5pm	F	\$145
RP3355.238	Gorman Crossing ES	Jan 25	4-5pm	F	\$145
RP3355.239	Hammond ES	Jan 22	3:35-4:35pm	Tu	\$145
RP3355.240	Hanover Hills ES	Jan 23	3:25-4:25pm	W	\$145
RP3355.241	Hollifield Station ES	Jan 23	3:20-4:20pm	W	\$145
RP3355.242	Northfield ES	Jan 25	3:30-4:30pm	F	\$145
RP3355.243	Rockburn ES	Jan 24	3:25-4:25pm	Th	\$145
RP3355.244	St. John's Lane ES	Jan 24	3:20-4:20pm	Th	\$145
RP3355.245	Triadelphia Ridge ES	Feb 4	3:15-4:15pm	М	\$145
RP3355.246	Waterloo ES	Feb 4	4-5pm	М	\$145
RP3355.247	Waverly ES	Jan 22	3:50-4:50pm	Tu	\$145

NEW! Winter Break TECH Scientific: Our Wonderful World!

Our world is an amazing place! Focus on a different wonder each day - animals, our solar system, human bodies, and the ocean. Discover how animal adaptations help them survive, how our bodies fight disease, the wonders of space, along with animals that live in the deep blue sea and their habitat. Info: Adam Wienckowski, 410-313-4714 or

awienckowski@howardcountymd.gov.

Grades K-3	<u> Days: 3</u>					
RP3304.201	Roger Carter	Comm Ctr	Dec 26	9am-3:30pm	W-F	\$199
RP3304.211	Before Care	8-9am	\$45			
RP3304.221	After Care	3:30-5pm	\$29			
RP3304.221	After Care	3:30-5pm	\$29			

3D Printing After School with IDEA Lab Kids - The Mighty Amazon

In the jungle, the mighty jungle! IDEA Lab students explore the great and mighty Amazon. Learn about the animals and their environment. Develop beginner skills in 3D Design by following unique curriculum designed to help with CAD programming skills. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 1-3	Classes: 6				
RP3397.205	Forest Ridge ES	Feb 8	3:50-4:50pm	F	\$115
RP3397.204	Hanover Hills ES	Feb 7	3:25-4:25pm	Th	\$115
RP3397.201	Jeffers Hill ES	Feb 4	3:35-4:35pm	Μ	\$115
RP3397.202	Stevens Forest ES	Feb 12	3:35-4:35pm	Tu	\$115
RP3397.203	Worthington ES	Feb 6	3:55-4:55pm	W	\$115

Minecraft Animation After School With C3 Cyber Club

Do you want to become an animator? Using Mine-imator software, enjoy an intro to basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion and how it influences motion in animation. Create short animation exercises and projects by applying basic acting theories and animation principles to scenes. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 1-3	Classes: 6				
RP3328.201	Centennial Lane ES	Jan 29	3:15-4:15pm	Tu	\$145
RP3328.204	Elkridge ES	Jan 29	4-5pm	Tu	\$145
RP3328.206	Pointers Run ES	Jan 29	4-5pm	Tu	\$145
RP3328.208	Rockburn ES	Jan 30	3:25-4:25pm	W	\$145
RP3328.210	Triadelphia Ridge ES	Jan 31	3:30-4:30pm	Th	\$145
Grades 3-5	Classes: 6				
RP3328.202	Dayton Oaks ES	Jan 30	3:35-4:35pm	W	\$145
RP3328.202 RP3328.203	Dayton Oaks ES Deep Run ES	Jan 30 Jan 31	3:35-4:35pm 4-5pm	W Th	\$145 \$145
	,		•		
RP3328.203	Deep Run ES	Jan 31	4-5pm	Th	\$145

Minecraft Modding After School with C3 Cyber Club

Create your own custom game play items and elements using Mcreator and Minecraft! Design artwork for various items, and implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom event triggers. Design your custom blocks, items, food, biomes and more! Enhance your problem-solving abilities, design skills and keyboard confidence! Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

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Grades 1-3	Classes: 6				
RP3330.201	Deep Run ES	Jan 22	4-5pm	Tu	\$145
RP3330.202	Elkridge ES	Jan 23	4-5pm	W	\$145
RP3330.206	Manor Woods ES	Jan 23	3:25-4:25pm	W	\$145
RP3330.207	Phelps Luck ES	Jan 24	3:25-4:25pm	Th	\$145
RP3330.209	Swansfield ES	Jan 25	4-5pm	F	\$145
Grades 3-5	Classes: 6				
Grades 3-5 RP3330.203	Classes: 6 Hammond ES	Jan 24	3:35-4:35pm	Th	\$145
		Jan 24 Jan 25	3:35-4:35pm 3:20-4:20pm	Th F	\$145 \$145
RP3330.203	Hammond ES		•		
RP3330.203 RP3330.204	Hammond ES Hollifield Station ES	Jan 25	3:20-4:20pm	F	\$145
RP3330.203 RP3330.204 RP3330.205	Hammond ES Hollifield Station ES Jeffers Hill ES	Jan 25 Jan 22	3:20-4:20pm 3:35-4:35pm	F Tu	\$145 \$145

Play-Well Tek: Winter Wonderland with LEGO® Winter Break

Apply engineering, architecture, creativity and fun to create a magical Winter Wonderland! Build motorized contraptions like snowmobiles, gondolas and more! Create a hilltop village complete with slopes for our LEGO® skiers and sledders. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 1-4 Classes: 2

RP3370.201 Gary J Arthur Comm Ctr Dec 27 9am-4pm Th-F \$139

Visual Programming Game Design After School with C3 Cyber Club

Learn about the wonderful world of programming! Learn basic programming concepts using a simple drag-and-drop interface within the software Scratch, a project developed by the MIT Media Lab. Use your imagination and implement creative thinking, while learning how to create and program simple games. Use pre-made art assets or create your own, and learn how to program them to walk, talk, and interact with objects. Learn logic and visual programming to create simple, 2D Video Game in Scratch 2.

Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 1-3	Classes: 6				
RP3327.201	Centennial Lane ES	Feb 19	3:15-4:15pm	Tu	\$145
RP3327.202	Clemens Crossing ES	Feb 20	3:50-4:50pm	W	\$145
RP3327.203	Fulton ES	Feb 21	4-5pm	Th	\$145
RP3327.204	Lisbon ES	Feb 22	3:15-4:15pm	F	\$145
RP3327.205	Manor Woods ES	Feb 19	3:25-4:25pm	Tu	\$145
RP3327.206	Phelps Luck ES	Feb 20	3:25-4:25pm	W	\$145
RP3327.207	Rockburn ES	Feb 21	3:25-4:25pm	Th	\$145
RP3327.208	Waterloo ES	Feb 22	4-5pm	F	\$145
RP3327.209	West Friendship ES	Feb 22	3:50-4:50pm	F	\$145

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











HoCoParks

Coding Club Before School with Silver Knights

Create stories, games, and animations using a visual programming language called Scratch. It's as easy as snapping together blocks! With Scratch, learn to think creatively, work collaboratively, and reason systematically. Projects like mazes and platform games make learning logic, coding, and animation fun and creative! New coders learn the basics while experienced coders are challenged to create complex programs. Laptop per child is provided. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 2-5	Classes: 8				
RP3325.203	Bellows Spring ES	Jan 17	8:10-9:10am	Th	\$215
RP3325.202	llchester ES	Jan 15	8:10-9:10am	Tu	\$215
RP3325 201	Pointers Run FS	lan 7	8·10-9·10am	M	\$215

App Attack After School with **Black Rocket Productions**

Take the first steps into the world of mobile app design and customize your own game app! Using a specialized app & game development tool, explore the world of web-based (HTML5) mobile apps. In addition to learning the basics of mobile app design and game development, see first-hand how the world of App publishing functions. Student-created apps are accessible on a private site and can be played on any mobile device or computer. No prior experience is necessary. Work in pairs or teams. Returning students create advanced projects. No class on half days or when school is not in session. \$15 laptop rental fee. Info: Adam Wienckowski, awienckowski@howardcountymd.gov or 410-313-4714.

Grades 3-5	Classes: 6				
RP3390.201	Forest Ridge ES	Feb 1	3:50-5:20pm	F	\$119
RP3390.202	Northfield ES	Feb 12	3:30-5pm	Tu	\$119
RP3390.203	Rockburn ES	Feb 4	3:25-4:55pm	M	\$119
RP3390.204	St. John's Lane ES	Feb 6	3:20-4:50pm	W	\$119
RP3390.205	Waverly ES	Feb 7	3:50-5:20pm	Th	\$119

NEW! LEGO® EV3 Robot Adventures After School with TECH Scientific

Discover the fantastic programming possibilities with LEGO EV3 robots! Using LEGO EV3 software, learn basic and advanced programming. Start with basic programming to move and steer a robot rover. Quickly advance to learn loops and incorporate touch and ultra-sonic sensors in your programming. Challenges include programming a robot to run the bases on a baseball diamond and using a color sensor to follow a path. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Classes: 8		•	•	
Bellows Spring ES	Feb 19	4-5pm	Tu	\$145
Clarksville ES	Feb 20	4-5pm	W	\$145
Dayton Oaks ES	Feb 21	3:35-4:35pm	Th	\$145
Fulton ES	Feb 22	4-5pm	F	\$145
Gorman Crossing ES	Feb 11	4-5pm	Μ	\$145
Pointers Run ES	Feb 11	4-5pm	М	\$145
	Bellows Spring ES Clarksville ES Dayton Oaks ES Fulton ES Gorman Crossing ES	Bellows Spring ES Feb 19 Clarksville ES Feb 20 Dayton Oaks ES Feb 21 Fulton ES Feb 22 Gorman Crossing ES Feb 11	Bellows Spring ES Feb 19 4-5pm Clarksville ES Feb 20 4-5pm Dayton Oaks ES Feb 21 3:35-4:35pm Fulton ES Feb 22 4-5pm Gorman Crossing ES Feb 11 4-5pm	Bellows Spring ES Feb 19 4-5pm Tu Clarksville ES Feb 20 4-5pm W Dayton Oaks ES Feb 21 3:35-4:35pm Th Fulton ES Feb 22 4-5pm F Gorman Crossing ES Feb 11 4-5pm M

NEW! Robot Rumble After School with TECH Scientific

Become a robot engineer! Learn about robots and create some homemade robots with basic materials that you will take home. Create your own doodle bot and create one-of-a-kind art made by a robot you designed! Design and make your own brush bot and space robot. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 3-5	Classes: 8				
RP3381.203	Clarksville ES	Feb 4	4-5pm	M	\$145
RP3381.204	Cradlerock ES	Feb 6	2:50-3:50pm	W	\$145
RP3381.202	Dayton Oaks ES	Jan 31	3:35-4:35pm	Th	\$145
RP3381.201	Ducketts Lane ES	Jan 30	3:25-4:25pm	W	\$145



At Robotic Car Spring Break, learn coding basics and program a Raspberry Pi Robot Car that follows a simple course.

NEW! Robotic Car Spring Break Program with TECH Scientific

GoPiGo (robot car kit) combined with the Raspberry Pi Robot Car is an awe-some course designed for children with or without robotics or programming experience. Learn to code in Scratch and Python. Enjoy lots of fun projects (missions) with different sensors. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 3-5 Classes: 5

RP3304.302 Gary J Arthur Comm Ctr Apr 15 9am-3:30pm M-F \$199

School's Out TECH Scientific

Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 3-6 3-2-1 Action! Days: 1

Move over Spielberg, we have a new producer in town! We transform you from movie-watcher to movie-maker. Start by using a storyboard to plan your movie and characters, then make your ideas into a movie. Use Claymation and stop motion animation to bring ideas to life. By the end of the day, you'll have a stop-motion, animation movie. Clear off the shelf, because they just may need room for an Oscar! RP3304.271 Roger Carter Comm Ctr Jan 21 9am-3:30pm M \$99

RP3304.281 Before Care 8-9am \$12

RP3304.291 After Care 3:30-5pm \$18

Grades 3-6 Back to the Future STEM Days: 1

Head back in time as you compete in ancient-themed STEM challenges. Use your engineering and problem-solving skills. Travel to ancient India to design and build an irrigation system that is efficient. The next stop is the Great Wall of China, where your mission is to design a zip-line that travels between two guard towers to transport goods. Then we're headed to Egypt to create the fastest chariot. Each of these challenges teach a little bit about ancient history and allow you to take your STEM knowledge and problem-solving to a new level!

RP3304.272 Roger Carter Comm Ctr Feb 5 9am-3:30pm Tu \$99 RP3304.282 Before Care 8-9am \$12

RP3304.292 After Care 3:30-5pm \$18

Grades 3-6 Anatomy Academy Days: 1

The doctor is in! Explore the body systems that make our bodies amazing. Make a replica spine to see exactly how we can stand up and move. Find out exactly what blood is made of and why it's necessary. Create a model of the heart to see how it pumps and works. And who could forget about breathing? Make a lung model that

not only shows the different parts of the respiratory system, but how it works. This is a great introduction to the human body. And it's way cheaper than medical school!

RP3304.273 Roger Carter Comm Ctr Feb 18 9am-3:30pm M \$99 RP3304.283 Before Care 8-9am \$12

RP3304.293 After Care 3:30-5pm \$18

Virtual Reality with Scratch After School with C3 Cyber Club

Virtual reality (VR) is a rapidly growing. So come learn how to create 3D environments and design a VR game using Unity and the Samsung Gear VR. Utilize various concepts, such as scenes, assets, triggers, and scripting, to create a functioning game. Compile your work and experience it through your VR headset. Info: William Banks, 410-313-4721 or wbanks@howardcountymd.gov.

Grades 3-5	Classes: 6				
RP3326.201	Bellows Spring ES	Feb 11	4-5pm	М	\$145
RP3326.202	Dayton Oaks ES	Feb 12	3:30-4:30pm	Tu	\$145
RP3326.203	Ducketts Lane ES	Feb 13	3:25-4:25pm	W	\$145
RP3326.204	Fulton ES	Feb 7	4-5pm	Th	\$145
RP3326.205	Hanover Hills ES	Feb 8	3:25-4:25pm	F	\$145
RP3326.206	llchester ES	Feb 4	3:25-4:25pm	М	\$145
RP3326.207	Northfield ES	Feb 7	3:30-4:30pm	Th	\$145
RP3326.208	Pointers Run ES	Feb 8	4-5pm	F	\$145
RP3326.209	Triadelphia Ridge ES	Feb 4	3:30-4:30pm	М	\$145
RP3326.210	West Friendship ES	Feb 11	3:50-4:50pm	М	\$145

NEW! Winter Break ROBLOX® Rocks with TECH Scientific

In this brand-new program, design your own ROBLOX® games! Have you heard of Jailbreak? Create your own version in ROBLOX® called Prison Break. Learn the programming language LUA and use the software that the professionals use to code games. Dive and dodge from barrels being thrown down a hill and race your friends to the top! Learn how to publish your games so friends can play the game that you coded! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 3-5	Dec 26 W-F	Days: 3		
RP3305.201	Roger Carter Co	mm Ctr	9am-3:30pm	\$199
RP3305.211	Before Care		8-9am	\$29
DD3305 221	After Care		2.20 5nm	¢15



Easy-to-follow cooking techniques reign supreme at Teen Cuisine.

Teens & Tweens (11-18 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 20

Nature & Environment Page 22

Heritage Programs Page 25

Home School Page 27

Cooking

Teen Cuisine

Need to improve your cooking skills? Want to learn some new techniques & recipes for everyday cooking? Ever wonder how to make simple meals? If you answered yes to any of these questions then this is the class for you! Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov. 11-15 yrs Classes: 4

RP2915.201 Wilde Lake MS Mar 1 6:30-8:30pm F \$159

Crafts, Fine Arts

Anime & Manga: Styles of Classic Mangaka

Appealing to readers of all ages and backgrounds, "manga" (Japanese comics) is the world's most versatile and influential form of sequential art. Beginners and veteran artists, learn what techniques make manga popular and how to incorporate them into your drawing. Supplies included, but you are encouraged to bring your own sketchbook. Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

11-17 yrs Classes: 4

RP2855.201 Ellicott Mills MS Jan 29 6:30-8pm Tu \$69

Comics Unleashed

Explore comic book design and learn basic drawing techniques, character design, page composition, layout, penciling and inking. Explore a variety of comic genres including superhero, Manga, Indie, and graphic novels. Please wear comfortable clothing you don't mind getting dirty. You are encouraged to bring a sketchbook for class and at-home practice. Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

11-17 yrs Classes: 4

RP2854.201 Dunloggin MS Mar 5 6-8pm Tu \$75

Drawing Techniques

Strengthen your drawing skills as you focus on different mediums. Enjoy graphite, charcoal, colored pencils, pastels, and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending, and weton-dry. Materials are provided, but you are encouraged to bring a sketchbook. Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov. 11-17 yrs Classes: 6

RP2851.201 N Laurel Comm Ctr Mar 9 10:30am-noon Sa \$85

Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demonstration painting each week and works with you one-on-one. Previous experience not necessary. Materials included. (No class 2/16.) Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov. 11-17 yrs Classes: 5

RP2853.201 N Laurel Comm Ctr Jan 26 10:30am-noon Sa \$75

Dance & Fitness

Hip Hop Dance with Nysia Carter

During this high-energy class, focus on choreography, perfect your skills, and learn hip-hop, popping and breakdancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 2/16.) Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov. 11-17 yrs Classes: 10

RP2857.201 Roger Carter Comm Ctr Jan 19 5-6pm Sa \$119

Teen/Adult Yoga Page 66

Enrichment & Personal Development

Job Skills

Babysitting Fundamentals

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills. Class includes an intro to hands-only CPR & AED, but does not include CPR certification. Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion. Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

11-14 yrs Classes: 2

RP2862.201 Wilde Lake MS Feb 20 5:30-7:30pm W \$69

Summer Camp Guide comes to mailboxes before February 1.
Registration begins February 6.

Leadership

Howard County Teen Clubs

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Ovan Shortt, 410-313-1693 or oshortt@howardcountymd.gov.

	,			
11-16 yrs First Friday of the month				
RP2880.201 Roger Carter Comm Ctr	Jan 4	4-5:30pm	F	Free
11-16 yrs Second Friday of the month				
RP2880.202 Gary J Arthur Comm Ctr	Jan 11	3:30-5pm	F	Free
11-16 yrs Third Friday of the month				
RP2880.203 N Laurel Comm Ctr	Jan 18	4:30-6pm	F	Free

Modeling

Teen Fashion Show: Model Call

Young men and women are invited to participate in an audition to perform in the 6th annual Fashion Show, produced by Sean Gibson of Model Citizen Models. Models participate in a fashion runway show promoting local designs and their own unique style. No experience necessary. For audition, wear comfortable clothing and heels or slippery bottom shoes. Practices begin on March 9 and continue on Saturdays until the day of the event (April 6). If selected as a model, there is a \$29 registration fee due at the first practice. Preregistration is encouraged, but not required. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-17 yrs Cla	asses: 1	<u>Free</u>			
RP2979.202	Roger Ca	rter Comm Ctr	Feb 9	2-3pm	Sa
11-17 yrs Cla	asses: 1	\$19 before Apr 6;	\$25 on A	pr 6	
RP2980.301	Fashion S	Show Ticket Sales	Apr 6	5:30-7:30pm	Sa

Writing

Creative Writing for Teens

Explore creative writing through poetry, fiction, and non-fiction. Compose short stories, autobiographical works, and poems. Develop your own voices as authors. Create original plots and character development. The last class features a brief reading highlighting each student's work. (No class 2/17.) Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov. 11-16 yrs Classes: 5

RP2865.201 Roger Carter Comm Ctr Feb 3 2-4pm Su \$59

Music & Theater Arts

Music

Electronic Music Production with Ableton Live

Produce original music by learning the fundamentals of the industry-standard software for electronic music production, Ableton Live 10. Learn skills and techniques used by professional producers. All electronic equipment is provided, including a MacBook Pro and USB/MIDI keyboard controller. Maintain 100% of the royalties for your music. No musical experience is required! Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov. Grades 6-12 Classes: 6

RP2965.201 N Laurel Comm Ctr Jan 29 5:30-6:30pm Tu \$240

Guitar Studio with Olenka School of Music

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. Must bring your own quitar.



Jr. Rockerz makes learning to play an instrument fun and easy.

\$30 materials fee due at first class. Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

11-15 yrs :	\$135 Classes: 4			
RP2873.201	OSM-Columbia	Jan 8	7:30-8:30pm	Tu
RP2873.201	OSM- Ellicott City	Jan 10	6:45-7:45pm	Th
RP2873.201	OSM-Columbia	Feb 12	7:30-8:30pm	Tu
RP2873.201	OSM- Ellicott City	Feb 14	6:45-7:45 pm	Th

Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. (No class 2/16.) Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

<u>11-17 yrs Classes: 9</u> RP2872.201 River Hill HS Feb 2 10-11am Sa \$115

NEW! Jr. Rockerz at the Columbia Rock School

Jr. Rockerz is a rock band program designed to make playing an instrument fun and easy. For both the complete beginner and the experienced musician, enjoy a songwriting component designed to tap into each your creative voice. Instruments provided. There is no expectation of practice. It is meant to teach you how to love music and enjoy playing in a band. Class culminates with a live performance on the final class. **\$20 materials fee due at first class.** Schedule subject to change, visit www.therock-shopmd.com. Info for 6-10 yrs classes: William Banks, 410-313-4721 or wbanks@howardcountymd.gov. Info for grades 6-12: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

6-10 yrs Cla	asses: 6				
RP1037.201	The Rock Shop	Jan 25	6-7pm	F	\$149
RP1037.202	The Rock Shop	Jan 25	7-8pm	F	\$149
<u>Grades 6-12</u>	Classes: 6				
RP2871.201	The Rock Shop	Jan 25	6-7pm	F	\$149
RP2871.202	The Rock Shop	Jan 25	7-8pm	F	\$149

Vocal Starz with Olenka School of Music

Aspiring vocalists, improve singing skills and ability to sing on pitch with Solfege (do-re-mi), sight reading, vocal exercises & warm-ups, note value, ear training and harmonizing as part of an ensemble. **\$30 materials fee per family due first class.** Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

 11-15 yrs
 \$135
 Classes: 4

 RP2879.201
 OSM Ellicott City
 Jan 6
 12:30-1:30pm
 Su

 RP2879.201
 OSM Ellicott City
 Feb 10
 12:30-1:30pm
 Su



Young actors take the stage with our fun theater programs.

Intro to Voice

Do you want to sing like a star? This beginning vocal course teaches you everything you need to know. Learn music theory, vocal techniques, and rhythmic and harmonic reading. Enjoy the spotlight as you perform for an audience and showcase your new talents. No experience necessary! Everyone has a voice, what's yours? Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

11-17 yrs Classes: 9

RP2890.201 River Hill HS Feb 2 11am-noon Sa \$85

Theater

Drama Learning Center: Disney's Freaky Friday

When an uber-organized mother and her spontaneous teenage daughter swap bodies, they have one day to put things right. Masquerading as each other, they must work together to break the spell. By spending a day in each other's shoes, Katherine and Ellie come to appreciate one another. Learn and improve singing, dancing, and acting skills as you work as part of a theatrical team. (Please note: section includes students 1-5 grade. For elementary school registrants, please see Youth section.) Info: Keaghna Fagan, 410-313-1693 or kfaqan@howardcountymd.gov.

Class meets: 1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16. Additional classes on 1/10 & 2/3; dress rehearsals: 2/18-22, 5-8:30pm; and final performances: 2/23 at 7pm & 2/24 at 3pm

Grades 6-8 Classes: 16

RP2877.202 Drama Learning Ctr Jan 5 10:30am-1pm Sa \$305

Homeschool Musical:

Disney's Freaky Friday by DLC

See above for class description.

Classes: 1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28

Dress Rehearsals: 3/4-3/8 from 12:30-4pm Final performances: 3/9 at 7pm & 3/10 at 3pm

Grades 6-8 Classes: 16

RP2877.201 Drama Learning Ctr Jan 3 1-3:30pm Th \$255

Intro to Acting

Enjoy an introduction to the concepts crucial to the theatrical arts: self-awareness, observation, improvisation, creative imagination, and story-telling. Move towards building and heightening responsiveness to action and the development of an actor's skills. Students create, stage, and perform their own scenes. Last class features a short performance highlighting each actor. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov. 11-17 yrs Classes: 4

RP2875.201 Roger Carter Comm Ctr Jan 27 2-4pm Su \$69

Science & Technology

C3 Cyber Club: 3D Modeling for 3D Printing

Technology is evolving quickly and there is an infinite amount of things that can be done with emerging tools such as a 3D printer. Learn how to 3D model in efficient and constructive ways that allow for objects designed to be printed out, while also learning about the terminology of 3D modeling and the printer. Learn about geometry, measurement, perspective, and precision 3D modeling. (No class 2/17.) Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

Grades 6-8 Classes: 7

RP2960.202 N Laurel Comm Ctr Feb 3 Noon-1pm Su \$145

C3 Cyber Club: Minecraft Modding

Learn how to create custom game play items and elements using MCreator and Minecraft. Create artwork for various items, and implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom event triggers. Design your own custom blocks, weapons, food, biomes and more! Enjoy modding Minecraft today! Learn about texture design, custom events, game modification, problemsolving, and design skills. (No class 2/17.) Info: Keaghna Fagan, 410-313-4609 or kfagan@howardcountymd.gov.

Grades 6-8 Classes: 7

RP2960.201 N Laurel Comm Ctr Feb 3 11am-noon Su \$145

Special Events & School's Out

NEW! Teens Day Out: Teens on Tour

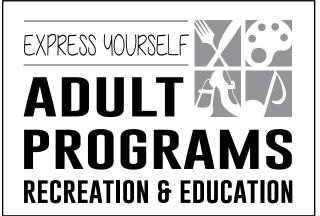
School is out! It is time for middle school students to have fun and make new friends. The morning includes one of several activities to appeal to all teens - cooking, STEAM projects, team sports, and more! After lunch, travel offsite for a field trip to the Roger Carter Community Center where you may swim, play video games, and use the gym. Specific information about daily activities are sent one week in advanced. **Registration ends 3/23.**

Info: Keaghna Fagan, 410-313-1693 or kfagan@howardcountymd.gov. Grades 6-8 Classes: 1

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RP2882.303	Ellicott Mills MS	Apr 16	8am-6pm	Tu	\$65
RP2882.304	Ellicott Mills MS	Apr 17	8am-6pm	W	\$54
RP2882.305	Ellicott Mills MS	Apr 18	8am-6pm	Th	\$65
RP2882.306	Ellicott Mills MS	Apr 19	8am-6pm	F	\$54
Grades 6-8	Classes: 4				
RP2882.301	Ellicott Mills MS	Apr 16	8am-6pm	Tu-F	\$210

Youth & Teen Fashion Show

Try out and practice through the Fashion Show Model Call and then enjoy a show. Information is on page 41 & 51.



Adults (18 yrs +) Classes & Activities

Adventure & Outdoors Page 20

Nature & Environment Page 22

Cooking

• Programs listed by date order.

NEW! Inspired Italian Vegetarian with Chef Ravi

Join Chef Ravi in recreating some classic, Italian, vegetarian dishes. Our appetizer is the ever-popular Minestrone soup served with garlic and herb bread. Dinner is the mouthwatering, vegetarian lasagna with ricotta, parmesan and to add a twist some cotija cheese served alongside with a lemon carbonara linguini with roasted Roma tomatoes and zucchini. **\$22 materials fee due at class.** (This is a demonstration-style class.)

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 1

RP0501.201 Arc of Howard County Jan 9 6:30-9pm W \$29

NEW Recipes! Gluten Free Baking & Cooking

All new recipes! Join published authors for a fun, informative class on cooking and baking gluten and sugar free. Enjoy hands-on experience working with gluten-free flours and alternative sweeteners. Presenters make recipes in class to taste, and you put together all ingredients in the classroom to bake at home. **\$22 materials fee due at class** includes a 44-page handout with information on substituting ingredients, cooking mishaps and more. Please include any allergies or food sensitivities you have when registering. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +Mt. Hebron HS6-9pm\$32Classes: 1RP0507.201GF Pizza & Chow Mein NoodlesJan 21MRP0507.202Focaccia Bread, Potato Latkes & Italian Herb MixFeb 11MRP0507.203Linguini Alfredo & Apple Streusel Coffee CakeMar 2F

NEW! The World of Tapas with Chef Ravi

Tonight, with Chef Ravi, let's indulge ourselves in famous Tapas from all around the world. We start with Spanish chicken pinchito (skewered chicken). Then enjoy Chinese hot garlic Tofu with scallions; Indian mini veggie samosas with mint chutney and tamarind chutney, served with a chickpea curry; and Italian crostini with ricotta, roasted tomatoes, lemon zest and basil. **\$22 materials fee due at class.** (This is a hands on-style class.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 1

RP0502.201 Arc of Howard County Jan 23 6:30-9pm W \$29



Chef Ravi's cooking classes bring the tastes of the Middle East to you.

Secrets in the Sauce with Chef Ravi

Hurry! These classes often sell out! And if you missed out on our last class or need a refresher, this is the class for you. A must for all Indian food lovers. Learn how to make the brown onion Masala, the ever popular makhani sauce, and the heavenly Korma sauce. Then, we use these sauces to make some of the dishes in an Indian restaurant - namely chicken tikka masala (with the makhani sauce), saag paneer (with the brown onion masala) and the veg korma. The entrees are served with rice, nan, pickle and papadum. **\$22 materials fee due at class.** (This is a demonstration-style class.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 1

RP0503.201 Arc of Howard County Feb 13 6:30-9pm W \$29

NEW! Classic Middle Eastern and Thai Fusion with Chef Ravi

Extract the wonderful flavors from the best of Middle Eastern and Thai cuisine by learning how to make chargrilled lettuce wrap with chicken followed by an entrée of delicately marinated chicken satay with a yogurt sauce served with a fragrant herb and almond pilaf. Dessert is a rich Halve cake with honey, almonds, and saffron served with ice cream. **\$22 materials fee due at class.** (This is a demonstration-style class.)

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 1

RP0504.201 Arc of Howard County Feb 27 6:30-9pm W \$29

NEW! Morocco at its Best with Chef Ravi

Moroccan cuisine is mélange of Arab, Berber, French, Middle Eastern, Mediterranean, African, Iberian, and Jewish influences. Start the evening with a nutritious Moroccan chick pea, Ientil, saffron and a turmeric soup followed by an entrée of flavorful Moroccan chicken stew served with a couscous with green peas and herbs. Dessert is a Meskouta (Moroccan orange cake). **\$22** materials fee due at class. (This is a demonstration-style class.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 vrs + Classes: 1

RP0505.201 Arc of Howard County Mar 13 6:30-9pm W \$29



Make your own masterpiece at Paint and Sip with Pinot's Palette.

NEW! Indian Classics with Chef Ravi

Join Chef Ravi in recreating the most popular items in an Indian restaurant. Appetizer is an open-faced samosa (or closed if you like) served with tamarind chutney, mint chutney and onion chutney. The entree is the popular Butter Chicken (marinated whole chicken cooked to perfection and then deboned) simmered in a butter cream sauce is served with a corn and a lemon Pulao. Dessert is vermicelli and a pistachio kheer served with ice cream. **\$22 materials fee due at class.** (This is a hands on-style class.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 1

RP0506.201 Arc of Howard County Mar 27 6:30-9pm W \$29

Craft & Fine Arts

• Programs listed by date order.

Drawing & Painting

Just Drawing with Zina Poliszuk

This is a simple foundations course with step-by-step demonstrations and visual aids and discussions with the goal of improving eye-hand coordination and visual skills. Learn to draw with right brain techniques using contour drawing, value studies and understanding of spatial relationships. Develop skills in composition with positive-negative space, balance and cropping. Great on its own or as a forerunner for beginning to intermediate watercolor painting (RP0211.201). Materials list: www.zinapoliszuk.com. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 7

RP0210.201 Gary J Arthur Comm Ctr Jan 17 10am-noon Th \$135

NEW! Below the Surface: Watercolor With Brenda Kidera

This composition is all about koi. Learn how to paint light and water, reflections, and what lies beneath the surface. Enjoy step-by-step instructions and demonstrations. Reference materials provided. Knowledge of basic watercolor technique is helpful. **\$20 materials fee for reference material and watercolor paper due at first class.** Bring your own art supplies! Materials list on ActiveNet.

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 5

RP0201.201 Gary J Arthur Comm Ctr Feb 12 9:30am-12:30pm Tu \$135

ALL NEW PAINTINGS!

Paint and Sip with Pinot's Palette

Join us for an unforgettable evening of friends, fun, beer, wine, and paint in Ellicott City! We provide everything you need for a great night out! Supplies included; drinks available for purchase. Create a "masterpiece" to take home. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

21 yrs + Bring identification that shows your age Classes: 1

RP0215.201 Pinot's Palette Northern Lights Feb 21 7-9pm Th \$40 RP0215.202 Pinot's Palette Roots of the Galaxy Mar 21 7-9pm Th \$40

Beginning to Intermediate Watercolor Painting with Zina Poliszuk

Examine the color wheel and learn about color terms like value and chroma through paint value studies, blended and graded, washes and glazes. Create simple paintings from real life observation and personal photographs. All techniques and paintings demonstrated in a user-friendly setting with general and individual demos for specific technique and design questions. Materials list: www.zinapoliszuk.com.

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 7

RP0211.201 Gary J Arthur Comm Ctr Mar 14 10am-noon Th \$135

NEW! Inside-Outside: Watercolor with Brenda Kidera

This composition includes a room interior with windows looking out. We will cover issues with perspective and how light and shadow affect color. Knowledge of basic watercolor technique is helpful. Enjoy step-by-step demos and personalized teaching. **\$20 materials fee** includes reference material and watercolor paper due at first class. Bring your own art supplies! Materials list on ActiveNet. (No class 4/9.)

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 6

RP0202.201 Gary J Arthur Comm Ctr Mar 19 9:30am-12:30pm Tu \$164

Oil Painting with Ann Wiker

All levels welcome! **Beginners**, learn the basics of oil painting (prepping the canvas, mixing colors, brush techniques, composition, and light and shadow). **Intermediates**, review color mixing, composition and choosing subject matter. **Advanced** painters, receive individualized instruction based on ability. Don't be intimidated; this is fun! Materials list: www.howardcountymd.gov/adultprograms. (No class 4/20.)

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 4

RP0220.201 Gary J Arthur Comm Ctr Apr 6 9:30-11:30am Sa \$59

Knitting & Crocheting

Crochet 1 and Beyond with Anna Tai

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet - drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top. Materials list on www.howardcountymd.gov/adultprograms. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 3

RP0802.201 Oakland Mills HS Feb 14 7-9pm Th \$47

Knit 1 and Beyond with Anna Tai

Experience the joy of knitting. Beginners learn to cast on, the knit and purl stitches, cast off, adjust tension, correct mistakes and start your first scarf using the garter and stockinette stitch patterns. Novice students learn to read/interpret basic patterns and charts, yarn weights and substitutions, and help needed to start a new project.

Materials list: www.howardcountymd.gov/adultprograms.

 $In fo: Danielle\ Bassett\ 410-313-4634\ or\ dbassett@howard countymd.gov.$

18 yrs + Classes: 3

RP0801.201 Oakland Mills HS Feb 13 7-9pm W \$47

Photography

Basic Digital Photography with John Guion

This "one-size-fits-all" class covers the basic features of your compact digital camera, interchangeable lens compact camera, or single lens reflex camera. Learn about image size settings, image quality controls, how and when to change them, and using the camera's creative modes in addition to the fully automatic setting. Course discusses downloading photos to a computer and accessories you may want to consider such as a tripod/monopod or lens filter. Bring your camera and manual to class.

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 21 yrs + Classes: 6

RP0206.201 Roger Carter Comm Ctr Jan 16 7-9pm W \$100

Beginner Photoshop Elements with Michael Alloy

Let's make your old photos fresh again! Turn faded images bright again, get rid of dust and scratches, and combine our old and new memories into our own life stories. Start from the foundation to crop and clone, keep what we want, get rid of distractions, and build our expertise with layers and collages. Save money as we customize our scanned prints and digital images and fit our personal images into standard frames and mats. Bring your laptop or borrow one from the instructor for a **\$10 lab fee**.

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 4

RP0209.201 Roger Carter Comm Ctr Feb 4 7-9pm M \$49

Exploring Winter Photo Walk With Michael Alloy

Whatever the weather, explore the power of color and shapes, textures and the face of nature in our landscapes as we walk and shoot through our parks or neighborhoods. Learn how to photograph landscapes, cityscapes, landmarks, and buildings. Find out how light affects your shots and how to take correctly exposed shots. Apply exposure compensation to adjust for backlighting and take advantage of silhouettes. Explore close-ups and panoramas at three new locations; then review our shots to discover more opportunities. Bring your digital camera and enthusiasm.

Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + EC Colored Sch Restored Classes: 4

RP0208.201 Feb 22 9:30-11:30am F \$56

Poetry

NEW! Found Poetry with Katherine McCord Description on page 58



Learn to waltz and foxtrot with Ballroom Dance classes.

Dance

• Programs listed in alphabetical order.

Ballroom

Ballroom Dance Basics with Jim & Lucy

This beginner Social Dance class introduces you to two Swing styles, as well as a sampling of classic Foxtrot steps. Learn to step in sync with Big Band songs, Oldies, Motown, and Rock-n-Roll. While you learn steps, develop your lead or follow skills so important for successful partnering on a dance floor. After completing the class, we hope you feel confident saying "yes" to invitations to dance at weddings, office parties, and other social events. Do not wear sneakers. Fee is per person. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Couples Only Classes: 8

RP1107.201 Roger Carter Comm Ctr Jan 23 8:25-9:25pm W \$75

Intro to Social Ballroom Dance with Jim & Lucy

This Social Dance Survival class equips you with dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to head to the dance floor at parties or anywhere you hear dance music playing! Do not wear sneakers. Fee is per person. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Couples Only Classes: 8

RP1106.201 Roger Carter Comm Ctr Jan 23 7:10-8:10pm W \$75

Foxtrot and Waltz with Jim and Lucy

This class is best suited for those who have taken classes before in social partner dancing, and have experience with leading and following basic dance steps in Foxtrot and Waltz. In the first week, review basic Foxtrot footwork, then expand your repertoire in weeks two to four. On the fifth night, review basic patterns with two tempos of Waltz, then master small memorable routines during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8 (No class 2/8)

RP1104.201 Lake Elkhorn MS Jan 25 7:15-8:15pm F \$149



Move your hands, hips and feet with Bollywood Dance.

Swing and Cha Cha with Jim and Lucy

This popular class provides a sampling of the unique character of two rhythm dances. The first four weeks focus on East Coast Swing, and the last four weeks on universal Cha Cha. Master the foundational steps of each dance style, understand lead and follow, and walk away from class with small routines suitable for any dance floor. Each class provides technique drills and small routines for practicing at home captured in handouts. Couples only; do not wear sneakers. Price is per couple.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8 (No class 2/8)

RP1105.201 Lake Elkhorn MS Jan 25 8:30-9:30pm F \$149

Dance Movement

Adult Beginner Ballet with Cecilia Ituarte

Adults with little or no previous ballet training, learn basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP1124.201 Misako Ballet Studio Jan 17 7:30-8:30pm Th \$78

Beginning Adult Ballet

Come learn basic ballet movements to help build strength, flexibility, and grace. Enjoy an open environment where everyone can learn at their own pace. Leotard and tights recommended, but form-fitting, comfortable clothing allowed. Wear ballet shoes and bring a water bottle.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 9

RP1113.201 Kinetics Dance Theatre Jan 22 7-8pm Tu \$81

Contemporary Modern Dance for Beginners

Dance and have fun in this class for all levels. Begin with an invigorating warm-up, practice dance steps, and learn different choreography each week. Class combines modern, ballet, and jazz techniques to provide an enjoyable intro to dancing and a relaxing workout. Wear clothes that are comfortable to move and stretch in, such as leggings or sweat pants with an exercise

top or cotton t-shirt. No shoes required, but if you prefer, wear ballet or jazz shoes.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + __Classes: 8

RP1128.201 Misako Ballet Studio Jan 14 7:15-8:15pm M \$78 RP1128.202 Misako Beats Jan 15 7-8pm Tu \$78

Hip Hop with CJ Cunningham

Work your body in ways you never imagined! Enjoy exciting hip-hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy to follow dances. Whether you are a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + __Classes: 9

RP1112.201 Kinetics Dance Theatre Jan 22 8-9pm Tu \$81

International

Belly Dancing for Beginners by Laury Jackson

This is an intro to Classical Middle Eastern Dance. Learn fundamental steps and technique including shimmies, hip articulation and isolations. Cultural relevance and elements of folklore and Near Eastern music are also studied. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + Classes: 8

RP1130.201 Misako Beats Jan 16 7:30-8:30pm W \$78 RP1130.202 Misako Beats Jan 19 10-11am Sa \$78

Bollywood Dance with Jaya Mathur

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form!

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 6

RP1108.201 Harper's Choice MS Jan 29 7:30-8:30pm Tu \$65

Line Dancing

Beginning Line Dance

with Mike and Annette Dey

Want to exercise your body and brain? Line dance is a low-impact form of aerobic exercise. We welcome dancers of all ages and levels. Learn new dances each week and review those previously taught. Enjoy the latest dances sweeping the nation, as well as, old stand-bys that have stood the test of time. A variety of music used, including Country, Jazz, Latin, Pop, and Rock. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP1118.201 Roger Carter Comm Ctr Jan 15 7:15-8:15pm Tu \$75

Intermediate Line Dance with Mike and Annette Dey

Enjoy the opportunity to challenge your line dancing skills while adding new dances to your repertoire. Dances feature the latest dances being choreographed by World Class dance instructors like Rachel McEneny, Scott Blevins, Pedro Machado and Jamie Marshall, as well as dances choreographed by local instructors. Get ready for a great workout and a fun time. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1119.201 Roger Carter Comm Ctr Jan 15 8:30-9:30pm Tu \$75

Lifelong Learning

Bridge

Beginning Bridge with Dennis Serpico

Learn bridge terminology, bidding and response basics based on the Standard American System, pre-emptive and slam bids, and declarer and defensive approaches. All material is supported by discussion and example hands. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP3421.201 N Laurel Comm Ctr Jan 28 6:30-9pm M \$75

Bridge II with Dennis Serpico

Course is geared to players with a fundamental understanding of bridge. Begin with a review of the Standard American System. Commonly used bidding conventions and aids are discussed. Improved declarer and defensive strategies explained. Class discussion supported by examples.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 vrs + Classes: 8

RP3422.201 Roger Carter Comm Ctr Jan 29 6:30-9pm Tu \$75

Finance

Financial Fitness for Women with Fran Makino

This is a basic personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Discuss basic types of insurances. Work on investment strategies. Questions welcome. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 3

RP3410.201 River Hill HS Feb 27 7-9pm W \$45

Language

Everyday Spanish I with Cecilia Redmond

Come learn grammar foundations and practice in an enjoyable way. Learn vocabulary on familiar topics. Put it together for easy conversation starters. Native-speaking instructor shares strategies and cultural insights. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 6

RP3404.201 Ellicott Mills MS Feb 14 7-8:30pm Th \$65

Hablemos Español with Cecilia Redmond

Have fun communicating with classmates only in Spanish in this immersive, five-week session. This is not a beginner class. Enjoy a different topic of conversation each night. A theme and vocabulary list is provided. Pronunciation and grammatical errors are addressed by native speaker instructor. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 5

RP3403.201 Ellicott Mills MS Feb 12 7-8pm Tu \$55

Paranormal Investigations

Ghostly Guides

Gain exclusive, after-hours access to the oldest railroad station in America and see what eerie adventures await! Use ghost hunting equipment to ask unseen residents questions, take photos and observe changes in the electromagnetic field to help detect supernatural activity. Begin with a historic tour of the museum. After a brief orientation, wander the building with some of our professional ghost hunting gear. Info: Jake Feirson, 410-313-2922.

16 yrs + Classes: 1

RP9978.201	B&O EC Station Museum	Dec 21	8-11pm	F	\$25
RP9978.202	B&O EC Station Museum	Jan 12	8-11pm	Sa	\$25
RP9978.203	B&O EC Station Museum	Jan 18	8-11pm	F	\$25
RP9978.204	B&O EC Station Museum	Feb 15	8-11pm	F	\$25
RP9978.205	B&O EC Station Museum	Mar 29	8-11pm	F	\$25



Explore ghosts galore with the Paranormal Investigation series.

Paranormal Investigations

10% off when registering by phone for the below three Belmont Manor and Historic Park programs: 410-313-0200.

Ghosts of England Lecture

What happens when a medium goes on vacation? Rob Gutro is a medium/author/paranormal investigator and a scientist who has written four books about his encounters with human and animal ghosts and spirits. Join him as he shares his experiences from two separate trips to the United Kingdom. England's rich history and many epic battles have caused an over-abundance of residual emotional energy.

<u>13 yrs + Classes: 1</u>

RP9902.301 Belmont Jan 15 7:30-9pm Tu \$15

Belmont Ghost Tour

Join the Inspired Ghost Tracking team as they guide you on a tour of the Manor, grounds, and cemetery. Participate in a paranormal investigation and visit areas where paranormal activity is suspected. Investigators from IGT use EMFs, sound recorders, cameras, and temperature sensors to search for paranormal activity. Bring your own equipment and flashlights to investigate with them. Dress for the weather.

18 yrs + Classes: 1

RP9901.301 Belmont Mar 22 7:30-10:30pm F \$25

Interactive Panel with the Inspired Ghost Trackers

Do you believe in ghosts? Wonder if you have the gift of sensing? Don't miss one of the number one ghost teams in Maryland as they join us at Belmont to answer your questions about the spirit world. The Inspired Ghost Tracking team consists of investigators and mediums to give you a complete understanding of all the components that go into paranormal analysis.

18 yrs + Classes: 1

RP9903.201 Belmont Feb 19 7:30-9pm Tu \$15



Remix prose and poems into something new with Found Poetry.



NEW! Found Poetry with Katherine McCord

Be creative - no critiques given. Class takes pieces of prose and poetry from other works and makes them new. Study elements of poetry each week that link directly and indirectly to the poetry we study/create. Delve into concreteness, tone, and lineation. Class is online with one in-class, intro class (2/19). Schedule: www.howardcountymd.gov/adultprograms. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u>18 yrs + Classes: 6</u> RP0225.201 Roger Carter Comm Ctr 6:30-8:30pm Feb 19 Tu \$125

Travel

How to Travel Inexpensively with Ken Greco

Learn secret tips from an experienced traveler. Ken Greco has traveled the world professionally and for pleasure during the past 45 years. Discover how to get the most of your travel money including secrets on hotels, rental cars, cruises, airline and rail travel. The course covers travel in the USA, Caribbean, and Europe, advantages and disadvantages of escorted tours, self-planned trips, and virtual planning.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 2

RP3419.201 N Laurel Comm Ctr Feb 6 7-9pm W \$75

Music & Theater Arts

Programs listed in alphabetical order.

Music

Guitar Studio with Olenka School of Music

Bring your electric or acoustic guitar and play popular songs. Learn warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No music experience necessary. You must bring a guitar.

\$30 materials fee due first class.

Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + Classes: 4

RP3427.201 OSM Columbia Feb 4 7:30-8:25pm M \$135



Say "yes" to hilarious prompts at Introduction to Improv Comedy.

Keyboarding with Olenka School of Music

OSM invites adults to learn to play melody and accompaniment for popular songs on keyboards. Designed for beginners interested in fun basic keyboarding techniques as well as an introduction to reading and writing music. This course is an invaluable first step to learning to play an instrument. No previous music experience necessary. **\$30 materials fee due first class.** Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + Classes: 4

RP3428.201 OSM Columbia Jan 30 6:30-7:25pm W \$135 RP3428.202 OSM Ellicott City Feb 1 7:30-8:25pm F \$135

Vocal Harmony with Olenka School of Music

Come join your voices in song. Sing familiar songs, learn basic harmony and improve vocal technique while having fun, releasing stress and making new friends. No previous music experience necessary. **\$30 materials fee due first at class.**

Info: Karen Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + Classes: 4

RP3429.201 OSM Ellicott City Feb 3 2:30-3:25pm Su \$135

Theater

Introduction to Improv Comedy

A veteran performer from BIG (Baltimore's premiere improv comedy theater) introduces beginning concepts and exercises that form the foundation to more advanced improvisation training. Create something hilarious with nothing more than a great attitude. Enjoy exercises in agreement, commitment, spontaneity, and listening. No prior performance or improv experience necessary. 16-17-yrear-olds must have parental permission.

Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + __Classes: 1

RP3437.201 Roger Carter Comm Ctr Feb 3 6:30-8:30pm Su \$40

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











ENC9RE

PROGRAMS

Reignite the excitement of years past and explore the great new offerings.

Active Aging (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.
- Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Adventure & Outdoors Page 20

Nature & Environment Page 22

Heritage Programs Page 25

Fitness Page 64

Aquatics

Open Swim

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use. Info: Susan Potts, 410-313-4628 or spotts@howardcountymd.gov.

Classes: 6

RP3518.201 Cedar Lane School Jan 19 10:30am-noon Sa \$37

Therapeutic Aqua Dancercise

This is not your ordinary synchronized dancing in the water! Combine upbeat music with the resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dance-based movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction. Info: Susan Potts, 410-313-4628 or spotts@howardcountymd.gov.

Classes: 8

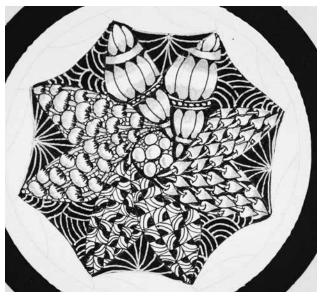
RP3520.201 Cedar Lane School Jan 8 6-7pm Tu \$75

Therapeutic Water Exercise

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. (No class 9/19.)

Info: Susan Potts, 410-313-4628 or spotts@howardcountymd.gov.

Classes. 0					
RP3519.202	Cedar Lane School	Jan 9	6-7pm	W	\$78
RP3519.203	Cedar Lane School	Jan 7	7:05-8:05pm	М	\$78
RP3519.201	Cedar Lane School	Jan 7	6-7pm	M	\$78



Draw unique, structured patterns at the Basic Zentangles Workshop.

Crafts & Fine Arts

All Things Glass 2

Come explore an assortment of techniques: fusing, slumping, layering, and painting glass. Delve into the field of glass more extensively than in *All Things Glass 1*. (Beginners are welcome!) Instructor Tara S. Holl provides materials and fires projects. Tara has worked in the field of glass for over 30 years. **\$75 materials fee due at the first class. 10% off when 2 or more people register by phone together.**

Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Classes: 6

RP3523.201 Elkridge 50+ Ctr Jan 8 6-8pm Tu \$89 RP3523.202 Gary J Arthur Comm Ctr Jan 9 7-9pm W \$89

Artful Journaling Club

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. You are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov. Classes: 12

RP0305.201 Bain 50+ Ctr Jan 10 9:30am-noon Th \$20

Basic Zentangle Workshop with Arlene Mindus, CZT

Explore this popular art form that is an easy-to-learn and relaxing method of drawing structured patterns. Certified Zentangle teacher Arlene Mindus guides you in techniques and hand-drawn patterns. Develop focus and creativity, hand-eye coordination, manual dexterity, and problem-solving techniques. A mini Zentangle box may be purchased for \$5.00 that includes an apprentice tile, black micron pen, Zentangle pencil, pencil sharpener, and tortillion or stump for shading. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Classes: 6

RP0308.201 Elkridge 50+ Ctr Jan 22 10am-noon Tu \$48



Discover design and color theory with Drawing and Painting.

Creating Visual Stories with Mixed Media

Learn how to use everyday and found objects, types of paint, paper, fiber, and other materials to create a wall-mounted mixed media piece and 3-D mixed media piece. Focus on telling a visual story. Learn assorted painting techniques to use with the varied materials. Instructor provides some materials and makes recommendations for materials to bring. \$35 materials fee due at first class. 10% off when 2 or more people register by phone together. Info: Curtis Gore, cgore@howardcountymd.gov or 410-313-7281.

Classes: 6

RP3525.201	N Laurel Comm Ctr	Jan 10	10am-noon	Th	\$89
RP3525.202	Gary J Arthur Comm Ctr	Jan 7	7-9pm	M	\$89

Drawing & Painting with Zina

Find your inner-artist in this user-friendly setting! Drawing and painting are teachable techniques. **Beginners** start with a foundations program using demos and assignments on drawing, design and color theory leading to readiness to create simple paintings. **Advanced** students enjoy demos, slide presentations, and projects that inspire. Create original work. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Classes: 7 \$120

RP0302.201	Kiwanis-Wallas Hall	Jan 14	10am-noon	М
RP0302.202	Gary J Arthur Comm Ctr	Jan 14	1:15-3:15pm	М
RP0302.203	Kiwanis-Wallas Hall	Mar 4	10am-noon	М
RP0302.204	Gary J Arthur Comm Ctr	Mar 4	1:15-3:15pm	М

Fused Glass Workshop with Tara Holl

Learn the art of fusing glass! Join glass artist Tara Holl to make fused glass objects such as jewelry, an ornament, or other small items. Learn about different types of glass and how they can fire together. Whether you are experienced in working with glass or would like to try it for the first time, you are welcome! **\$30 materials fee.** Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov. Classes: 1 \$30

RP3531.201 Gary J Arthur Comm Ctr Feb 23 9:30am-noon Sa

Watercolor Basics for the Very Beginner with Carol Zika

This mini-course has been created as a prerequisite for *Watercolors* with Carol Zika. Learn the basic techniques of painting with transparent watercolors; and about paper, brushes and paint. Brush calisthenics, washes, glazing, color mixing, plus tricks of the trade are covered. Recommended supplies discussed at the first class. \$10 materials fee due at first class. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Classes: 4

RP0307.201 Bain 50+ Ctr Jan 10 1-3:30pm Th \$50

Watercolors with Carol Zika

This painting class is for students who have completed *Watercolor Basics for the Very Beginner* and those with previous watercolor experience. Instructor provides guided lessons, building technique and confidence. Bring materials to the first class. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Classes: 10

RP0303.201 E. Columbia 50+ Ctr Jan 11 1-3:30pm F \$125

You Can Draw & Paint with Carol Zika

Let your artistic expression soar in this congenial, fun and supportive open studio atmosphere. Bring watercolors, acrylics, oils, pastels or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Bring your own or discuss materials (purchased separately) at the first class. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Classes: 10

RP0304.201 E. Columbia 50+ Ctr Jan 11 9:15-11:45am F \$125

Photography

Digital Photography 101

With the quality of today's digital camera technology, anybody can take great pictures! Come learn the basic elements and techniques that help produce compelling photos, and then apply those concepts with hands-on assignments. Digital camera required (DSLR or point-and-shoot with manual controls). January 8 class held at the stately Belmont Manor. 10% off when 2 or more people register by phone together. Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 6 \$95

RP3521.201 Belmont Jan 8 9:30-11:30am Tu

Classes: 4 \$65

RP3521.202 Elkridge 50+ Ctr Jan 10 6-8pm Th

Shooting with a Smartphone

Take a class at the stately Belmont Manor, built in 1738. This pristine setting is one of Howard County's most beautiful sites. "The best camera is the one you have with you" is a popular saying in photography communities, and it certainly applies to smartphones. Learn some of the same concepts as *Digital Photography 101*, with a focus on how they apply to great, smartphone photos. **10% off when 2 or more people register by phone together.** Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 4

RP3522.201 Belmont Jan 22 1-2:30pm Tu \$55

Dance

Beginner Ballet for Active Adults

Enjoy basic ballet while building strength, flexibility and grace. Class begins at the ballet barre and progresses to center. Learn basic terminology and technique with modifications offered. Leotard and tights recommended; form-fitting, comfortable clothing allowed. Pull back long hair. Wear ballet shoes and bring a water bottle. Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov. Classes: 9 \$95

RP3509.201 Kinetics Dance Theatre Jan 24 10:15-11:15am Th

Dance on Broadway – or Feel Like You Can!

5, 6, 7, 8! If dancing on Broadway is on your bucket list, join a class of like-minded adults for fun and fitness. Instructor leads you through dance routines to current and long-time Broadway favorites. Enjoy musical theater choreography appropriate for all levels. Wear dance or athletic shoes and comfortable clothes you can move in. Bring water and a towel. 10% off when 2 or more people register by phone together. Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 6 \$75

RP3527.201 Cedar Lane Rec Ctr Jan 18 9:30-10:30am F

Learn to Swing Dance

Learn to swing dance! Be sure to sign up separately for the *Swing Dance Socials* to try out your latest moves. (No class 2/7.) Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov. Classes: 6 \$89

RP3532.201 N Laurel Comm Ctr Jan 10 7-8:25pm Th

Senior Tap Classics

Ever dream of dancing like Ginger Rogers or Fred Astaire? It's never too late to start! This beginning-level tap class progresses slowly and is designed for adults. Wear comfortable clothing, grab some tap shoes and join us! Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 9 \$95

RP3504.201 Kinetics Dance Theatre Jan 23 10:15-11:15am W

Social Square Dancing

Grab your partner and join our accredited square dance caller to show off your best do-si-do! All levels welcome. Instruction provided for those who are new to square dancing. Partners not required, we can pair you up when you arrive! **10% off when 2 or more people register by phone together.** (No class 3/5.) Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 6 \$89

RP3510.201 N Laurel Comm Ctr Jan 8 7:30-9pm Tu Classes: 4 \$59

RP3510.202 N Laurel Comm Ctr Feb 26 7:30-9pm Tu

Swing Dance Social

Get ready to jump, jive and swing! Light refreshments provided. Come practice those new dance moves learned in our *Learn to Swing Dance* class or just come for a fun night. Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 1 \$15

RP3528.201 E. Columbia 50+ Ctr Feb 7 7-8:25pm Th RP3528.202 E. Columbia 50+ Ctr Mar 5 7-8:25pm Tu



Grab your partner and do-si-do at Social Square Dancing.

Drop-In Activities/Clubs

- For more info, contact Ruth Coleman, 410-313-7311.
- · Listed in alphabetical order.

NEW! Bunco Blast

No other game like it! It's Bunco Time . . . Let's roll. We have everything needed for a fun-filled hour of play to included prizes! Info:

Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.

Bain 50 + Ctr Jan 25 10:30-11:30am Last Fri of the month Free

Drop-In Social Bridge

Stop by for some social bridge. Beginners welcome! Coffee, tea and light refreshments available. We accept donations to the snack fund. Kiwanis-Wallas Hall 9am-noon W Free

Duplicate Bridge

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall Noon-3:30pm W Free Kiwanis-Wallas Hall 9:15am-12:45pm F Free

Mahjong

Kiwanis-Wallas Hall 1-3:30pm W Free

Marathon Bridge

Kiwanis-Wallas Hall 1-3:30pm W Free

Pinochle

Kiwanis-Wallas Hall 9:30am-3:30pm F Free

Toss Across

Who says "close only counts in horseshoes"? It counts in Toss Across!
Try the latest backyard & tailgating craze while getting some exercise.
Bain 50+ Ctr 10:30-11:30am F Free

Trivia Time

Come show us what you know! Fire up those brain cells while you compete. Meet in the lobby. No preregistration required.

Bain 50+ Ctr 9:30-10:30am Last Friday of each month Free



Make warm memories at Community Knitting & Crocheting Group.

Wii Bowling Club

Why let the kids have all the fun? Bowl in a virtual alley without leaving the building. Improve hand-eye coordination while getting some exercise.

Elkridge 50+ Ctr	10-11am	W	Free
Bain 50+ Ctr	9:30-10:30am	Th	Free
Bain 50+ Ctr	10:30-11:30am	Th	Free

Encore Explorations

Encore Explorations are one day workshops or mini-sessions designed to let you try out something new without committing to a full class session. This is your opportunity to test drive some of our newest programs. Try one or try them all! Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Balance, Strength and Fitness

RP3511.204	Cedar Lane Rec Ctr	Jan 14	10:45-11:30am	M	\$15
Shooting With a Smart Phone					
RP3511.202	Belmont	Jan 15	1-2:30pm	Tu	\$20
Self Defense fo	or Active Adults				
RP3511.203	Roger Carter Comm Ctr	Feb 13	10-11am	W	\$15
Swing Dance					
RP3511.201	Kiwanis-Wallas Ctr	Feb 19	9:30-11:30am	Tu	\$20

Knitting & Crocheting

Community Knitting & Crocheting Group

Feel a sense of belonging. Create heirloom memories while knitting and crocheting afghans, blankets, baby wear and more for local charities, hospitals and senior centers. Acrylic yarn donations appreciated. Info: Melissa Calleri Byrne, 410-313-4704 or mbyrne@howardcountymd.gov.

Classes: 23 2nd & 4th Wednesday of each month

RP3070.201 Kiwanis-Wallas Hall Jan 9 1-3pm W Free

Fitness

- Fitness waiver must be completed prior to exercising.
- Info/Fitness Waiver: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Balance, Strength & Fitness with Lori Nowicki, ACE, AFPA

See description on page 68.

RP3516.201 Cedar Lane Rec Ctr Jan 7 10:45-11:30am M

Beginner Mat Pilates with Debbie Flynn, ACE, ACSM, RYT-200

See description on page 68.

RP3514.201	Roger Carter Comm Ctr	Jan 8	8-9am	Tu,Th
RP3514.202	Roger Carter Comm Ctr	Feb 12	8-9am	Tu,Th
RP3514.203	Elkridge 50+ Ctr	Jan 10	7-8pm	Th
RP3514.204	Roger Carter Comm Ctr	Jan 12	8:30-9:30am	Sa

Cardio Dance and Tone with

Margaret Wolf, ACE See description on page 68.

RP3505.201 Gary J Arthur Comm Ctr Jan 16 2:30-3:30pm W

Exercise with Ease with

Debbie Flynn, ACE, ACSM, RYT-200

See description on page 68.

RP8060.201 E. Columbia 50+ Ctr Jan 8 8:50-9:50am Tu,Th \$54

Fitness for Life with Lori Nowicki, ACE, AFPA See description on page 68.

RP8666.201	N Laurel Comm Ctr	Jan 7	12:35-1:50pm	M,W
RP8666.202	Gary J Arthur Comm Ctr	Jan 8	10:30-11:45am	Tu,Th
RP8666.203	Roger Carter Comm Ctr	Jan 8	12:15-1:30pm	Tu,Th
RP8666.204	Roger Carter Comm Ctr	Jan 11	10-11:15am	F

Gentle Yoga/Yoga 1 with Kathy Whelan, RYT-200

See description on page 68.

RP3515.201	Elkridge 50+ Ctr	Jan 8	6-7pm	lu
RP3515.202	Bain 50+ Ctr	Jan 10	5-6pm	Th
RP3515.203	Bain 50+ Ctr	Feb 21	5-6pm	Th

Lifelong Learning

Self Defense for Active Adults Description on page 68.

Classes: 5

RP3517.201	Roger Carter Comm Ctr	Jan 9	10-11am	W	\$72
RP3517.202	Bain 50+ Ctr	Jan 9	1-2pm	W	\$72
RP3517.203	Roger Carter Comm Ctr	Feb 20	10-11am	W	\$72
RP3517.204	Bain 50+ Ctr	Feb 20	1-2pm	W	\$72

Bridge Basics

Bridge is an enjoyable card game! It challenges your mind while making new friends. Class is for people who have never played bridge before and for those who would like a refresher. First 4 weeks are instruction and last 2 weeks are supervised play. Info: Ruth Coleman, 410-313-7311 or rucoleman@howardcountymd.gov.

Classes: 6

RP3507.201 Kiwanis-Wallas Hall Jan 8 9:30-11:30am Tu \$75

Nature & Environment

Authors in Action Page 24
Space Matters Page 24

Sports

Co-Rec Volleyball

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience recommended. Prior to registration, visit the Meadowbrook Athletic Complex and see if this program is for you. The program meets twice a week. The fee is based on when you register and is good through the end of the calendar year. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Meadowbrook Ath Comp

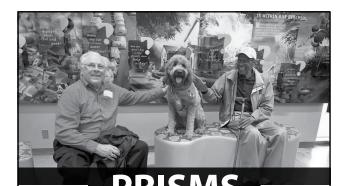
RP5592.201 Jan 8 10:30am-12:30pm Tu,F \$76

Fundamentals of Modern Table Tennis with Jeff Smart

Through the lessons of ITTF Level 2 Certified Coach Jeff Smart, beginners learn the proper techniques to execute the forehand (FH) and backhand (BH) topspin drive, FH&BH underspin push, basic footwork, and topspin. Also work on underspin, sidespin serves and how to return each one. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Howard County Table Tennis Center Classes: 10

RP3530.201 Beginner Jan 10 10:30am-noon Th \$160 RP3530.202 Intermediate Jan 10 1-2:30pm Th \$160



This therapeutic recreation program is designed for adults with a dementia-related diagnosis who may require additional assistance to safely participate in a leisure activity or volunteer opportunity. Prisms provides social interactions, recreation and leisure pursuits, and maintenance of functional abilities while providing extra support to facilitate aging-in-place. Staff can assist with activities of daily living. All levels of ability are welcome. Appropriateness for the program (i.e. ability to meet a participant's needs safely) must be determined prior to starting. Potential participants must complete an intake interview. Info/schedule intake interview: Susan Potts, 410-313-4628 or spotts@howardcountymd.gov.

50 yrs + Classes: 27

50 yrs + Classes: 21

RP3503.301 Cedar Lane Rec Ctr Apr 23 8am-1pm Tu,Th \$369



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6692 Cedar Lane, Columbia, MD 21044 I 410-313-0400 www.howardcountymd.gov/RobinsonNatureCenter

Fitness

 Info: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

Personal Training

Personal Training

Each session is customized to fit your individual needs and abilities. Private training sessions are one participant to one trainer; semi-private sessions are up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served; walk-in and phone registrations only. All sessions must be scheduled at the time of registration. Gary J Arthur Comm Ctr Info: 410-313-4840 or Sara Schwab, 410-313-4842 or sschwab@howardcountymd.gov.

Roger Carter Comm Ctr Info: 410-313-2764 or Tony Kovacevich, 410-313-2763 or akovacevich@howardcountymd.gov.

<u> 13 yrs +</u>	Ongoing Gary J Arthur Comm Ctr or R	oger Carter Comm Ctr
1 session	30 minutes, private	\$45
1 session	60 minutes, private	\$75
4 sessions	30 minutes, private	\$160
8 sessions	30 minutes, private	\$299
4 sessions	30 minutes, semi-private, group of 3	\$240
8 sessions	30 minutes, semi-private, group of 3	\$459

One Time Clinic

 Info: Tony Kovacevich, 410-313-2763 or akovacevich@howardcountymd.gov.

Exercising with a Buddy

Learn the science behind why the best exercise plans are done with a buddy, as well as fitness techniques specialized to exercising together. Bring a buddy or come solo.

<u> 18 yrs +</u>	Roger Carter Comm	Ctr		
4091.201	Center members	Jan 12	10:30-11:30am	\$4
4091.202	Nonmembers	Jan 12	10:30-11:30am	\$6

Beginner's Guide to the Fitness Room

Don't let the Fitness Room be intimidating! This class will teach you the basics of fitness room etiquette and foundational lifting techniques, so you can get fit with confidence.

<u> 13 yrs + </u>	Roger Carter Comm	ı Ctr		
4091.203	Center members	Jan 12	10:30-11:30am	\$4
4091.204	Nonmembers	Jan 12	10:30-11:30am	\$6

Cardio & Strength

- Info: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.
- Please bring a reusable water bottle to class.

Aqua Zumba

Known as the Zumba pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering - experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating! Free class 1/8, register by emailing tishhey@gmail.com.

18 yrs + Cla	asses: 6				
RP8612.201	Roger Carter Comm Ctr	Jan 10	9:45-10:30am	Tu,Th	\$60
RP8612.202	Roger Carter Comm Ctr	Jan 10	6:45-7:30pm	Tu,Th	\$60
RP8612.211	Roger Carter Comm Ctr	Feb 5	9:45-10:30am	Tu,Th	\$60

RP8612.212	Roger Carter Comm Ctr	Feb 5	6:45-7:30pm	Tu,Th	\$60
RP8612.221	Roger Carter Comm Ctr	Mar 5	9:45-10:30am	Tu,Th	\$60
RP8612.222	Roger Carter Comm Ctr	Mar 5	6:45-7:30pm	Tu,Th	\$60

Barre Above with Jordan Miller, SCW

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results! Free class 1/8, register at www.freedomfitness.info/events.

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<u>18 yrs + Classes: 12</u>
RP8130.201 Gary J Arthur Comm Ctr Jan 15 6-6:55pm Tu $84
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Barre Burn + Cardio with Christine Hands

Do you enjoy barre classes, but are looking for more cardio? This class combines ballet and fitness movements like a traditional barre class, but also utilizes a faster BPM and more repetition to warm you up and have you sweating in no time! Round off your workout with a cool down and stretch. Bring 3-to-5-lb. weights. Mats are provided but you are encouraged to bring your own.

<u>18 yrs + Cl</u>	asses: 9				
RP8242.201	Kinetics Dance Theatre	Jan 26	10-11am	Sa	\$108

Barre Burn

Ballet movements combine with fitness exercises for a full body workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Round off your workout with yoga and stretching. Bring 3-to-5-lb. weights. Mats are provided but you are encouraged to bring your own.

<u> 18 yrs + Ki</u>	netics Dance Theatre Classe	<u>es: 9</u>			
RP8282.201	Instructor: Becca Sigmund	Jan 23	9:15-10:15am	W	\$108
RP8282.202	Instructor: Rachel Wolfe	Jan 23	8:15-9:15pm	W	\$108

Body Conditioning

with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes a 25 minute low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights.

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<u>18 yrs + Classes: 22</u>
RP8220.201 Rockburn ES Jan 15 7:05-8pm Tu,Th $94
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Booty Camp Cardio with Marissa Intelisano, SCW

Total motivation - no yelling or screaming. Designed to torch calories, crank up your metabolism, and change your body (and life). Booty Camp Cardio builds confidence with an array of cardio and strength moves utilizing balls, bands, weights and your own body weight. Free class 1/9, register at www.freedomfitness.info/events. (No class 1/21, 2/18.)

<u>18 yrs + Classes: 21</u> RP8430.204 N Laurel Comm Ctr Jan 14 6:30-7:20pm M,W \$136

"Build Your Engine" Strength Training with Christy Edwards, ACE

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights. (No class 1/21, 2/18.)

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<u>18 yrs + Classes: 14</u>
RP8506.201 Centennial Lane ES Jan 14 6:45-7:45pm M,W $63
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Have a blast burning calories during Fit Jam classes.

Cardio Blast Interval Fit Over 40 with Beth Harbinson, AFAA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy this intense, energetic workout! Bring hand weights (5 lbs recommended) and a mat. (No class 1/21, 2/18, 3/11.)

18 yrs + Classes: 20

RP8422.201 Veterans ES Jan 7 6:45-7:45pm M,W \$80

Cardio Crunch Challenge with Lori Nowicki, ACE

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, cardio stability ball, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility, foam roller and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights and stability ball. Some classes are outdoors. (No class 1/21, 2/18.) 18 yrs + Classes: 22

RP8481.201 Cedar Lane Rec Ctr Jan 7 9:15-10:30am M or W \$72 RP8481.202 Cedar Lane Rec Ctr Jan 7 9:15-10:30am M,W \$132

Cardio Dance with Sandra Duerr, AFAA, NASM

A fun choreographed dance class that goes from warm-up steps to heart pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, laugh and burn lots of calories.

<u>18 yrs + Roger Carter Comm Ctr Classes: 10</u>

RP8225.201 Jan 9 11:30am-12:15pm W or F \$60

18 yrs + Roger Carter Comm Ctr Classes: 20

RP8225.202 Jan 9 11:30am-12:15pm W,F \$120

Cardio Fusion with Marianne Larkin, AAAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance and flexibility exercises inspired by yoga and Pilates. (No class 1/21, 2/18.)

18 yrs + Classes: 20

RP8482.201 Gary J Arthur Comm Ctr Jan 14 9:35-10:50am M or W \$66 RP8482.202 Gary J Arthur Comm Ctr Jan 14 9:35-10:50am M,W \$120

Cardio Kick Fusion with Robin Robinson

It's punching, jabbing and kicking for four minutes then it's squatting, lifting, pushing and pulling for another four minutes. (Repeating for a total of 60 minutes!) It's pushing your body and muscles beyond what you thought was even possible. It's fun, yet challenging. It's the hottest thing in fitness - it's Cardio Kick Fusion! Oh yeah, and did I mention great music? Because music is a motivator! Suitable for all fitness levels. (No class 2/14.)

<u>18 yrs + Classes: 10</u>

RP8551.201 N Laurel Comm Ctr Jan 15 6:30-7:30pm Tu \$80 18 yrs + Classes: 9

RP8551.202 N Laurel Comm Ctr Jan 17 6:30-7:30pm Th \$72 18 yrs + Classes: 19

RP8551.203 N Laurel Comm Ctr Jan 15 6:30-7:30pm Tu,Th \$144

Fit Jam: Cardio Party with Liz Rolland

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle.

18 yrs + Classes: 9

RP8350.201 Gary J Arthur Comm Ctr Jan 28 5:45-6:45pm M \$90 RP8350.202 Gary J Arthur Comm Ctr Jan 31 5:45-6:45pm Th \$90

Fit Jam: Fire and Spice! with Liz Rolland

Spice up your workout with this unique blend of Pilates mat work, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, and then challenge your workout with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff!

<u> 18 yrs + Classes: 9</u>

RP8351.201 Gary J Arthur Comm Ctr Feb 1 9:30-10:45am F \$108

Fun & Friendly Bootcamp By Liz Rolland

Are you scared to try a bootcamp class? Hate drill sergeants shouting at you? Then this class is for you! Learn the bootcamp basics, from pushups to planks to burpees, all in the comfort of an indoor studio. The 45-minute workout includes a complete and careful warm-up, a wide variety of aerobics and strength training, specific skill drills, safe stretching, and abdominal exercises to flatten the tummy. Wear comfortable cross-training shoes. Bring a water bottle and a towel. Beginners welcome!

<u>18 yrs + Classes: 9</u>

RP8384.211 Roger Carter Comm Ctr Jan 29 10:30-11:15am Tu \$81

Kettlebell AMPD with Anna Whitaker, AFAA

Kettlebell AMPD takes heart-pumping music and your favorite kettlebell moves and combines them into 45 minutes of calorie-torching fun! This whole-body workout emphasizes group fitness and focuses on specific areas such as arms, legs, core, and cardio. Each song concentrates on a main area, while still maintaining a whole-body routine. Kettlebell is for all ages and levels. Weights vary anywhere from 5-10lbs, so the workout can be adjusted and moves modified to suit your individual needs. The music is diverse, and the moves are simple and easy to learn. Get lost in the music and push yourself with the most effective, fulfilling, and lively workout available! Please bring a 3-to-5lb kettlebell. (No class 1/21, 2/18.)

<u> 18 yrs + Classes: 10</u>

RP8435.231 Mt. View MS Jan 14 6:30-7:30pm M \$65



Enjoy a total workout with cardio & strength classes.

Piloxing with Jordan Miller, SCW

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered!

Free class 1/8, register at www.freedomfitness.info/events.

18 yrs + Classes: 12

RP8135.201 Gary J Arthur Comm Ctr Jan 15 7-8pm Tu \$78

Step & Sculpt with Marianne Larkin, AAAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. (No class 1/19.)

18 yrs + Step & Sculpt Mount View MS

RP8300.211 Classes: 11 Jan 15 7-8pm Tu or Th \$55 RP8300.212 Classes: 22 Jan 15 7-8pm Tu,Th \$110

18 yrs + 75 Minute Workout Gary J Arthur Comm Ctr RP8300.201 Classes: 10 Jan 12 8:30-9:45am Sa \$

Tabata Interval Training with Lori Nowicki, ACE

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workouts can be modified. (No class 2/1.)

18 yrs + Classes: 10

RP8485.201 Jan 11 9:15-9:55am F \$50

Total Body Tone & Core with Marianne Larkin, AAAI

This lively total body workout moves to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while strengthening your core and improving your balance and flexibility. Bring a mat and 2-to-5 lb. weights.

18 yrs + Mt. View MS

RP8210.201 Classes: 11 Jan 15 6-6:55pm Tu or Th \$50 RP8210.211 Classes: 22 Jan 15 6-6:55pm Tu,Th \$99

Total Impact Workout with Royale Fit AAI/ISMA

Are you ready to maximize your workout time while attaining your fitness goal in a fun atmosphere? This workout is designed to propel you to your fitness goal with a high intensity interval full body workout guaranteed to burn fat, increase metabolism and strengthen your muscles. Each session consists of 15 minutes of jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere. Get ready to meet the upgraded version of you, full of confidence, strong and fit. All fitness levels welcome. Bring along a jump rope, a mat and 5-or-10 lbs. pair of dumb bell. Jump ropes are available for sale.

18 yrs + Classes: 10

RP8550.201 N Laurel Comm Ctr Jan 19 10:30-11:30am Sa \$95 RP8550.202 N Laurel Comm Ctr Jan 16 7:30-8:30pm W \$95

Zumba

Zumba takes the "work" out of "workout" by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check. Zumba is a total workout, combining all elements of fitness: Cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. (No class 1/21, 2/11.)

<u> 18 yrs + </u>	nstructor: Stephanie Scott	Classes:	<u>10</u>			
RP8330.201	Roger Carter Comm Ctr	Jan 14	5:30-6:30pm	M	\$70	
<u> 18 yrs + </u>	nstructor: Stephanie Scott	Classes:	<u>12</u>			
RP8330.202	Roger Carter Comm Ctr	Jan 16	5:30-6:30pm	W	\$84	
<u> 18 yrs + </u>	nstructor: Sandra Escoto	Classes:	8			
RP8360.201	Gary J Arthur Comm Ctr	Jan 17	7-8pm	Th	\$96	
<u> 18 yrs + </u>	nstructor: Sikena Holden	Classes: 8				
RP8360.202	N Laurel Comm Ctr	Jan 12	9:30-10:30am	Sa	\$96	
<u> 18 yrs + </u>	nstructor: Temi Robers	Classes: 9				
RP8662.201	N Laurel Comm Ctr	Jan 28	7:30-8:20pm	M	\$68	
<u> 18 yrs + </u>	nstructor: Jan Smith, AFAA	Classes:	<u>11</u>			
RP8430.202	Gary J Arthur Comm Ctr	Jan 20	9:30-10:30am	Su	\$72	
<u> 18 yrs +</u>	Instructor: Anita Biswal	Classes:	<u>9</u>			
RP8670 201	Vatarans FS	lan 17	6·45-7·45nm	Th	\$59	

Health & Relaxation

• Info: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

Teens

Teen/Adult Yoga with Gina Bates Brown

This class is open to both teens and adults! Enroll as a teen/parent duo or register as an individual. This class follows classic Hatha yoga postures and breathing techniques. Movements are practiced in a flowing style that integrates movement and breath that helps to lengthen, strengthen, and relax. Yoga mats/blocks provided but please bring your own mat if you have one.

13 vrs + Classes: 9

RP8245.201 Kinetics Dance Theatre Jan 25 4:30-5:30pm F \$108

Adults

Core-Focused Yoga with Rachel Wolfe

Get centered in core-focused yoga! This class draws on elements of Pilates, somatic yoga, and traditional yoga asana to challenge your core; abdominals, back, pelvic floor muscles and beyond. Build strength and connection to your center through breath, challenging core-work and flowing movement, all done at a moderate and mindful pace. Mats are provided but you are encouraged to bring your own.

<u>18 yrs + Classes: 9</u>

RP8242.211 Kinetics Dance Theatre Jan 26 11:30am-12:30pm Sa \$108

Foam Roll & Stretch with Liz Rolland

Who doesn't love a great massage? Now you can learn to give yourself a healing, therapeutic massage using a foam roller. This tool offers a safe and effective method for massaging both muscles and fascia--the connective tissue that surrounds muscles. Foam rolling can help release tight muscles and knots, relieve tension, increase blood flow to speed healing, and soothe aches and pains. Perfect for active people looking to reduce their risk of injury and chronic stress. Each class includes foam rolling techniques and gentle stretches. Foam rollers provided.

18 yrs + Classes: 9

RP8283.203 Gary J Arthur Comm Ctr Feb 1 11-11:45am F \$81

Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided.

18 yrs + Classes: 9

 RP8240.201
 Kinetics Dance Theatre
 Jan 24
 9:45-10:45am
 Th
 \$108

 RP8240.202
 Kinetics Dance Theatre
 Jan 25
 7-8pm
 F
 \$108

Introduction to Pilates with Christine Williams

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns lengthen and strengthen your muscles, with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat. 18 yrs + Classes: 8

RP8155.201 Misako Ballet Studio Jan 12 8:30-9:30am Sa \$96

Nia Fitness by Smita Khatri

This class is a blend of dance, martial arts and yoga. It truly is for every-BODY, and although it is a fitness class, it's so much more. It's not about what it looks like, only what it feels like. This is a mind-body conditioning program that combines the dance arts, healing arts, and martial arts. 18 yrs + Classes: 9

RP8061.201 Gary J Arthur Comm Ctr Jan 28 5:15-6:15pm M \$63

Pilates Plus with Liz Rolland

This mat work class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Light weights are added in order to intensify your workout once the basic exercises have been learned. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel.

18 yrs + Classes: 9

RP8384.201 Roger Carter Comm Ctr Jan 29 9:15-10:15am Tu \$108

Pilates with Lori Nowicki, AAAI, AFPA

Pilates is the ultimate mind-body exercise program. This class can be modified and use of toys is optional. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core, increase your flexibility, and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball. 18 yrs + Classes: 22

Pilates with Dianna Fornaro, AFAA/ER-Pilates

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. Work everything from your neck to your knees to your entire core. Tone and lengthen your muscles, increase your strength, improve

your posture and flexibility, and have fun doing it! Bring a mat. Free class 1/9, register at www.freedomfitness.info/events. (No class 1/21, 2/18.)

18 yrs + Classes: 21

RP8420.201 Cedar Lane Rec Ctr Jan 14 7-8pm M,W \$136

Revive, Relax & Renew Yoga with Mary Garratt, E-RYT500

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket. (No class 1/21.) 18 yrs + Classes: 9

RP8252.201 Gary J Arthur Comm Ctr Jan 7 7-8pm M \$86 RP8252.202 Gary J Arthur Comm Ctr Jan 9 5:45-6:45pm W \$86

Sunday Afternoon Yoga with Mary Garratt, E-RYT500

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week!

18 yrs + Classes: 9

RP8252.212 Gary J Arthur Comm Ctr Jan 13 2-3pm Su \$86

Tai Chi Page 84

Yoga for a Happy Body with Liz Rolland

Have you heard that sitting is the new smoking? In order to be healthy and happy, our bodies are meant to move! Learn to lovingly care for your body and mind with yoga. Gently stretch and strengthen your whole body with yoga postures and movement sequences while practicing breath awareness and mindfulness. Leave class feeling better than when you walked in! Perfect for all levels; beginners welcome. Please wear comfortable clothing. Bring a yoga mat and a large beach towel to each class.

<u> 18 yrs + Classes: 9</u>

RP8284.201 Roger Carter Comm Ctr Jan 28 9:15-10:15am M \$108

Yoga Fusion with Liz Rolland

This class combines four healing modalities in each 45-minute session: gentle yoga stretches, simple qi gong movement sequences, deep breathing, and foam rolling. Perfect as a warm up before Fit Jam Cardio Party or a wonderful way to wind down after work. Foam rolling (using provided foam rollers) offers an effective method of self-massage, reducing muscle tension while soothing aches and pains. Qi gong improves balance and focus while reducing stress. Yoga poses stretch muscles and reduce fatigue. Deep breathing quiets the mind and restores vital energy. Combine all four and feel like you've spent a day at the spa! Bring a yoga mat to each class.

<u> 18 yrs + Classes: 9</u>

RP8283.201 Gary J Arthur Comm Ctr Jan 28 4:45-5:30pm M \$81 RP8283.202 Gary J Arthur Comm Ctr Jan 31 4:45-5:30pm Th \$81

Yogalates with EC Goode

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one.

<u> 18 yrs + Classes: 9</u>

RP8244.201 Kinetics Dance Theatre Jan 22 8:30-9:30pm Tu \$108



Active adults can learn new moves and develop muscle definition during Cardio Dance and Tone with Margaret Wolf.

Active Adults & Fitness

• Info/Fitness Waiver: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov.

Balance, Strength & Fitness with Lori Nowicki, ACE, AFPA

With the use of the BOSU stability ball, light weights and resistance bands, the active adult will learn exercises which involve training the body for the activities performed in daily life. (No class 1/21, 2/18.)

55 yrs + Classes: 7

RP3516.201 Cedar Lane Rec Ctr Jan 7 10:45-11:30am M

Beginner Mat Pilates with Debbie Flynn, ACE, ACSM, RYT-200

Improve your flexibility and strengthen your core, thereby protecting your back and improving your posture. Beginner Mat Pilates is a combination of exercises on the floor. Reap the benefits with stability in the hips and spine while building core muscles and flexibility.

55 yrs + Classes: 8

RP3514.201	Roger Carter Comm Ctr	Jan 8	8-9am	Tu,Th	\$68
RP3514.202	Roger Carter Comm Ctr	Feb 12	8-9am	Tu,Th	\$68
RP3514.203	Elkridge 50+ Ctr	Jan 10	7-8pm	Th	\$68
RP3514.204	Roger Carter Comm Ctr	Jan 12	8:30-9:30am	Sa	\$68

Cardio Dance and Tone with

Margaret Wolf, ACE

Try class for free on 1/16 & 1/18. Enjoy cardio with dance aerobic moves and strength training using weights and/or resistance bands. Core conditioning may be included. Bring a mat and 2-5 lb. weights. 10% off when 2 or

more people register by phone together.

55 yrs + Classes: 8

RP3505.201 Gary J Arthur Comm Ctr Jan 16 2:30-3:30pm W

Exercise with Ease with

Debbie Flynn, ACE, ACSM, RYT-200

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone, and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning choreography.

55 yrs + Classes: 18

RP8060.201 E. Columbia 50+ Ctr Jan 8 8:50-9:50am Tu,Th \$54

Fitness for Life with Lori Nowicki, ACE, AFPA

Enjoy a class designed for active adults using easy-to-follow aerobics, weights, and cardio training. (No class 2/1.)

55 yrs + Classes: 20

RP8666.201	N Laurel Comm Ctr	Jan 7	12:35-1:50pm	M,W	\$120
RP8666.202	Gary J Arthur Comm Ctr	Jan 8	10:30-11:45am	Tu,Th	\$120
RP8666.203	Roger Carter Comm Ctr	Jan 8	12:15-1:30pm	Tu,Th	\$120
55 yrs + Cla	,			,	
	Roger Carter Comm Ctr	Jan 11	10-11:15am	F	\$60

Gentle Yoga/Yoga 1 with Kathy Whelan, RYT-200

This yoga class is suitable for both new and continuing students preferring a less vigorous version of a Yoga 1 class. Move through poses to increase flexibility, strength and balance while emphasizing mindfulness and breath awareness. Yoga props used. Modifications offered so that you may receive the benefits of each pose. Must be able to get up and down from floor. Bring a yoga mat.

55 yrs + Classes: 6

RP3515.201	Elkridge 50+ Ctr	Jan 8	6-7pm	Tu	\$49
RP3515.202	Bain 50+ Ctr	Jan 10	5-6pm	Th	\$49
RP3515.203	Bain 50+ Ctr	Feb 21	5-6pm	Th	\$49

Self Defense for Active Adults

Former Howard County Police Officer Derek Johnson presents this course in a relaxed environment that teaches you awareness and personal safety. Class incorporates a positive attitude with basic precautions to allow you to avoid a potentially dangerous situation. Learn techniques to defend yourself against problems unique to older adults. A fitness waiver must be complete prior to participation.

55 \	rs +	Classes: 5

RP3517.201	Bain 50+ Ctr	Jan 9	1-2pm	W	\$72
RP3517.202	Roger Carter Comm Ctr	Jan 9	1-2pm	W	\$72
RP3517.203	Roger Carter Comm Ctr	Feb 20	10-11am	W	\$72
RP3517.204	Bain 50+ Ctr	Feb 20	1-2pm	W	\$72

Fitne

Concussion Information

www.howardcountymd.gov/concussion

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- · Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- · Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

What should you do if you think a concussion has occurred?

- 1. Seek medical attention right away.
- 2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.
- 3. Inform all coaches about any recent concussions.
- 4. Help your child return to sports safely after a concussion.

Sudden Cardiac Arrest

www.howardcountymd.gov/suddencardiacarrest

What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
- No response to tapping on shoulders
- Does nothing when asked if he/she is OK
- No pulse

Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- · Administer CPR.
- Use Automatic External Defibrillator (AED).

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).



Learn to Swim classes teach growing swimmers how to move, breathe and stay safe in the water.

Sports

Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- · Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion. Special requests for youth leagues should be made at the time of registration, are not guaranteed, and are at the discretion of the department.

Not sure which swim level to register for?Free skill evaluations every Monday from 7-7:30pm.
No registration required. First come, first served.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All instructors are trained at our facility and are knowledgeable about the programs taught.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.
- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on page 69. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.

Group Lessons (0-18 yrs)

Baby Water Play: Parent/Child

Parents learn how to work safely with their children in the water, including how to appropriately support and hold them. The focus of the class is for children to develop water comfort. With an adult, children explore safe water practices including submerging, buoyancy, gliding and changing body position in the water through play. Swimming diapers must be worn in addition to swimwear. Registration/Info: 410-313-2764.

1/2-2	yrs	Classes:	8
<u>1/2-2</u>	yrs	Classes:	<u>8</u>

RP4007.201	Roger Carter Comm Ctr	Jan 8	5-5:30pm	Tu,Th	\$80
RP4007.202	Roger Carter Comm Ctr	Feb 12	5-5:30pm	Tu,Th	\$80
RP4007.203	Roger Carter Comm Ctr	Mar 19	5-5:30pm	Tu,Th	\$80

Agua Tots: Parent/child

This parent/child class creates the foundation for safe practices in the water. Parents support their children as they become familiar with the aquatic environment. Children will be introduced to basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. Swimming diapers must be worn in addition to swimwear for non-potty trained children. Registration/Info: 410-313-2764. 3-4 yrs Classes: 8

RP4008.201	Roger Carter Comm Ctr	Jan 8	6:10-6:40pm	Tu,Th	\$80
RP4008.202	Roger Carter Comm Ctr	Feb 12	6:10-6:40pm	Tu,Th	\$80
RP4008.203	Roger Carter Comm Ctr	Mar 19	6:10-6:40pm	Tu,Th	\$80

Preschool Swimming

Registration/Info: 410-313-2764.

Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

4-5 yrs Classes: 8

RP4009.201	Roger Carter Comm Ctr	Jan 8	5:35-6:05pm	Tu,Th	\$80
RP4009.202	Roger Carter Comm Ctr	Jan 9	6:45-7:15pm	W,F	\$80
RP4009.203	Roger Carter Comm Ctr	Feb 12	5:35-6:05pm	Tu,Th	\$80
RP4009.204	Roger Carter Comm Ctr	Feb 13	6:45-7:15pm	W,F	\$80
RP4009.205	Roger Carter Comm Ctr	Mar 19	5:35-6:05pm	Tu,Th	\$80
RP4009.206	Roger Carter Comm Ctr	Mar 20	6:45-7:15pm	W,F	\$80

Level 2 (must have passed Level 1)

Your child becomes more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

4-5 yrs Classes: 8

RP4010.201	Roger Carter Comm Ctr	Jan 8	5-5:30pm	Tu,Th	\$80
RP4010.202	Roger Carter Comm Ctr	Jan 9	6:45-7:15pm	W,F	\$80
RP4010.203	Roger Carter Comm Ctr	Feb 12	5-5:30pm	Tu,Th	\$80
RP4010.204	Roger Carter Comm Ctr	Feb 13	6:45-7:15pm	W,F	\$80
RP4010.205	Roger Carter Comm Ctr	Mar 19	5-5:30pm	Tu,Th	\$80
RP4010.206	Roger Carter Comm Ctr	Mar 20	6:45-7:15pm	W,F	\$80

Level 3 (must have passed Level 2)

Your child practices independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions.

4-5 yrs Classes: 8

RP4011.201	Roger Carter Comm Ctr	Jan 9	5:35-6:05pm	W,F	\$80	
RP4011.202	Roger Carter Comm Ctr	Jan 9	7:20-7:50pm	W,F	\$80	
RP4011.203	Roger Carter Comm Ctr	Feb 13	5:35-6:05pm	W,F	\$80	
RP4011.204	Roger Carter Comm Ctr	Feb 13	7:20-7:50pm	W,F	\$80	
RP4011.205	Roger Carter Comm Ctr	Mar 20	5:35-6:05pm	W,F	\$80	
RP4011.206	Roger Carter Comm Ctr	Mar 20	7:20-7:50pm	W,F	\$80	

Agua Kids

Registration/Info: 410-313-2764.

Level 1

In this introduction to swimming, learn basic water safety and skills. Skills include safe entry and exit, breath control, floating and swimming on the front and back.

6-10 yrs Classes: 8

RP4012.201	Roger Carter Comm Ctr	Jan 8	6:10-6:40pm	Tu,Th	\$80
RP4012.202	Roger Carter Comm Ctr	Jan 9	5-5:30pm	W,F	\$80
RP4012.203	Roger Carter Comm Ctr	Jan 9	7:20-7:50pm	W,F	\$80

RP4012.204	Roger Carter Comm Ctr	Feb 12	6:10-6:40pm	Tu,Th	\$80	
RP4012.205	Roger Carter Comm Ctr	Feb 13	5-5:30pm	W,F	\$80	
RP4012.206	Roger Carter Comm Ctr	Feb 13	7:20-7:50pm	W,F	\$80	
RP4012.207	Roger Carter Comm Ctr	Mar 19	6:10-6:40pm	Tu,Th	\$80	
RP4012.208	Roger Carter Comm Ctr	Mar 20	5-5:30pm	W,F	\$80	
RP4012.209	Roger Carter Comm Ctr	Mar 20	7:20-7:50pm	W,F	\$80	

Level 2 (must have passed Level 1)

Build on the fundamental skills of entry and exit, breath control and buoyancy. Emphasis on combined simultaneous and alternating arm and led action at a more proficient level. Learning how to swim unassisted as well as treading in deep water.

-10	yrs	Classes: 8	

RP4013.201	Roger Carter Comm Ctr	Jan 8	5:35-6:05pm	Tu,Th	\$80
RP4013.202	Roger Carter Comm Ctr	Jan 9	6:10-6:40pm	W,F	\$80
RP4013.203	Roger Carter Comm Ctr	Jan 9	5:35-6:05pm	W,F	\$80
RP4013.204	Roger Carter Comm Ctr	Feb 12	5:35-6:05pm	Tu,Th	\$80
RP4013.205	Roger Carter Comm Ctr	Feb 13	6:10-6:40pm	W,F	\$80
RP4013.206	Roger Carter Comm Ctr	Feb 13	5:35-6:05pm	W,F	\$80
RP4013.207	Roger Carter Comm Ctr	Mar 19	5:35-6:05pm	Tu,Th	\$80
RP4013.208	Roger Carter Comm Ctr	Mar 20	6:10-6:40pm	W,F	\$80
RP4013.209	Roger Carter Comm Ctr	Mar 20	5:35-6:05pm	W,F	\$80

Level 3 (must have passed Level 2)

Build on your skills and begin breaststroke, and dolphin kicks. Begin to learn head-first entries. You should be able to swim 15 yds. freestyle and backstroke unassisted and be comfortable in deep water. Class taught in 10' water.

6-10 yrs Classes: 8

RP4014.201	Roger Carter Comm Ctr	Jan 8	7:40-8:10pm	Tu,Th	\$80
RP4014.202	Roger Carter Comm Ctr	Jan 9	5-5:30pm	W,F	\$80
RP4014.203	Roger Carter Comm Ctr	Jan 9	6:10-6:40pm	W,F	\$80
RP4014.204	Roger Carter Comm Ctr	Feb 12	7:40-8:10pm	Tu,Th	\$80
RP4014.205	Roger Carter Comm Ctr	Feb 13	5-5:30pm	W,F	\$80
RP4014.206	Roger Carter Comm Ctr	Feb 13	6:10-6:40pm	W,F	\$80
RP4014.207	Roger Carter Comm Ctr	Mar 19	7:40-8:10pm	Tu,Th	\$80
RP4014.208	Roger Carter Comm Ctr	Mar 20	5-5:30pm	W,F	\$80
RP4014.209	Roger Carter Comm Ctr	Mar 20	6:10-6:40pm	W,F	\$80

Learn to Swim

Registration/Info: 410-313-2764.

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float and swim without support.

11-15 yrs Classes: 8

RP4015.201	Roger Carter Comm Ctr	Jan 9	7:55-8:25pm	W,F	\$80
RP4015.202	Roger Carter Comm Ctr	Feb 13	7:55-8:25pm	W,F	\$80
RP4015.203	Roger Carter Comm Ctr	Mar 20	7:55-8:25pm	W,F	\$80

Intermediate

After completing Beginner Level and/or able to swim half a length of the pool, build on swimming fundamentals. Entry and exit, breath control, buoyancy, treading, changing direction and longer distance swimming on the front and back will be covered. Deep water safety is introduced. Begin breaststroke and dolphin kicks.

11-15 yrs Classes: 8

RP4016.201	Roger Carter Comm Ctr	Jan 8	7:40-8:10pm	Tu,Th	\$80
RP4016.202	Roger Carter Comm Ctr	Feb 12	7:40-8:10pm	Tu,Th	\$80
RP4016.203	Roger Carter Comm Ctr	Mar 19	7:40-8:10pm	Tu,Th	\$80



Semi-private lessons are fun with a friend.

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor, Semiprivate lesson participants must be of similar age and ability. Lessons are not transferable. Registration is first-come, first-served. Schedule availability will vary based on the time of registration. Info: Stacy Tozaki, 410-313-2752 or stozaki@howardcountymd.gov.

3 yrs + Private Classes: 8

RP4020.201 Roger Carter Comm Ctr Jan 14 \$254

3 yrs + Semi-Private Classes: 8

RP4020.202 Roger Carter Comm Ctr Jan 14 \$441

Swim Team Prep (6-18 yrs)

Registration/Info: 410-313-2764.

Pre-Swim Team Skills

In this stroke improvement course, work on the front crawl for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Pre-requisite: 25 yards of freestyle and 25 yards of backstroke.

۲ <u>-</u>	12	vrs	Classes:	Q

RP4018.201	Roger Carter Comm Ctr	Jan 8	8:15-8:45pm	Tu,Th	\$80
RP4018.202	Roger Carter Comm Ctr	Jan 9	7:55-8:25pm	W,F	\$80
RP4018.203	Roger Carter Comm Ctr	Jan 9	8:30-9pm	W,F	\$80
RP4018.204	Roger Carter Comm Ctr	Feb 12	8:15-8:45pm	Tu,Th	\$80
RP4018.205	Roger Carter Comm Ctr	Feb 13	7:55-8:25pm	W,F	\$80
RP4018.206	Roger Carter Comm Ctr	Feb 13	8:30-9pm	W,F	\$80
RP4018.207	Roger Carter Comm Ctr	Mar 19	8:15-8:45pm	Tu,Th	\$80
RP4018.208	Roger Carter Comm Ctr	Mar 20	7:55-8:25pm	W,F	\$80
RP4018.209	Roger Carter Comm Ctr	Mar 20	8:30-9pm	W,F	\$80

Non-Competitive Swim League

This recreational league teaches you the basics of swim team drills and timing. Practices are one hour twice a week. Pre-requisites: 25 yard freestyle, 25 yard backstroke and 25 yard breaststroke.

6-10 yrs \$114 Classes: 16

RP4022.201 Roger Carter Comm Ctr Jan 5 5-6pm, M & 7-8am, Sa RP4022.203 Roger Carter Comm Ctr Mar 2 5-6pm, M & 7-8am, Sa 11-18 yrs \$114 Classes: 16 RP4022.202 Roger Carter Comm Ctr Jan 5 5-6pm, M & 7-8am, Sa Mar 2 5-6pm, M & 7-8am, Sa RP4022.204 Roger Carter Comm Ctr



Competitive swimmers hone their skills at One-Day Clinics.

Stroke and Turn Clinic

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and fitness. Prerequisite: 50-yard freestyle, 50-yard backstroke and 25-yard breaststroke.

8-18 yrs Classes: 8

RP4024.201 Roger Carter Comm Ctr Jan 7 7:30-8:30pm \$100 RP4024.202 Roger Carter Comm Ctr Mar 4 7:30-8:30pm \$100

One-Day Clinics (6-16 yrs)

Learn and refine swimming and diving techniques through a one-hour clinic. Saturday morning clinics focus on one skill, including basic diving, competitive turns, freestyle stroke, backstroke, intro to butterfly, breaststroke, and racing/competitive starts. Full description and dates are available at www.howardcountymd.gov/aquatics.

Guarding & Certification (16 yrs +)

Lifequard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific precourse swimming requirements available when registering. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certification for two years in Lifequarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes. Registration/Info: 410-313-2764.

15 yrs + Classes: 3

RP4002.201 Roger Carter Comm Ctr Jan 19 9am-6:30pm S-M,Sa \$205 RP4002.202 Roger Carter Comm Ctr Feb 16 9am-6:30pm S-M,Sa \$205

Lifequard Recertification

Recertify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifequard. Registration/Info: 410-313-2764.

15 yrs + Classes:2

RP4003.201 Roger Carter Comm Ctr Jan 12 4-9pm Su,Sa \$125 RP4003.202 Roger Carter Comm Ctr Feb 2 4-9pm Su,Sa \$125



Adult Swim Lessons allow experienced swimmers to work on their breaststroke, backstroke and more.

Adults (16 yrs +)

Private/Semi-Private Lessons Page 72

Saturday Splash Page 30

Adult Swim Lessons

Beginner

Adults who never learned how to swim or are beginners, this is the class for you. Also, build on the fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Registration/Info: 410-313-2764.

<u>16 yrs + Classes: 8</u>

RP4019.201	Roger Carter Comm Ctr	Jan 9	8:30-9pm	W,F	\$80	
RP4019.202	Roger Carter Comm Ctr	Feb 13	8:30-9pm	W,F	\$80	
RP4019.203	Roger Carter Comm Ctr	Mar 20	8:30-9nm	W.F	\$80	

Intermediate

Looking to refine and hone your stroke and turn skills? Adults with intermediate swimming skills who can swim at least one length of the pool, refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized. Registration/Info: 410-313-2764.

16 yrs + Classes: 8

RP4023.201	Roger Carter Comm Ctr	Jan 8	8:15-8:45pm	Tu,Th	\$80
RP4023.202	Roger Carter Comm Ctr	Feb 12	8:15-8:45pm	Tu,Th	\$80
RP4023.203	Roger Carter Comm Ctr	Mar 19	8:15-8:45pm	Tu,Th	\$80

Women Only Adult Swim Lessons

Ladies, join in the fun, new women's only swim lesson program. Learn safe entry and exit, breath control, buoyancy, treading, changing direction, floating, gliding and swimming on the front and back. All lessons are led by a female instructor. Registration/Info: 410-313-2764.

16 vrs + Classes: 8

RP4017.201	Roger Carter Comm Ctr	Jan 8	8:45-9:15pm	Tu,Th	\$80
RP4017.202	Roger Carter Comm Ctr	Feb 12	8:45-9:15pm	Tu,Th	\$80
RP4017.203	Roger Carter Comm Ctr	Mar 19	8:45-9:15pm	Tu.Th	\$80

Master's Swimming

RCCC Masters is a year-round program for swimmers with a focus on stroke improvement and fitness. Join an experienced coach and fellow swimmers for a 90 minute workout each weekend. Registration/Info: 410-313-2764.

<u> 18 yrs + Cla</u>	asses: 4				
RP4035.201	Roger Carter Comm Ctr	Jan 6	7-8:30am	Su	\$24
RP4035.202	Roger Carter Comm Ctr	Feb 3	7-8:30am	Su	\$24
RP4035.203	Roger Carter Comm Ctr	Mar 3	7-8:30am	Su	\$24
<u> 18 yrs + Cla</u>	asses: 7				
RP4035.205	Roger Carter Comm Ctr	Mar 3	7-8:30am	Su	\$40
<u> 18 yrs + Cla</u>	asses: 8				
RP4035.204	Roger Carter Comm Ctr	Jan 6	7-8:30am	Su	\$45

Badminton

Adult Badminton

Play badminton during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. The Meadowbrook Athletic Complex has courts set up during the designated times. A leader is on site to help assign players to matches. Bring your own rackets and shuttlecocks. Info: .201 Will Dunmore, 410-313-1697 or .221 Greg Meyd, 410-313-1162. 18 vrs + Classes: 13

11/12 1					
RP6830.201	Meadowbrook Ath Comp	Jan 7	8-11pm	М	\$65
<u> 18 yrs + Cl</u>	<u>asses: 12</u>				
RP6830.221	Meadowbrook Ath Comp	Jan 10	Noon-2pm	Th	\$48

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.













Everyone has a chance to play at Tiny Tykes Tee Ball.

Baseball, Softball & Tee Ball

Columbia Baseball & Softball Fest Page 16

Pre-K & Youth Instruction

Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u>sses: 6</u>				
RP6053.201	Meadowbrook Ath Comp	Feb 4	10:30-11:15am	М	\$75
RP6053.202	N Laurel Comm Ctr	Jan 29	5-5:45pm	Tu	\$75
RP6053.203	Thunder Hill ES	Jan 31	6-6:45pm	Th	\$75
RP6053.204	N Laurel Comm Ctr	Jan 31	12:30-1:15pm	Th	\$75
RP6053.205	Meadowbrook Ath Comp	Feb 1	1:30-2:15pm	F	\$75
RP6053.206	Dayton Oaks ES	Feb 2	10:30-11:15am	Sa	\$75
RP6053.207	Hollifield Station ES	Feb 2	1:30-2:15pm	Sa	\$75

Columbia Baseball & Softball Clinics

Come prepare for the spring Baseball or Softball season in this once-perweek indoor baseball or softball clinic. Participants work on defense, hitting, pitching, and catching. Instruction is provided by Columbia Baseball & Softball League coaches, high school coaches, and high school and college players. Participants are divided into groups based on ability and age. Meet in the Gym. Info: Brian Wyman, bwyman@howardcountymd.gov.

Columbia Baseball Winter Indoor Clinic			Long Reach HS	Classes: 4	
RP5990.201	6-8 yrs	Feb 10	9-10:30am	Su	\$90
RP5990.211	9-10 yrs	Feb 10	10:30am-noon	Su	\$90
RP5990.221	11-14 yrs	Feb 10	12:30-2pm	Su	\$90
Columbia Soft	ball Winter Inc	loor Clinic	Long Reach HS	Classes: 4	
Columbia Soft RP5995.201	<u>ball Winter Inc</u> 6-8 yrs	loor Clinic Feb 10	Long Reach HS 9-10:30am	Classes: 4 Su	\$90
			-	Su	\$90 \$90



Train for the new season at Columbia Baseball & Softball Clinics.

Baseball Winter Tune-Up with Casey Medairy

Move indoors from the cold to develop and improve hitting, pitching and fielding skills. This program focuses on positional breakdown, fundamentals of defensive fielding and hitting, and some base running. Instruction is led by Hammond High School varsity coach Casey Medairy. Players are divided into groups based on ability and age. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>8-15 yrs Classes: 4</u> RP6055.201 Hammond HS Jan 6 10am-noon Su \$110

Pre-K, Youth & Teen Leagues

Columbia Spring Baseball & Softball Leagues

Come join the CBL and CBSL this Spring for some baseball, tee ball or softball. The league features a weeknight practice and a weekend game. You can specify practice nights when you register. Games are on Saturdays, between 9am and 4pm. Baseball evaluations will take place in March (dates TBD). Fee includes shirt and hat. Practices and games are held at schools & parks in Columbia. For baseball age groups 11-14 and Softball, games may be in other areas of Howard County. Volunteer coaches needed. Head Coaches receive discount, and can pick their practice nights. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>Columbia Tee</u>	Ball Weeks:	: 9 No se	ssion 5/26		
RP5990.301	4 yrs	Apr 6	9am-4pm	Sa	\$125
RP5990.302	5-6 yrs	Apr 6	9am-4pm	Sa	\$125
Columbia Base	eball League	Weeks: 9	No sessio	n 5/25	
RP5990.311	6-8 yrs	Apr 6	9am-4pm	Sa	\$145
RP5990.321	9-10 yrs	Apr 6	9am-4pm	Sa	\$145
RP5990.331	11-12 yrs	Apr 6	9am-4pm	Sa	\$145
RP5990.341	13-14 yrs	Apr 6	9am-4pm	Sa	\$145
Columbia Soft	ball League	Weeks: 9	No sessio	n 5/25	
RP5995.301	6-8 yrs	Apr 6	9am-4pm	Sa	\$145
RP5995.311	9-10 yrs	Apr 6	9am-4pm	Sa	\$145
RP5995.321	11-12 yrs	Apr 6	9am-4pm	Sa	\$145
RP5995.331	13-14 yrs	Apr 6	9am-4pm	Sa	\$145



Dribble, shoot and score at Little Tykes Hoops Basketball.

Western Howard County Youth Baseball & Softball League (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County, Columbia, and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>Dates and prices at www.whcsports.com</u> RP5981 4-18 yrs Tee Ball or Baseball RP5982 6-18 yrs Softball

Adult Leagues (18 yrs +)

• League Refund Policy Page 70

Basketball

Pre-K & Youth Instruction

Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Class	ses: 6				
RP6086.201	Meadowbrook Ath Comp	Feb 4	9:30-10:15am	M	\$75
RP6086.202	Guilford ES	Feb 4	6-6:45pm	M	\$75
RP6086.203	Phelps Luck ES	Jan 29	6-6:45pm	Tu	\$75
RP6086.204	Meadowbrook Ath Comp	Jan 30	12:30-1:15pm	W	\$75
RP6086.205	Meadowbrook Ath Comp	Jan 31	9:30-10:15am	Th	\$75
RP6086.206	Meadowbrook Ath Comp	Feb 1	12:30-1:15pm	F	\$75
RP6086.207	Guilford ES	Feb 2	1:30-2:15pm	Sa	\$75

CONCUSSION & SUDDEN CARDIAC ARREST INFO Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before

you are allowed to register for youth sports programs.

Emil Sulfair Howas

Young players build their skills at Kiddie Basketball clinics.

Kiddie Basketball

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 1/21, 1/28, 2/5, 2/14, 2/15, 2/18, 2/28.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Class	<u>ses: 5</u>				
RP6080.202	Clemens Crossing ES	Jan 25	4:55-5:55pm	М	\$42
5-7 yrs Class	ses: <u>6</u>				
RP6080.203	Gorman Crossing ES	Jan 14	5-6pm	M	\$50
5-7 yrs Class	<u>ses: 7</u>				
RP6080.210	Manor Woods ES	Jan 16	4:25-5:25pm	W	\$58
RP6080.205	Bellows Spring ES	Jan 29	5-6pm	Tu	\$58
RP6080.209	Longfellow ES	Feb 13	4:35-5:35pm	W	\$58
5-7 yrs Class	ses: 8				
RP6080.201	Bollman Bridge ES	Jan 14	4:15-5:15pm	M	\$67
RP6080.221	Cradlerock ES	Jan 14	3:55-4:55pm	М	\$67
RP6080.222	Thunder Hill ES	Jan 14	5-6pm	Μ	\$67
5-7 yrs Class	ses: 8 (No class 1/15, 1/29, 2	<u>!/5)</u>			
RP6080.208	Pointers Run ES	Jan 22	5-6pm	Tu	\$67
5-7 yrs Class	ses: 9				
RP6080.206	Dayton Oaks ES	Jan 15	4:40-5:40pm	Tu	\$75
RP6080.207	West Friendship ES	Jan 15	4:55-5:55pm	Tu	\$75
RP6080.223	Fulton ES	Jan 15	5-6pm	Tu	\$75
RP6080.224	Elkridge ES	Jan 15	5-6pm	Tu	\$75
RP6080.211	Fulton ES	Jan 23	5-6pm	W	\$75
RP6080.212	Bushy Pk ES	Jan 16	5-6pm	W	\$75
RP6080.215	Clarksville ES	Jan 17	5-6pm	Th	\$75
RP6080.216	Jeffers Hill ES	Jan 17	4:40-5:40pm	Th	\$75
RP6080.227	Waverly ES	Jan 17	4:55-5:55pm	Th	\$75
RP6080.228	Bushy Pk ES	Jan 17	5-6pm	Th	\$75
RP6080.213	Meadowbrook Ath Comp	Jan 17	5:05-6pm	Th	\$75
RP6080.217	Forest Ridge ES	Jan 18	4:55-5:55pm	F	\$75
RP6080.219	Running Brook ES	Jan 18	5-6pm	F	\$75
RP6080.229	Triadelphia Ridge ES	Jan 18	4:35-5:35pm	F	\$75
RP6080.230	Hollifield Station ES	Jan 18	4:25-5:25pm	F	\$75
RP6080.225	Northfield ES	Jan 23	4:20-5:20pm	W	\$75
RP6080.211	Fulton ES	Jan 23	5-6pm	W	\$75



Hit the court, dribble, and pass the ball as part of a team when the school day's through with After-School Basketball classes.

0 10 urs Classos 0

Instructional Basketball League

New and returning players, improve basic skill development through activities and scrimmages, Practice for four weeks and play four games against teams from other sites. T-shirt included. Register by location; meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

6-7 yrs beginners Classes: 8								
RP6082.201	Centennial Lane ES	Jan 19	9-10am	Sa	\$80			
RP6082.202	Jeffers Hill ES	Jan 19	9-10am	Sa	\$80			
RP6082.203	Gorman Crossing ES	Jan 19	9-10am	Sa	\$80			
RP6082.204	Waterloo ES	Jan 19	9-10am	Sa	\$80			
7 yrs advanced	-9½ yrs Classes: 8							
RP6083.201	Centennial Lane ES	Jan 19	10:15-11:15am	Sa	\$80			
RP6083.202	Jeffers Hill ES	Jan 19	10:15-11:15am	Sa	\$80			
RP6083.203	Gorman Crossing ES	Jan 19	10:15-11:15am	Sa	\$80			
RP6083.204	Waterloo ES	Jan 19	10:15-11:15am	Sa	\$80			
8½ advanced-	10 yrs Classes: 8							
RP6084.201	Centennial Lane ES	Jan 19	11:30am-12:30pm	Sa	\$80			
RP6084.202	Jeffers Hill ES	Jan 19	11:30am-12:30pm	Sa	\$80			
RP6084.203	Gorman Crossing ES	Jan 19	11:30am-12:30pm	Sa	\$80			
RP6084.204	Waterloo ES	Jan 19	11:30am-12:30pm	Sa	\$80			

After-School Basketball

School's over and it's time to play some basketball. In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 1/21, 1/28, 2/5, 2/11, 2/14, 2/15, 2/18, 2/28.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov. 8-10 vrs Classes: 5

O TO y13 CIO	33(3. 3				
RP6081.202	Clemens Crossing ES	Feb 25	3:50-4:50pm	M	\$42
8-10 yrs Cla	sses: 6				
RP6081.203	Gorman Crossing ES	Jan 14	4-5pm	M	\$50
8-10 yrs Cla	sses: 7				
RP6081.210	Manor Woods ES	Jan 16	3:20-4:20pm	W	\$58
RP6081.205	Bellows Spring ES	Jan 29	4-5pm	Tu	\$58
RP6081.209	Longfellow ES	Feb 13	3:30-4:30pm	W	\$58

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.

8-10 yrs Cia	sses: 8					
RP6081.201	Bollman Bridge ES	Jan 14	3:10-4:10pm	M	\$67	
8-10 yrs Classes: 8 (No class 1/15, 1/29, 2/5)						
RP6081.208	Pointers Run ES	Jan 22	4-5pm	Tu	\$67	
8-10 yrs Cla	sses: 9					
RP6081.206	Dayton Oaks ES	Jan 15	3:35-4:35pm	Tu	\$75	
RP6081.207	West Friendship ES	Jan 15	3:50-4:50pm	Tu	\$75	
RP6081.212	Bushy Pk ES	Jan 16	3:55-4:55pm	W	\$75	
RP6081.213	Meadowbrook Ath Comp	Jan 17	4:10-5:05pm	Th	\$75	
RP6081.215	Clarksville ES	Jan 17	4-5pm	Th	\$75	
RP6081.216	Jeffers Hill ES	Jan 17	3:35-4:35pm	Th	\$75	
RP6081.217	Forest Ridge ES	Jan 18	3:50-4:50pm	F	\$75	
RP6081.219	Running Brook ES	Jan 18	4-5pm	F	\$75	
RP6081.211	Fulton ES	Jan 23	4-5pm	W	\$75	

Super Hoops Basketball

Girls and boys, hoops anyone? Coaches help advance your basic skills and fundamentals through a variety of drills, exercises, games and scrimmages. Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Basketball knowledge and playing experience is preferred. Fee includes t-shirt. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov. Q 10 yrs Classos 6

<u>0-10 yl3 </u>						
RP6085.201	Hammond HS	Feb 3	1:30-3pm	Su	\$85	
11-13 yrs C	asses: 6					
RP6085.202	Hammond HS	Feb 3	3:15-4:45pm	Su	\$85	

Meadowbrook School's Out Basketball

School is out and Meadowbrook is open for action! This program has all the excitement of an entire season packed into one fun-filled day. Players, improve skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

9-14 yrs Cla	isses: 1				
RP7020.201	Meadowbrook Ath Comp	Jan 21	8am-5pm	M	\$64
RP7020.202	Meadowbrook Ath Comp	Feb 5	8am-5pm	Tu	\$64
RP7020.203	Meadowbrook Ath Comp	Feb 18	8am-5pm	М	\$64



Boys and girls in the Youth Basketball League enjoy both practice and play.

Youth Leagues

Youth Basketball League (YBL)

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches are needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools. Info: www.howardcountymd.gov/basketball.

Winter Season (5-8 yrs): The season consists of a weekly, evening practice and eight league games starting **January 5**. One-hour games are scheduled on Saturdays between 8am-1pm. Players receive a medal and a jersey. League Director contacts participants regarding practice days/times by Friday, December 28. Registration deadline: December 23. Special requests are not accepted. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5600.201	5-6 yrs	\$95	RP5600.211 (Head Coach's Child)	\$30
RP5600.202	6-7 yrs	\$95	RP5600.212 (Head Coach's Child)	\$30
RP5600.203	7-8 yrs	\$95	RP5600.213 (Head Coach's Child)	\$30

Winter Season (9-14 yrs): The season consists of one weekly evening practice in addition to six league games, and ending with a single-elimination tournament. Practices start on **December 15**. One-hour, full court, officiated games are held on Saturdays. Specific details on practice and game times/locations are communicated after the preseason skills assessment on December 3-8. Registration deadline: November 30. No special requests accepted. Teams from established organizations may be eligible to participate in the Alliance Division of the YBL. Info/volunteer to coach:

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RP6184.201	9-10 yrs	Boys	\$149	RP6184.203 (Head Coach's Child)	\$49
RP6184.231	9-11 yrs	Girls	\$149	RP6184.233 (Head Coach's Child)	\$49
RP6184.211	11-12 yrs	Boys	\$149	RP6184.213 (Head Coach's Child)	\$49
RP6184.232	12-14 yrs	Girls	\$149	RP6184.233 (Head Coach's Child)	\$49
RP6184.221	13-14 yrs	Boys	\$149	RP6184.223 (Head Coach's Child)	\$49

Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Spring Season (9-14 yrs): The spring season consists of one weekly evening practice beginning the week of March 25 in addition to six league games, and ending with a single-elimination tournament. One-hour, full

court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on March 12, 13, or 14. Deadline to register: March 7. Info/volunteer to coach: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

9-10 yrs Various Locations							
RP6184.301	Co-ed	\$130		RP6184.303 (Head Coach's Child)	\$65		
RP6184.302	Girls	\$130		RP6184.303 (Head Coach's Child)	\$65		
11-12 yrs V	arious Lo	<u>cations</u>					
RP6184.311	Co-ed	\$130		RP6184.313 (Head Coach's Child)	\$65		
RP6184.312	Girls	\$130		RP6184.313 (Head Coach's Child)	\$65		
13-14 yrs V	arious Lo	<u>cations</u>					
RP6184.321	Co-ed	\$130		RP6184.323 (Head Coach's Child)	\$65		
RP6184.322	Girls	\$130		RP6184.323 (Head Coach's Child)	\$65		

Winter & Spring High School Basketball League (Boys & Girls)

Players register as an individual and the league staff form teams and assign coaches. The league consists of six regular season games played on Saturdays. The Winter season ends with a single elimination tournament. Specific details on team assignments and game times are communicated after the preseason skills assessment. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Winter League: For individual registrants, the pre-season skills assessment is on 1/5. Registration deadline is 1/3. This winter league includes 6 games and play-offs.

Grades 9-12	Boys Individual	Games	tart J	an 12
RP6403.201	Meadowbrook A	th Comp	Sa	\$95
Grades 9-12	Girls Individual	Games s	tart J	an 12
RP6403.202	Meadowbrook A	th Comp	Sa	\$95

Spring League: For individual registrants, the pre-season skills assessment is on April 13. Deadline to register is April 11. If there are not enough teams for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic each week with one hour of practice and another hour of scrimmages. No games Memorial Day weekend (May 25).

Grades 9-12	Boys Individual	Game	s start	Apr 27
RP6403.301	Roger Carter Con	nm Ctr	Sa	\$85
Grades 9-12	Girls Individual	Games	start	Apr 27
RP6403 302	Roger Carter Con	nm (tr	Sa	\$85

Adult

Winter Classic 3 on 3 Basketball Tournament

This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday, December 8. Teams provide uniforms. Fee includes three-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

18 yrs +

RP5605.201 Roger Carter Comm Ctr Dec 8 9am-4pm Sa \$105

Drop-In Co-Rec Basketball

Join other athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the "Get Active Package" (Page 9) if you are interested in playing more than once per week. Some gyms may be cancelled by the third meeting due to insufficient registration or attendance. (No class 1/21, 2/18.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u> 18 yrs +</u>					
RP6900.201	Rockburn ES	Jan 7	8-10pm	M	\$44
RP6900.202	Meadowbrook Ath Comp	Jan 9	9-11pm	W	\$44
<u> 30 yrs +</u>					
RP6900.211	Bonnie Branch MS	Jan 7	8-10pm	M	\$44
RP6900.212	Bonnie Branch MS	Jan 10	8-10pm	Th	\$44
RP6900.213	Lime Kiln MS	Jan 8	8-10pm	Tu	\$44
RP6900.214	Lime Kiln MS	Jan 10	8-10pm	Th	\$44
<u> 30 yrs +</u>					
RP6900.227	Lake Elkhorn MS	Jan 6	6-8pm	Su	\$59
			8-10pm	Tu,Th	\$59

Winter & Spring League Basketball flickr

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in post-season playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Ath Comp, North Laurel Community Center and Roger Carter Community Center.

Register by December 14 for Winter Adult League Basketball.
Register by March 29 for Spring Adult Basketball League. Info:
Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

18 yrs + Winter	Women's	Weeks: 8					
RP5080.205 Count	y Facilities	Jan 10	8-11pm	Th	\$645		
18 yrs + Winter	Men's We	eks: 8					
RP5080.201 Count	y Facilities	Jan 8	7-11pm	Tu	\$645		
RP5080.203 Count	y Facilities	Jan 9	8-11pm	W	\$645		
RP5080.204 Count	y Facilities	Jan 10	8-11pm	Th	\$645		
30 yrs + Winter	Men's We	eks: 8					
RP5080.202 Count	y Facilities	Jan 8	7-11pm	Tu	\$645		
18 yrs + Spring Men's Weeks: 6							
<u> 18 yrs + Spring</u>	Men's We	<u>:eks: 6</u>					
RP5080.301 Count			7-11pm	Tu	\$500		
	y Facilities	Apr 16	7-11pm 8-11pm	Tu W	\$500 \$500		
RP5080.301 Count RP5080.303 Count	y Facilities	Apr 16 Apr 17					
RP5080.301 Count RP5080.303 Count	ry Facilities ry Facilities ry Facilities	Apr 16 Apr 17 Apr 18	8-11pm	W	\$500		
RP5080.301 Count RP5080.303 Count RP5080.304 Count	ry Facilities ry Facilities ry Facilities Men's We	Apr 16 Apr 17 Apr 18	8-11pm	W Th	\$500		
RP5080.301 Count RP5080.303 Count RP5080.304 Count 30 yrs + Spring	ry Facilities ry Facilities ry Facilities Men's We ry Facilities	Apr 16 Apr 17 Apr 18 eeks: 6 Apr 16	8-11pm 8-11pm	W Th	\$500 \$500		

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.



Step up to the pitch as part of the Adult Cricket League.

Cricket

• League Refund Policy Page 70

Adult Cricket League-2019 Spring Season

Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Balanced divisions are formed to compete in a regular season followed by a single-elimination tournament to determine the league champion. Register early, the league fills! Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

<u>18 yrs +</u>

RP5975.301 Schooley Mill Pk Mar 30 8am-8pm Su or Sa \$430

Dodgeball

After-School Dodgeball

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 1/21, 1/28, 2/5, 2/14, 2/15, 2/18.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

, -	, ,				
7-10 yrs Clas	sses: 8				
RP6200.201	Cradlerock ES	Jan 14	2:50-3:50pm	M	\$67
RP6200.202	Thunder Hill ES	Jan 14	4-5pm	M	\$67
7-10 yrs Clas	sses: 9				
RP6200.203	Fulton ES	Jan 15	4-5pm	Tu	\$75
RP6200.204	Elkridge ES	Jan 15	4-5pm	Tu	\$75
RP6200.205	Northfield ES	Jan 23	3:15-4:15pm	W	\$75
RP6200.207	Waverly ES	Jan 17	3:50-4:50pm	Th	\$75
RP6200.208	Bushy Pk ES	Jan 17	3:55-4:55pm	Th	\$75
RP6200.209	Triadelphia Ridge ES	Jan 18	3:30-4:30pm	F	\$75
RP6200.210	Hollifield Station ES	Jan 18	3:20-4:20pm	F	\$75



Flag Football programs offer safe football fun for boys and girls.

Fencing

Intro to Fencing (Youth & Adult)

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning fast Olympic sport of fencing? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport, based upon the serious swordplay of the past. Instructors use both traditional drilling techniques and games to help students learn basic footwork, blade work and bouting skills. Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

8-12 yrs Youth Classes: 8

RP8840.201 Balt Fencing Ctr Columbia	Jan 10	6-7pm	Th	\$110	
13 yrs + Adult Classes: 8					
RP8840 211 Ralt Fencing Ctr Columbia	lan 7	7-8nm	M	\$110	

Field Hockey

Middle School Indoor Field Hockey Clinic

Do you love the game of field hockey? Indoor field hockey is a variant of outdoor field hockey. The small court and sideboards make indoor field hockey a quick and technical game. This clinic provides the basic fundamentals of indoor play. Develop vision on and off the ball, improve hand-eye coordination, ball handling and stick skills and gain a better understanding of tactics and set plays. Scrimmages are incorporated. Instructors are varsity field hockey coaches and players. Participants, bring an indoor field hockey stick, shin guards and mouth guard. Wear sneakers and bring water in a reusable water bottle. Indoor field hockey gloves are highly recommended for protection. Fee includes t-shirt, supplies and administration. (No class 2/17.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov. 10-14 yrs Classes: 6

RP5260.201 Meadowbrook Ath Comp Jan 13 1-2:30pm Su \$89 RP5260.202 Meadowbrook Ath Comp Jan 13 2:30-4pm Su \$89

Spring Instructional Field Hockey

Varsity coaches from local high schools instruct in a format that blends short-sided game playing with teaching the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes t-shirt, supplies and administration. Participants are to bring an outdoor field hockey stick, field hockey certified goggles, shin guards and mouth guard. (No class 4/18.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

6-10 yrs Classes: 6

RP5266.301 Cedar Lane Pk-West Apr 11 5:30-7pm Th \$89 10½-15 yrs Classes: 6

RP5260.301 Cedar Lane Pk-West Apr 11 5:30-7pm Th \$89

Flag Football

Flag Football Winter on the Turf

Boys and girls, play games on the turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 5-on-5 and non-contact. Practice and/or game are up to one hour, once a week, beginning week of December 8, 2018. The first-three weeks are practice, followed by 7 weeks of games only. You will be notified of your first practice time, at least one week before play. Games begin in January. (No practices 12/22.) Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes, indoor facility, t-shirt and medal. Register by Dec 15 or until section fills. Age determination date is December 1, 2018. Refund policy: 20% administrative fee is deducted for all refund requests prior to December 1; a 50% refund if withdrawal requested by December 14; no refunds after December 14.

 $In fo: Sandra\ Lambert, 410-313-4715\ or\ slambert @howard countymd.gov.$

Volleyball House Dec 15 Sa Practices: 11 RP6305.201 5-6 yrs 8:30-10:15am \$135 RP6305.202 (Head Coach's Child) 5-6 yrs 8:30-10:15am \$99 RP6305.211 7-10 yrs 10:15am-1pm \$135 RP6305.212 (Head Coach's Child) 7-10 yrs 10:15am-1pm \$99 RP6305.221 10-13 vrs 1-4:30pm \$135 1-4:30pm RP6305.222 (Head Coach's Child) 10-13 yrs \$99 RP6305.231 13-16 yrs 4:30-6:30pm \$135 RP6305.232 (Head Coach's Child) 13-16 yrs 4:30-6:30pm \$99

Sunday Flag Football on the Turf

Boys and girls, learn and play games on Sundays at the turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 5-on-5 and non-contact. Practice and/or game are up to one hour, once a week, beginning December 10, between 12:30-5:30 PM. You will be notified of your first practice time, at least two weeks before play. The first three weeks are clinic/practice. Games begin in January. (No practices 12/23-30.) Age appropriate teams are formed by the department. Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Limited spots! Fee includes t-shirt and medal. Registration accepted until Dec 15 or until filled. Age determination date is December 1, 2018. Refund policy: 20% administrative fee is deducted for all refund requests prior to December 1; a 50% refund if withdrawal requested by December 14; no refunds after December 14. Info:

Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

Volleyball House Dec 9 12:30-5:30pm Su \$135 Classes: 10

RP6305.241 7-9 yrs | RP6305.242 (Head Coach's Child) \$9

RP6305.241 7-9 yrs RP6305.242 (Head Coach's Child) \$99 RP6305.243 10-13 yrs RP6305.244 (Head Coach's Child) \$99



Junior gymnasts develop coordination at Preschool Gymnastics.

Football

Men's Run & Shoot Football League

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a eight-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. (No session 4/21.) Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

 18 yrs +
 6 games
 Register by Dec 12

 RP5300.201
 Rockburn Branch Pk
 Jan 6
 9am-2pm
 Su
 \$230

 18 yrs +
 8 games
 Register by Feb 12

 RP5300.301
 Rockburn Branch Pk
 Mar 17
 8am-2pm
 Su
 \$300

Spring Co-Rec Football League

Enjoy this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. and provide their own uniforms and football. Schedule includes six games plus playoffs. Fee includes six-game schedule, playoffs, awards, field rental and administration. Rules: www.howardcountymd.gov/football. (\$34 referee fee; \$68 forfeit fee.) Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

<u>18 yrs + 8 games Register by 3/12</u> RP5301.301 Blandair Pk Mar 19 6:30-10pm Tu \$300

Golf

Junior Golf Spring Break

Learn the fundamentals of how to play the game, including the swing, basic rules and etiquette. Play on the course the last day. No equipment or experience necessary. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

7-14 yrs Classes: 3
RP7324 301 Timbers at Tro

RP7324.301 Timbers at Troy Apr 15 8:30-11am M-W \$95

Gymnastics

Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>1½-3½ yrs</u>	Classes: 6				
RP6351.201	Columbia Gymnastics	Jan 10	10-10:45am	Th	\$105
RP6351.202	Columbia Gymnastics	Jan 11	10-10:45am	F	\$105
RP6351.203	Columbia Gymnastics	Feb 28	10-10:45am	Th	\$105
RP6351.204	Columbia Gymnastics	Mar 1	10-10:45am	F	\$105

Preschool Gymnastics

In this introduction to gymnastics, boys and girls develop strength coordination and loco-motor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

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3-5 yrs Clas	<u>ses: 6</u>				
RP6352.201	Columbia Gymnastics	Jan 7	5-5:45pm	M	\$105
RP6352.202	Columbia Gymnastics	Jan 8	1-1:45pm	Tu	\$105
RP6352.203	Columbia Gymnastics	Jan 8	1:45-2:30pm	Tu	\$105
RP6352.204	Columbia Gymnastics	Jan 8	2:30-3:15pm	Tu	\$105
RP6352.205	Columbia Gymnastics	Jan 8	4:30-5:15pm	Tu	\$105
RP6352.206	Columbia Gymnastics	Jan 9	9:15-10am	W	\$105
RP6352.207	Columbia Gymnastics	Jan 9	1-1:45pm	W	\$105
RP6352.208	Columbia Gymnastics	Jan 9	1:45-2:30pm	W	\$105
RP6352.209	Columbia Gymnastics	Jan 9	2:30-3:15pm	W	\$105
RP6352.210	Columbia Gymnastics	Jan 9	4:30-5:15pm	W	\$105
RP6352.211	Columbia Gymnastics	Jan 10	9:15-10am	Th	\$105
RP6352.212	Columbia Gymnastics	Jan 10	10:45-11:30am	Th	\$105
RP6352.213	Columbia Gymnastics	Jan 10	1:15-2pm	Th	\$105
RP6352.233	Columbia Gymnastics	Jan 10	2-2:45pm	Th	\$105
RP6352.234	Columbia Gymnastics	Jan 10	2:45-3:30pm	Th	\$105
RP6352.214	Columbia Gymnastics	Jan 11	9:15-10am	F	\$105
RP6352.215	Columbia Gymnastics	Jan 11	10:45-11:30am	F	\$105
RP6352.216	Columbia Gymnastics	Jan 12	Noon-12:45pm	Sa	\$105



Jumpers learn beginner and advanced skills at Kangaroo Kids.

RP6352.217	Columbia Gymnastics	Feb 25	5-5:45pm	М	\$105
RP6352.218	Columbia Gymnastics	Feb 26	1-1:45pm	Tu	\$105
RP6352.219	Columbia Gymnastics	Feb 26	1:45-2:30pm	Tu	\$105
RP6352.220	Columbia Gymnastics	Feb 26	2:30-3:15pm	Tu	\$105
RP6352.221	Columbia Gymnastics	Feb 26	4:30-5:15pm	Tu	\$105
RP6352.222	Columbia Gymnastics	Feb 27	9:15-10am	W	\$105
RP6352.223	Columbia Gymnastics	Feb 27	1-1:45pm	W	\$105
RP6352.224	Columbia Gymnastics	Feb 27	1:45-2:30pm	W	\$105
RP6352.225	Columbia Gymnastics	Feb 27	2:30-3:15pm	W	\$105
RP6352.226	Columbia Gymnastics	Feb 27	4:30-5:15pm	W	\$105
RP6352.227	Columbia Gymnastics	Feb 28	9:15-10am	Th	\$105
RP6352.228	Columbia Gymnastics	Feb 28	10:45-11:30am	Th	\$105
RP6352.229	Columbia Gymnastics	Feb 28	1:15-2pm	Th	\$105
RP6352.235	Columbia Gymnastics	Feb 28	2-2:45pm	Th	\$105
RP6352.236	Columbia Gymnastics	Feb 28	2:45-3:30pm	Th	\$105
RP6352.230	Columbia Gymnastics	Mar 1	9:15-10am	F	\$105
RP6352.231	Columbia Gymnastics	Mar 1	10:45-11:30am	F	\$105
RP6352.232	Columbia Gymnastics	Mar 2	Noon-12:45pm	Sa	\$105

Beginning Gymnastics

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Develop your confidence, fitness, strength and flexibility in a fun, supportive environment. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

6-12 yrs Bo	ys Classes: 6				
RP6353.201	Columbia Gymnastics	Jan 10	6:30-7:30pm	Th	\$111
RP6353.202	Columbia Gymnastics	Feb 28	6:30-7:30pm	Th	\$111
6-12 yrs Gi	rls Classes: 6				
RP6353.211	Columbia Gymnastics	Jan 8	4:30-5:30pm	Tu	\$111
RP6353.212	Columbia Gymnastics	Jan 10	6:30-7:30pm	Th	\$111
RP6353.213	Columbia Gymnastics	Jan 11	6:30-7:30pm	F	\$111
RP6353.214	Columbia Gymnastics	Jan 12	10-11am	Sa	\$111
RP6353.215	Columbia Gymnastics	Jan 12	11:45am-12:45pm	Sa	\$111
RP6353.216	Columbia Gymnastics	Feb 26	4:30-5:30pm	Tu	\$111
RP6353.217	Columbia Gymnastics	Feb 28	6:30-7:30pm	Th	\$111
RP6353.218	Columbia Gymnastics	Mar 1	6:30-7:30pm	F	\$111
RP6353.219	Columbia Gymnastics	Mar 2	10-11am	Sa	\$111
RP6353.220	Columbia Gymnastics	Mar 2	11:45am-12:45pm	Sa	\$111

Jump Rope

Intermediate Jumpers with Kangaroo Kids

Jumpers build on basic single and long rope skills and are introduced to precision group routines. Prerequisite: Minimum two sessions of Junior Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

RP6363.201	Meadowbrook Ath Comp	Jan 8	4:25-5:25pm	Tu	\$175
RP6363.202	Meadowbrook Ath Comp	Jan 8	5:30-6:30pm	Tu	\$175
RP6363.203	Meadowbrook Ath Comp	Jan 9	4:25-5:25pm	W	\$175

Junior Jumpers with Kangaroo Kids

This beginning jump rope class is all about fun and fitness. Jumpers learn basic single rope, Double Dutch and long rope skills. Jump rope fee: \$9 for first-time participants due at first class. Returning jumpers should bring their beaded jump ropes. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>6-14 yrs Classes: 12</u>							
RP6361.201	Meadowbrook Ath Comp	Jan 8	4:25-5:25pm	Tu	\$175		
RP6361.202	Meadowbrook Ath Comp	Jan 8	5:30-6:30pm	Tu	\$175		
RP6361.203	Meadowbrook Ath Comp	Jan 9	4:25-5:25pm	W	\$175		
RP6361.204	Meadowbrook Ath Comp	Jan 9	5:30-6:30pm	W	\$175		

Preparation to Perform with Kangaroo Kids

Jumpers with a desire to perform at public events build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Returning jump ropers should bring their beaded jump ropes. Prerequisite: Minimum two sessions of Intermediate Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

8-16 yrs Cla	asses: 12				
RP6364.201	Meadowbrook Ath Comp	Jan 8	4:25-5:25pm	Tu	\$175
RP6364.202	Meadowbrook Ath Comp	Jan 9	5:30-6:30pm	W	\$175

Jump Rope Fit for Adults

Jump into fitness! Increase cardiorespiratory endurance, balance, coordination, and agility! Class is great cross training for basketball, soccer, volleyball and other activities. Jump rope fee is \$9 and can be purchased at first class. Info: Will Dummore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>16 yrs + Classes: 12</u>

RP6369.101 Meadowbrook Ath Comp Jan 8 5:30-6:30pm Tu \$176

Kickball

Spring Co-Rec Kickball League

Here's your chance to leave the office and return to the playground! Anyone can play, no particular skill-set required besides enthusiasm and teamwork. Games are played as doubleheaders. Every team is eligible for a postseason tournament. League fee includes umpires, balls, awards, league administration and field use. Games are played at county parks. For league rules/info, visit www.howardcountymd.gov/kickball. Registrations on a first-come, first served basis; don't be left out of the fun! Info: Patrick McGinnis, 410-313-4716, or pmcqinnis@howardcountymd.gov.

<u> 18 yrs + Co</u>	<u>-rec</u>			
RP5830.301	Apr 17	6-10pm	W	\$540
RP5830.302	Apr 21	4-8pm	Su	\$540

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.



Shooting Stars gives girls the lacrosse skills they need to succeed.



Learn important fundamentals with Mighty LAXers Lacrosse.

Lacrosse

Howard County Lacrosse Program

HC Lax is the spring recreational lacrosse league opportunity for players of all skill levels. Objectives are to teach the game of lacrosse, develop physical fitness, foster teamwork, and encourage and reinforce good sportsmanship. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

5-6 yrs Girls Clinic	Cedar Lane Pk-West \$145
RP5508.301 8:30-9:30	am Apr 6
6-14 yrs Girls Mar 4	Various Howard Cty Pks \$199
RP5508.302 U8	RP5508.304 U12
RP5508.303 U10	RP5508.305 U15
5-6 yrs Boys Clinic	Cedar Lane Pk-West \$145
RP5508.306 8:30-9:30	am Apr 6
6-13 yrs Boys Mar 4	Various Howard Cty Pks \$199
RP5508.307 U8	RP5508.309 U12
RP5508.308 U10	RP5508.310 U14

Mighty LAXers Lacrosse

Calling all Mighty LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>3-4 yrs Classes. 0</u>						
RP6972.201	N Laurel Comm Ctr	Feb 4	1:30-2:15pm	М	\$75	
RP6972.202	Meadowbrook Ath Comp	Jan 29	12:30-1:15pm	Tu	\$75	
RP6972.203	Phelps Luck ES	Jan 29	5-5:45pm	Tu	\$75	
RP6972.204	Meadowbrook Ath Comp	Jan 30	10:30-11:15am	W	\$75	
RP6972.205	Meadowbrook Ath Comp	Jan 31	12:30-1:15pm	Th	\$75	
RP6972.206	N Laurel Comm Ctr	Jan 31	1:30-2:15pm	Th	\$75	
RP6972.207	Dayton Oaks ES	Feb 2	9:30-10:15am	Sa	\$75	

Please bring a reusable water bottle.

Lacrosse Introduction

This program is for first-time players or those wanting to improve skills and lacrosse fundamentals. Enhance your stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eye wear for girls (mandated by U.S. Lacrosse). (No class 2/17.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowb	rook Ath Comp	Jan 13	Su	\$85	Classes: 6			
5-6 yrs	9-10am		RP6	505.201	Boys	RP6506.201	Gir	ls
7-8 yrs	10:15-11:15am		RP6	505.202	Boys	RP6506.202	Gir	ls
9-10 yrs	11:30am-12:30p	om	RP6	505.203	Boys	RP6506.203	Gir	ls

Lacrosse Winter Tune-Up

Get ready for the spring season! Improve stick work, shooting, ground ball skills, and conditioning. Have fun while working on all aspects of your game. Players must provide equipment. (No class 2/17.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

<u>Meadowbrook</u>	<u>c Ath Comp</u>	Classe	<u>s: 6</u>			
RP6503.201	7-10 yrs	Boys	Jan 13	9-10am	Su	\$85
RP6503.202	11-14 yrs	Boys	Jan 13	9-10am	Su	\$85
RP6504.201	10-13 yrs	Girls	Jan 13	10-11am	Su	\$85
RP6504 202	14-18 vrs	Girls	lan 13	10-11am	Su	\$85

Shooting Stars Girls Instructional Indoor Lacrosse

This lacrosse program, coached by All-American player Erin Schade, is designed for players who want to improve their skills and further their knowledge of the game of lacrosse. The first half of each session will be a clinic and focus on skill development. The second half of each session will be games and game like situations. Anyone from beginners to advanced players can fit in as clinic time will be separated for players based on experience. Info: Ricky DuBois, 410-313-4736.

5-7 yrs Clas	sses: <u>6</u>				
RP5506.201	Gary J Arthur Comm Ctr	Jan 3	5:30-6:30pm	Th	\$170
7-10 yrs Cla	asses: 6				
RP5506.202	Gary J Arthur Comm Ctr	Jan 3	6:35-7:35pm	Th	\$170
11-16 yrs					
RP5506.203	Gary J Arthur Comm Ctr	Jan 3	7:40-8:40pm	Th	\$170



The black belt instructors of D&S Karate teach mini martial artists karate and jujitsu in a fun, safe environment.

Martial Arts

Youth

TKA Karate

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 1/21, 2/5, 2/14.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

	٠	Cl	10
5-	12 vrs	Classes	10

<u> </u>	3353. 10					
RP8730.201	Gary J Arthur Comm Ctr	Jan 7	6:30-7:30pm	М	\$63	
RP8730.202	Oakland Mills MS	Jan 7	7-8pm	М	\$63	
RP8730.210	Gorman Crossing ES	Jan 10	7-8pm	Th	\$63	
RP8730.211	Manor Woods ES	Jan 10	7-8pm	Th	\$63	
RP8730.212	Pointers Run ES	Jan 10	7-8pm	Th	\$63	
5-12 yrs Cla	sses: 11					
RP8730.203	Worthington ES	Jan 8	6-7pm	Tu	\$69	
RP8730.205	Longfellow ES	Jan 8	7-8pm	Tu	\$69	
RP8730.213	Worthington ES	Jan 8	7-8pm	Tu	\$69	
RP8730.206	Fulton ES	Jan 9	6-7pm	W	\$69	
RP8730.207	Northfield ES	Jan 9	7-8pm	W	\$69	
RP8730.209	Ilchester ES	Jan 9	7-8pm	W	\$69	
RP8730.216	Fulton ES	Jan 9	7-8pm	W	\$69	

D & S Karate

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 1/21, 2/14.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-13 vrs Classes: 12

/					
RP8710.201	N Laurel Comm Ctr	Jan 7	7-8pm	M	\$72
RP8710.203	Centennial Lane ES	Jan 10	7-8pm	Th	\$72
6-13 yrs Classes: 13					
RP8710.202	Hammond ES	Jan 9	7-8pm	W	\$78

Kuk Sool Won with Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well-organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

N Laurel Comm Ctr

<u>6 yrs + N Laurel Comm Ctr Classes: 26</u>						
RP8760.201	Beginner	Jan 8	6:30-7:30pm	Tu,Th	\$85	
RP8760.202	Advanced	Jan 8	7:30-8:30pm	Tu,Th	\$85	
6 yrs + N Laurel Comm Ctr Classes: 13						
RP8760.203	All Levels	Jan 12	9-11am	Sa	\$86	

Adult (13 Years +)

Self Defense for Active Adults Page 68

Shotokan Karate

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and take-downs. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

13 yrs + Classes: 13

RP8791.201	Roger Carter Comm Ctr	Jan 10	7-8pm	Th	\$95
RP8791.202	Roger Carter Comm Ctr	Jan 10	8:05-9:05pm	Th	\$95
RP8791.203	Roger Carter Comm Ctr	Jan 12	10-11am	Sa	\$95
DD0701 204	Pagar Cartar Comm Ctr	lan 12	11:05am 12:05nm	Ca	ĊOE

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.



TKA Karate lets students learn self-defense in a relaxed setting.

Aikido with Ki by Russ Dauber

Martial Arts and Ki training, taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. We develop the benefits of keeping one point and extending ki. We emphasize safety, knowledge and enjoyment. (No class 2/5, 2/14.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov. 18 yrs + Classes: 24

RP8880.201 Ellicott Mills MS Jan 8 7-9pm Tu,Th \$69

Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs + Instructor: Tim Kwei Classes: 13						
RP8850.201	Beginner	Dunloggin MS	Jan 9	7-8pm	W	\$101
RP8850.202	Advanced	Dunloggin MS	Jan 9	8:05-9:05pm	W	\$101
<u> 18 yrs + In</u> :	structor: Scot	t Vandame Cla	sses: 12			
RP8850.203	Beginner	Murray Hill MS	Jan 10	7-8pm	Th	\$93
RP8850.204	Advanced	Murray Hill MS	Jan 10	7-8pm	Th	\$93

TKA Karate

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. (No class 1/21, 2/5, 2/14.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u> 13 yrs + Cla</u>	<u>isses: 10</u>					
RP8731.201	Gary J Arthur Comm Ctr	Jan 7	7:30-9pm	М	\$68	
RP8731.202	Oakland Mills MS	Jan 7	8-9:30pm	M	\$68	
RP8731.209	Gorman Crossing ES	Jan 10	8-9:30pm	Th	\$68	
RP8731.210	Manor Woods ES	Jan 10	8-9:30pm	Th	\$68	
RP8731.211	Pointers Run ES	Jan 10	8-9:30pm	Th	\$68	
<u>13 yrs + Cla</u>	nsses: 11					
RP8731.203	Worthington ES	Jan 8	8-9:30pm	Tu	\$74	
RP8731.205	Longfellow ES	Jan 8	8-9:30pm	Tu	\$74	
RP8731.206	Fulton ES	Jan 9	8-9:30pm	W	\$74	
RP8731.207	Northfield ES	Jan 9	8-9:30pm	W	\$74	
RP8731.208	llchester ES	Jan 9	8-9:30pm	W	\$74	



Your child discovers tee ball, soccer and more at Little Big Shots.

Multi-Sport

MAC Pre-K Drop-In Play

This fall and winter, drop-in play days are full of fun and exciting activities in a safe and non-competitive environment. The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, hulahoops, big wheel trikes, scooters, and much more! Daily fee is collected at the MAC. Parent involvement required. Info: Greg Meyd,

410-313-1162 or gmeyd@howardcountymd.gov.

2-5 yrs \$4 per parent/child per day; \$2 additional child per day Meadowbrook Ath Comp Continues through Apr 10 9:30am-noon M,W,F

JumpBunch Kids

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children, enjoy using and exploring child-friendly equipment provided by JumpBunch each week while being introduced to each of these fun sports. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

2-3 yrs Classes: 6 RP6313.201 St. John's Lane ES Jan 26 10-10:45am 3-5 vrs Classes: 6 RP6313.202 St. John's Lane ES Jan 26 11-11:45am Sa \$75

Learn-N-Play Sports

Play a variety of age-appropriate sports that help develop your child's large motor and socialization skills in a fun atmosphere! Each week, focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6970.201	N Laurel Comm Ctr	Feb 4	12:30-1:15pm	М	\$75
RP6970.202	N Laurel Comm Ctr	Jan 29	10:30-11:15am	Tu	\$75
RP6970.203	Meadowbrook Ath Comp	Jan 30	1:30-2:15pm	W	\$75
RP6970.204	Meadowbrook Ath Comp	Feb 1	10:30-11:15am	F	\$75

3-4 vrs Classes: 6



Ultimate Sports & Games Spring Break offers a full week of sports and games that build character and boost self-esteem.

Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

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3-4 yrs Cla	<u>sses: 6</u>				
RP6314.201	Guilford ES	Feb 4	5-5:45pm	М	\$75
RP6314.202	N Laurel Comm Ctr	Jan 29	9:30-10:15am	Tu	\$75
RP6314.203	N Laurel Comm Ctr	Jan 29	6-6:45pm	Tu	\$75
RP6314.204	Atholton ES	Jan 30	6-6:45pm	W	\$75
RP6314.205	Meadowbrook Ath Comp	Jan 31	1:30-2:15pm	Th	\$75
RP6314.206	Meadowbrook Ath Comp	Feb 1	9:30-10:15am	F	\$75
RP6314.207	Ducketts Lane ES	Feb 2	9:30-10:15am	Sa	\$75
RP6314.208	Gorman Crossing ES	Feb 2	2:30-3:15pm	Sa	\$75

Planet Recreation Spring Break Program

Need fun, exciting, and safe full-day child care for Spring Break? This Program is being offered at two of our finest recreational facilities. Participate in a variety of activities, including sports, fitness, arts and crafts, nature, and much more. Activities take place both indoors and outdoors. Pool and swimming activities are also included in the schedule! The focus is on having fun, staying fit, building character and boosting self esteem. Schedule is subject to change; held rain or shine. Participants must currently be in grades K-5 in Spring 2019. An extended option is available (RP7005.). Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Grades	K-5	Classes: 5

RP7006.301	Roger Carter Comm Ctr	Apr 15	8am-3pm	M-F	\$189
DD7006 302	M Laural Comm Ctr	Apr 15	Ram 2nm	ME	¢190

Planet Recreation Extended Spring Break

Extend your child's day Planet Recreation. After-care includes a variety of sports, games and other group activities. Partcipants also must be enrolled in the Planet Recreation Spring Break Program (RP7006). Program runs rain or shine. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

RP7005.301	Roger Carter Comm Ctr	Apr 15	3-6pm	M-F	\$89
RP7005.302	N Laurel Comm Ctr	Apr 15	3-6pm	M-F	\$89

Ultimate Sports & Games Spring Break

Spend your spring break with us. Your child develops skills in basketball, flag football, kickball, lacrosse, baseball, soccer, and much more in this coed program. Have fun, stay fit, build character and boost self-esteem. Activities take place both indoors and outdoors. Participants will bus to the Roger Carter Community Center for a day of swimming activities! The program runs rain or shine. Bring a non-perishable lunch (no nut products) and a water bottle. An extended option is available (RP7004). Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

8-13 yrs Classes: 5

RP7001.301	Meadowbrook Ath Comp	Apr 15	8am-3pm	M-F	\$175
RP7001.302	N Laurel Comm Ctr	Apr 15	8am-3pm	M-F	\$175

Ultimate Sports & Games Extended Spring Break

Extend your child's day. After- care includes a variety of sports, games and other group activities. Participants also must be enrolled in an Ultimate Sports & Games Spring Break (RP7001).

Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

		, , -	,	_	
RP7004.301	Meadowbrook Ath C	comp Apr 15	3-6pm	M-F	\$89
RP7004 302	N Laurel Comm Ctr	Apr 15	3-6nm	M-F	\$89

School's Out Junior Sports Program

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 1

RP7008.201	Roger Carter Comm Ctr	Feb 5	8:30am-12:30pm	Tu	\$40
RP7008.202	Roger Carter Comm Ctr	Feb 18	8:30am-12:30pm	М	\$40

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.



How high can you climb? Find out at NinjaBE.

Winter Mix School's Out Program

One, two, three, or four days of fun! Participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games, and special surprises. Follow an exciting daily rotation designed to allow your child to select activities of their choice to build their own program. Rotate in ageand skill-appropriate groups. The focus is on having fun, staying fit, building character, and boosting self-esteem. Bring a non-perishable lunch (no nut products) and a refillable water bottle. Register for one, two, three, or four days. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. 5-13 yrs Classes: 1

RP6404.201	Meadowbrook Ath Comp	Dec 26	8am-5:30pm	W	\$65			
RP6404.202	Meadowbrook Ath Comp	Dec 27	8am-5:30pm	Th	\$65			
RP6404.203	14.203 Meadowbrook Ath Comp		8am-5:30pm	F	\$65			
RP6404.204	Meadowbrook Ath Comp	Dec 31	8am-5:30pm	M	\$65			
<u>5-13 yrs Classes: 4</u>								
RP6404.205	Meadowbrook Ath Comp	Dec 26	8am-5:30pm	Tu-F	\$209			

Home School Gym Class

Join in on an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and all other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

<u>Meadowbrool</u>	k Ath Comp	Classes:	12		
RP6405.201	5-10 yrs	Jan 9	11am-noon	W	\$108
RP6405.203	5-10 yrs	Jan 8	1-2pm	Tu	\$108
RP6405.202	11-14 yrs	Jan 9	11am-noon	W	\$108
RP6405.204	11-14 yrs	Jan 8	1-2pm	Tu	\$108

School's Out Sports and Swim

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>8-13 yrs Classes: 1</u>								
RP7007.201	Roger Carter Comm Ctr	Feb 5	8:30am-6pm	Tu	\$70			
RP7007.202	Roger Carter Comm Ctr	Feb 18	8:30am-6pm	M	\$70			



Challenge your body and mind with Tiny Ninja.

Obstacle Sports

- In the 2020 Olympics, obstacle sports will be part of the pentathlon. Those interested in American Ninja Warrior, obstacle sports and fun, alternative exercise, are sure to find something below.
- Participation requires NinjaBE safety socks (\$2.00). You may purchase in advance in facility or on www.ninjabe.com.
- Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.
- New participants must complete waiver: https://ninjabe.com/sign-waiver.

Preschool

Tiny Ninja

Come take a fun approach to fitness. Work on strength, conditioning, flexibility, problem solving, and coordination. Under careful supervision, navigate the Shinobi course, NinjaTrek, Interactive Rock Wall, and the Adrenalator. Trampoline work includes coordination, balance, and jumps. Obstacle course includes the ABC's: Ape, Beast, Crab, along with skipping, shuffling and learning parkour techniques on a mat.

<u>Beginner</u>	3-4 yrs Cl	asses: 6			
RP5170.201	NinjaBE	Jan 9	9-9:45am	W	\$99
RP5170.203	NinjaBE	Jan 12	8-8:45am	Sa	\$99
RP5170.205	NinjaBE	Feb 27	9-9:45am	W	\$99
RP5170.207	NinjaBE	Mar 2	8-8:45am	Sa	\$99
<u>Advanceed</u>	4-5 yrs	Classes: 6			
Advanceed RP5170.202		<u>Classes: 6</u> Jan 9	10-10:45am	W	\$99
	NinjaBE		10-10:45am 9-9:45am	W Sa	\$99 \$99
RP5170.202	NinjaBE NinjaBE	Jan 9		Sa	

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.



Master timed runs and dominate the challenging courses of NinjaBe's Obstacle Racing Training Class.

Youth

• Must be 42 inches or taller and at least 40 pounds to participate in Youth and Adult classes.

Obstacle Racing Training Class with NinjaBE

Learn how to master popular American Ninja Warrior Obstacles. Let our experienced instructors help you train your muscles to glide through challenging, NinjaBE obstacles. Objectively measure your improvement by timed runs through our Ninja Warrior obstacle course. Get fit and have fun at NinjaBE!

6-8 yrs Classes: 6								
RP5172.201	NinjaBE	Jan 9	6-7pm	W	\$125			
RP5172.204	NinjaBE	Feb 27	6-7pm	W	\$125			
RP5172.207	NinjaBE	Jan 12	9-10am	Sa	\$125			
RP5172.208	NinjaBE	Mar 2	9-10am	Sa	\$125			
9-11 yrs Cla	sses: 6							
RP5172.202	NinjaBE	Jan 9	6-7pm	W	\$125			
RP5172.205	NinjaBE	Feb 27	6-7pm	W	\$125			
<u>12-14 yrs</u> Cl	asses: 6							
RP5172.203	NinjaBE	Jan 9	7-8pm	W	\$125			
RP5172.206	NinjaBE	Feb 27	7-8pm	W	\$125			

School's Out with NinjaBE

Looking for something unique & exciting to do when school is out? One day of fun-filled attractions include Ninja Warrior Obstacle Racing, Interactive Bouldering Games, and much more. Don't be an iPhone zombie, get out, get fit, have fun at NinjaBE!

7-14 yrs Cla	asses: 1				
RP5181.201	NinjaBE	Jan 21	9am-4pm	М	\$65
RP5181.202	NinjaBE	Feb 18	9am-4pm	М	\$65
RP5181.301	NinjaBE	Apr 22	9am-4pm	M	\$65

Winter Break Program with NinjaBE

One, two or three days of fun with our obstacle courses and dodgeball. This camp builds your total-body strength and develops your power, will and determination. The last day of camp features a NinjaBe Games competition to crown the camp champion.

6-14 yrs Classes: 3									
RP5182.101	NinjaBE	Dec 26	9am-4pm	W,Th,F	\$195				
6-14 yrs Classes: 1									
RP5182.102	NinjaBE	Dec 26	9am-4pm	W	\$65				
RP5182.103	NinjaBE	Dec 27	9am-4pm	Th	\$65				
RP5182.104	NinjaBE	Dec 28	9am-4pm	F	\$65				

Pickleball

For more info on programs, classes, leagues, and tournaments, visit www.howardcounytmd.gov/pickleball.

Running

Youth Distance Runners

Don't miss out on your opportunity to train this winter! Join Recreation & Parks, Howard County Junior Striders and Bullseye Running for this new indoor training program offering runner specific training and conditioning. Add this program to your already existing running schedule and transform yourself into the complete balanced runner and athlete. Each participant receives a t-shirt. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

7-18 yrs Classes: 8

RP6953.201 Meadowbrook Ath Comp Jan 12 6:30-8pm Sa \$79



Come enjoy indoor Pickleball leagues at the Meadowbrook Athletic Complex.

Soccer

Youth Instructional

U.K. Elite Petite Soccer

This is a mini-taste of the U. K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Participants 3 years and older are required to bring/wear shin guards. U. K. Elite provides soccer equipment. Participants, bring reusable water bottle and wear comfortable athletic clothing. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

2-3 yrs Classes: 6

RP6710.201	Meadowbrook Ath Comp	Jan 8	9:30-10:30am	Tu	\$105
RP6710.204	Meadowbrook Ath Comp	Jan 10	9:30-10:30am	Th	\$105
RP6710.207	Meadowbrook Ath Comp	Feb 19	9:30-10:30am	Tu	\$105
RP6710.210	Meadowbrook Ath Comp	Feb 21	9:30-10:30am	Th	\$105
3-5 yrs Class	<u>ses: 6</u>				
RP6710.202	Meadowbrook Ath Comp	Jan 8	10:30-11:30am	Tu	\$105
RP6710.203	Meadowbrook Ath Comp	Jan 8	1:30-2:30pm	Tu	\$105
RP6710.205	Meadowbrook Ath Comp	Jan 10	10:30-11:30am	Th	\$105
RP6710.206	Meadowbrook Ath Comp	Jan 10	1:30-2:30pm	Th	\$105
RP6710.208	Meadowbrook Ath Comp	Feb 19	10:30-11:30am	Tu	\$105
RP6710.209	Meadowbrook Ath Comp	Feb 19	1:30-2:30pm	Tu	\$105
RP6710.211	Meadowbrook Ath Comp	Feb 21	10:30-11:30am	Th	\$105
RP6710.212	Meadowbrook Ath Comp	Feb 21	1:30-2:30pm	Th	\$105

Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>3-4 ۱</u>	yrs	Classes: 6

RP6705.201	Meadowbrook Ath Comp	Jan 29	1:30-2:15pm	Tu	\$75
RP6705.202	Meadowbrook Ath Comp	Jan 30	9:30-10:15am	W	\$75
RP6705.203	Atholton ES	Jan 30	5-5:45pm	W	\$75
RP6705.204	Meadowbrook Ath Comp	Jan 31	10:30-11:15am	Th	\$75
RP6705.205	Thunder Hill ES	Jan 31	5-5:45pm	Th	\$75
RP6705.206	Ducketts Lane ES	Feb 2	10:30-11:15am	Sa	\$75
RP6705.207	Hollifield Station ES	Feb 2	2:30-3:15pm	Sa	\$75

Kiddie Indoor Soccer

Are you ready to play the world's most popular game? Boys and girls, learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet in the gym. (No class 1/21, 1/28, 2/5, 2/15, 2/18, 2/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

)-/	yrs	Classes: 6

RP6700.211	Manor Woods ES	Jan 17	4:25-5:25pm	Th	\$50
RP6700.212	Veterans ES	Jan 17	5-6pm	Th	\$50
RP6700.201	Waterloo ES	Feb 4	5-6pm	M	\$50
5-7 yrs Class	<u>es: 7</u>				
RP6700.214	Clarksville ES	Jan 18	5-6pm	F	\$58
RP6700.206	Hammond ES	Feb 12	4:40-5:40pm	Tu	\$58
5-7 yrs Class	<u>es: 8</u>				
RP6700.203	Dayton Oaks ES	Jan 14	4:40-5:40pm	M	\$67
5-7 yrs Class	es: 8 (No class 3/6)				
RP6700.209	Pointers Run ES	Jan 23	5-6pm	W	\$67



Pass, shoot and score at Kiddie Indoor Soccer.

5-7 v	/rc	Classes:	9
J-/	/13	Classes.	,

5 / j.5 c.as.	00017							
RP6700.204	Forest Ridge ES	Jan	15	4:55	-5:55pm	Tu	\$7	75
RP6700.205	Talbott Springs ES	Jan	15	4:20	-5:20pm	Tu	\$7	75
RP6700.207	Meadowbrook Ath C	omp	Jan 1	16	5:05-6pm		W	\$75
RP6700.208	Elkridge ES		Jan 1	16	5-6pm		W	\$75
RP6700.210	Fulton ES		Jan 1	17	5-6pm		Th	\$75
RP6700.213	Thunder Hill ES		Jan 1	18	5-6pm		F	\$75
RP6700.215	West Friendship FS		lan 1	18	4.55-5.55nm	n	F	\$75

After-School Indoor Soccer

The world's most popular game awaits you. Boys and girls, learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to the gym. (No class 1/21, 1/28, 2/18, 2/5, 2/8, 2/14, 2/25.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10	vrs	(asses.	6

0 10 113 CIU	3303.0				
RP6701.211	Manor Woods ES	Jan 17	3:20-4:20pm	Th	\$50
RP6701.212	Veterans ES	Jan 17	4-5pm	Th	\$50
RP6701.201	Waterloo ES	Feb 4	4-5pm	M	\$50
8-10 yrs Cla	<u>sses: 7</u>				
RP6701.214	Clarksville ES	Jan 18	4-5pm	F	\$58
RP6701.206	Hammond ES	Feb 12	3:35-4:35pm	Tu	\$58
8-10 yrs Cla	sses: 8				
RP6701.203	Dayton Oaks ES	Jan 14	3:35-4:35pm	M	\$67
<u>8-10 yrs Cla</u>	sses: 8 (No class 3/6)				
RP6701.209	Pointers Run ES	Jan 23	4-5pm	W	\$67
<u>8-10 yrs Cla</u>	sses: 9				
RP6701.207	Meadowbrook Ath Comp	Jan 16	4:10-5:05pm	W	\$75
RP6701.204	Forest Ridge ES	Jan 15	3:50-4:50pm	Tu	\$75
RP6701.205	Talbott Springs ES	Jan 15	3:15-4:15pm	Tu	\$75
RP6701.208	Elkridge ES	Jan 16	4-5pm	W	\$75
RP6701.210	Fulton ES	Jan 17	4-5pm	Th	\$75
RP6701.213	Thunder Hill ES	Jan 18	4-5pm	F	\$75
RP6701.215	West Friendship ES	Jan 18	3:50-4:50pm	F	\$67



Enjoy fun practices and teamwork-fueled games when you sign up for Spring Youth Soccer League.

Youth Leagues

Spring Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, with one weeknight practice beginning the week of April 1. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting April 27, between 9:30am and 4pm. Shin guards are required. Fee includes participation award, soccer jersey and a soccer ball from Play It Again Sports® in Ellicott City. Volunteer coaches are needed. Head coach's child receives a discount. Individual registration only, no team entries. Registration deadline: March 8. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

T y13 MCadowblook i K		
RP5701.301 \$90	RP5701.302 (Head Coach's Child)	\$60
5-6 yrs Meadowbrook Pk		
RP5701.311 \$90	RP5701.312 (Head Coach's Child)	\$60
7-8 yrs Meadowbrook Pk		
RP5701.321 \$90	RP5701.322 (Head Coach's Child)	\$60

Winter Indoor Soccer League

Boys and girls, play soccer indoors while learning the basic skills of the sport. The Department forms teams. Fee includes soccer jersey, socks and participation trophy. Sneakers and shin guards required. Individual registrations only, no team entries. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed. Head coach's child receives a discount. Registration deadline is December 7. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Harpers Choice MS Jar	16 Noon-7pm	Su Classes: 8	
RP5702.201 \$84	RP5702.20	2 (Head Coach's Child)	\$54
5-6 yrs Harpers Choice MS J	Jan 6 Noon-7pm	Su Classes: 8	
RP5702.211 \$84	RP5702.21	2 (Head Coach's Child)	\$54
7-8 yrs Harpers Choice MS J	Jan 6 Noon-7pm	Su Classes: 8	
RP5702.221 \$84	RP5702.22	2 (Head Coach's Child)	\$54

Instructional Indoor Soccer League

First-time players or those wanting to improve their fundamental skills, play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

, ,					
5-6 yrs beginr	ners Classes: 8				
RP6702.201	Centennial Lane ES	Jan 19	1-2pm	Sa	\$80
RP6702.202	Jeffers Hill ES	Jan 19	1-2pm	Sa	\$80
RP6702.203	Gorman Crossing ES	Jan 19	1-2pm	Sa	\$80
RP6702.204	Waterloo ES	Jan 19	1-2pm	Sa	\$80
6½ yrs advand	ced-8½ yrs beginners	Classes: 8	<u>3</u>		
RP6703.201	Centennial Lane ES	Jan 19	2:15-3:15pm	Sa	\$80
RP6703.202	Jeffers Hill ES	Jan 19	2:15-3:15pm	Sa	\$80
RP6703.203	Gorman Crossing ES	Jan 19	2:15-3:15pm	Sa	\$80
RP6703.204	Waterloo ES	Jan 19	2:15-3:15pm	Sa	\$80
8 yrs advance	d-10 yrs Classes: 8				
RP6704.201	Centennial Lane ES	Jan 19	3:30-4:30pm	Sa	\$80
RP6704.202	Jeffers Hill ES	Jan 19	3:30-4:30pm	Sa	\$80
RP6704.203	Gorman Crossing ES	Jan 19	3:30-4:30pm	Sa	\$80
RP6704 204	Waterloo FS	lan 19	3·30-4·30nm	Sa	\$80

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.



TGA Premier Youth Tennis focuses on growing your child's athletic and academic skills in a comprehensive enrichment program.

TGA Premier Youth Tennis (Before & After School)

The U.S. Tennis Assoc. Mid-Atlantic Section (USTA MAS) TGA Premier Youth Tennis is the first and only national tennis enrichment program in the country. Develop tennis skills utilizing kid-friendly equipment in a play-to-learn style that gets you rallying and having fun right away. Learn enrichment skills such as sportsmanship, math, science, technology, history, and while advancing through five-levels. Parents receive progress reports. Program is taught by USTA-trained coaches inside the school's gym. All tennis equipment provided. Open to all skill levels but ideal for beginners. Must complete waiver: https://tinyurl.com/USTAMASWAIVER. Fee includes prizes, wristband, and student handbook.

6-11 yrs Bef	ore School Classes: 6				
RP6876.231	Bushy Pk ES	Jan 30	8:05-9:05am	W	\$90
RP6876.232	Clarksville ES	Jan 15	8:10-9:10am	Tu	\$90
RP6876.233	Guilford ES	Jan 31	8:10-9:10am	Th	\$90
RP6876.234	Veterans ES	Jan 25	8:10-9:10am	F	\$90
6-11 yrs Aft	er School Classes: 6				
RP6876.201	Bellows Spring ES	Jan 30	4-5pm	W	\$90
RP6876.202	Bollman Bridge ES	Jan 24	3:10-4:10pm	Th	\$90
RP6876.203	Centennial Lane ES	Jan 31	3:20-4:20pm	Th	\$90
RP6876.204	Centennial Lane ES	Jan 25	3:20-4:20pm	F	\$90
RP6876.205	Clemens Crossing ES	Jan 25	3:50-4:50pm	F	\$90
RP6876.206	Dayton Oaks ES	Jan 31	3:35-4:35pm	Th	\$90
RP6876.207	Ducketts Lane ES	Feb 13	3:25-4:25pm	W	\$90
RP6876.208	Elkridge ES	Feb 4	4-5pm	M	\$90
RP6876.209	Forest Ridge ES	Feb 4	3:50-4:50pm	M	\$90
RP6876.211	Gorman Crossing ES	Jan 22	4-5pm	Tu	\$90
RP6876.212	Hammond ES	Jan 16	3:35-4:35pm	W	\$90
RP6876.213	Hanover Hills ES	Feb 1	3:25-4:25pm	F	\$90
RP6876.214	Hollifield Station ES	Jan 29	3:20-4:20pm	Tu	\$90
RP6876.215	Manor Woods ES	Jan 8	3:20-4:20pm	Tu	\$90
RP6876.216	Northfield ES	Feb 4	3:15-4:15pm	M	\$90
RP6876.218	Pointers Run ES	Jan 24	4-5pm	Th	\$90
RP6876.219	Rockburn ES	Feb 1	3:25-4:25pm	F	\$90
RP6876.220	St. John's Lane ES	Jan 30	3:20-4:20pm	W	\$90
RP6876.221	Talbott Springs ES	Jan 25	3:15-4:15pm	F	\$90

RP6876.222	Triadelphia Ridge ES	Jan 22	3:15-4:15pm	Tu	\$90
RP6876.223	Waverly ES	Jan 29	3:50-4:50pm	Tu	\$90
RP6876.224	Waverly ES	Jan 30	3:50-4:50pm	W	\$90
RP6876.225	West Friendship ES	Feb 11	3:50-4:50pm	M	\$90

TGA Premier Middle School Tennis

The U.S. Tennis Assoc. Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis, the first and only national tennis enrichment program in the country. Develop tennis skills utilizing smaller tennis courts and youth-friendly equipment in a play-to-learn style that gets you rallying and having fun right away. In addition, learn relevant character development and STEM skills such as sportsmanship, respect, math, science, technology, and more. Middle school programs include a focus on match play, team competition, and strategies to prep you for your future high school tennis team. Program is taught by USTA-trained and background-screened coaches. All tennis equipment is provided during the program (e.g. racquets, balls, pop up nets) and everyone receives prizes. Ideal for new and novice tennis players. You must complete the USTA's waiver before participation in any program https://tinyurl.com/USTAMASWAIVER.

<u>11-14 yrs</u> A	fter School Classes:	6			
RP6876.241	Bonnie Branch MS	Jan 31	3-4pm	Th	\$90
RP6876.242	Clarksville MS	Jan 30	3:15-4:15pm	W	\$90
RP6876.243	Folly Quarter MS	Feb 4	2:30-3:30pm	M	\$90
RP6876.244	Lime Kiln MS	Feb 1	3:15-4:15pm	F	\$90
RP6876.245	Mt. View MS	Jan 29	2:30-3:30pm	Tu	\$90

School's Out TGA Premier Youth Tennis Clinic

The United States Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis One-Day Clinics which offer an unforgettable experience for your child by combining expert instruction, daily matches and exciting activities that keep them active all day. This one-day clinic will include station-based instructions (racquet and rally skills), athletic development, rules & etiquette and character development lessons, discussions on STEM concepts in tennis, fun games, and match play. Program is taught by USTA-trained and background-screened coaches. Ideal for new and novice tennis players, but all experience levels are welcome. All students receive prizes. All tennis equipment provided. Must complete waiver: https://tinyurl.com/USTAMASWAIVER.

6-11 yrs Days: 1

RP6877.201 N Laurel Comm Ctr Feb 5 9am-4pm Tu \$84



Go back and forth with Fundamentals of Modern Table Tennis.



Small Group Tennis Lessons are a great way to learn the game.

Adult Leagues

Adult Soccer Leagues

Continue your soccer year with this winter season played on synthetic turf fields. Registration is first-come, first-served. All teams are required to pay officials on-site prior to each game. Referee fees, rules and league info are available at www.howardcountymd.gov/soccer. League fee includes league administration, referee assignment and field use. Managers are updated with league information prior to the start of the season.

Spring league in late March. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + \	Winter League	Weeks: 8		
RP5700.201	Jan 15	6:30-11pm	Tu	\$220
RP5700.202	Jan 20	11-2pm	Su	\$220
18 yrs + 5	Spring League	Weeks: 10		
RP5700.301	Mar 26	6:30-11pm	Tu	\$375
RP5700.302	Mar 28	6:30-11pm	Th	\$375
RP5700.303	Mar 22	6:30-11pm	F	\$375
RP5700.304	Mar 24	8am-4pm	Su	\$375
RP5700.305	Mar 24	4-10pm	Su	\$375

Baseball, Softball & Tee Ball Page 74

Table Tennis

Fundamentals of Modern Table Tennis with Jeff Smart

Through the lessons of ITTF Level 2 Certified Coach Jeff Smart, beginner students learn the proper techniques to execute the forehand (FH) and backhand (BH) topspin drive, FH & BH underspin push, basic footwork, and topspin. Also work on underspin, sidespin serves and how to return each one. Info: Curtis Gore, 410–313–7281 or cgore@howardcountymd.gov.

<u> 55 yrs + Ho</u>	oward County Ta	<u>bie iennis cer</u>	iter Classes: 10		
RP3530.201	Beginner	Jan 10	10:30am-noon	Th	\$160
RP3530.202	Intermediate	Jan 10	1-2:30pm	Th	\$160

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.

Tennis

Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

Small Group Indoor Tennis Lessons

Small group lessons for 10 years and under QuickStart Tennis Players. Drills, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. This is an exciting new play format for learning tennis, designed to bring kids into the game by using specialized equipment, shorter court dimensions, and simplified scoring, all tailored to match youth age and size. Bring a junior-size racket. All lessons run for 45 minutes. (No class 1/21.)

					.,,
6-8 yrs Mea	dowbrook Ath Comp	Classes: 4	Instructor: Shan	tha Cha	<u>andra</u>
RP6872.201	Beginner	Jan 7	4:10-4:55pm	М	\$94
RP6872.202	Beginner	Feb 25	4:10-4:55pm	М	\$94
RP6872.211	Advanced Beginner	Jan 8	4:10-4:55pm	Tu	\$94
RP6872.212	Advanced Beginner	Feb 12	4:10-4:55pm	Tu	\$94
RP6872.213	Advanced Beginner	Mar 19	4:10-4:55pm	Tu	\$94
RP6872.231	Beginner	Jan 10	4-4:45pm	Th	\$94
RP6872.232	Beginner	Feb 14	4-4:45pm	Th	\$94
RP6872.233	Beginner	Mar 21	4-4:45pm	Th	\$94
6-8 yrs Mea	dowbrook Ath Comp	Classes: 4	Instructor: Jim F	errera	
RP6872.221	Advanced Beginner	Jan 9	4-4:45pm	W	\$94
RP6872.222	Advanced Beginner	Feb 13	4-4:45pm	W	\$94
RP6872.223	Advanced Beginner	Mar 20	4-4:45pm	W	\$94
9-10 yrs Me	adowbrook Ath Comp	Classes: 4	Instructor: Jim	<u>Ferrera</u>	!
RP6872.241	Advanced Beginner	Jan 9	4:45-5:30pm	W	\$94
RP6872.242	Advanced Beginner	Feb 13	4:45-5:30pm	W	\$94
RP6872.243	Advanced Beginner	Mar 20	4:45-5:30pm	W	\$94
9-10 yrs Me	adowbrook Ath Comp	Classes: 4	Instructor: Sha	ntha Ch	<u>nandra</u>
RP6872.251	Advanced Beginner	Jan 10	4:45-5:30pm	Th	\$94
RP6872.252	Advanced Beginner	Feb 14	4:45-5:30pm	Th	\$94
RP6872.253	Advanced Beginner	Mar 21	4:45-5:30pm	Th	\$94
9-10 yrs Me	adowbrook Ath Comp	Classes: 5	Instructor: Sha	ntha Ch	<u>nandra</u>
RP6872.261	Advanced Beginner	Jan 11	4:10-4:55pm	F	\$118
RP6872.262	Advanced Beginner	Mar 1	4:10-4:55pm	F	\$118
RP6872.271	Intermediate	Jan 11	4:10-4:55pm	F	\$118
RP6872.272	Intermediate	Mar 1	4:10-4:55pm	F	\$118



Practice makes perfect at Volleyball Skills Development.

Jr. Development Tennis Spring Break with Shantha Chandra

Develop beginner and intermediate tennis skills. A QuickStart tennis format is used to play games. Enjoy the fun competition with players of the same skill level and skill based match play. Please bring a light snack and filled water bottle. Makeup rain day: Friday.

7-16 yrs Classes: 4

RP7012.301 Centennial Pk West Apr 15 9am-noon M-Th

Jr. USA Team Tennis Spring Break Small Group Lessons with Shantha Chandra

Small group lessons for advanced beginners and intermediate players to freshen up on their basic ground strokes, serving, scoring and playing matches. Makeup rain day: Friday.

11-18 yrs Classes: 4

RP7015.301 Centennial Pk West Apr 15 12:15-1:45pm M-Th \$70

Volleyball

Spring Break Volleyball Academy

Our goal is to stimulate a love for the game in novice to experienced players. Develop fundamental passing, setting, hitting, blocking and serving skills through a variety of drills and game play. Learn basics of team play, offense and defense. Instruction provided by Ofer Levy and staff, experienced volleyball officials and high school volleyball coaches. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

9-15 yrs Classes: 5

RP7892.301 Meadowbrook Ath Comp Apr 15 1-4pm M-F

Instructional Volleyball

Designed for first-time players and those wanting to improve fundamental skills, this program includes skill development through drills and instruction. Schedule includes instructional practices and activities with a focus on basic skills. Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov.

6 yrs (all levels) - 7 yrs (beginner) Classes: 8

RP5893.201 Roger Carter Comm Ctr Jan 19 1:15-2:25pm \$99 7 yrs (advanced) - 9 yrs (beginner) Classes: 8

RP5893.202 Roger Carter Comm Ctr Jan 19 2:30-3:40pm \$99 8½ yrs (advanced) - 10 yrs (all levels) Classes: 8

RP5893.203 Roger Carter Comm Ctr Jan 19 3:45-4:55pm \$99

Volleyball Skills Development

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players, develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

8-12 yrs Cla	asses: 8				
RP5892.201	N Laurel Comm Ctr	Jan 14	6-7:30pm	Μ	\$130
RP5892.202	Gary J Arthur Comm Ctr	Jan 16	6-7:30pm	W	\$130
RP5892.203	Roger Carter Comm Ctr	Jan 17	6-7:30pm	Th	\$130
<u>13-16 yrs</u> C	lasses: 8				
RP5892.211	N Laurel Comm Ctr	Jan 14	7:30-9pm	Μ	\$130
RP5892.212	Gary J Arthur Comm Ctr	Jan 16	6-7:30pm	W	\$130
RP5892.213	Roger Carter Comm Ctr	Jan 17	7:30-9pm	Th	\$130

Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "GoodSports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Volunteer Parent Coaches provide a quality recreation environment for our players, parents, coaches, and spectators. Weekly practices are between 5-9pm on a weeknight at a Rec & Parks indoor facility. Matches are on Sundays between 10am-4pm at Meadowbrook. Players are placed on teams after a skills evaluation scheduled for Sunday, 1/13. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Coach requests are not accepted, please communicate any nights you are unavailable for practice upon registering. Registration deadline is 1/9. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

<u>10-11 yrs Co-ed Jan 13</u>	Weeks: 8	
RP5891.201 \$139	RP5891.202 (Head Coach's Child)	\$30
12-13 yrs Co-ed Jan 13	Weeks: 8	
RP5891.211 \$139	RP5891.212 (Head Coach's Child)	\$30
14-16 yrs Co-ed Jan 13	Weeks: 8	
RP5891.221 \$139	RP5891.222 (Head Coach's Child)	\$30



Participate in weekly practices and weekend games as an aspiring player in the Youth Volleyball League.

Co-Rec Volleyball League

The volleyball leagues play 6-on-6, with rosters up to 15 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards, and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by December 30. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

18 yrs + Matches: 8 + playoffs

RP5890.201 Roger Carter Comm Ctr Jan 6 4-10pm Su \$220

Drop-In Co-Rec Volleyball

Join other athletes of all ability levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Some gyms may be cancelled by the third meeting due to insufficient registration or attendance. Want to play more than once per week? Look into purchasing our "Get Active Package" (Page 9). (No session 1/21, 2/18.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u> 18 yrs + Cla</u>	asses: 10				
RP6901.201	Burleigh Manor MS	Jan 7	8-10pm	M	\$44
RP6901.202	Burleigh Manor MS	Jan 10	8-10pm	Th	\$44
RP6901.203	Forest Ridge ES	Jan 9	8-10pm	W	\$44
RP6901.204	Rockburn ES	Jan 8	8-10pm	Tu	\$44
RP6901.205	Meadowbrook Ath Comp	Jan 9	9-11pm	W	\$44

Co-Rec Volleyball

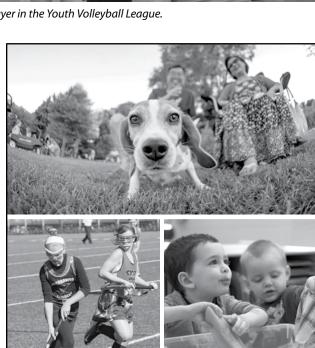
Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience recommended. Prior to registration, visit the Meadowbrook Athletic Complex and see if this program is for you. The program meets twice a week. The fee is based on when you register and is good through the end of the calendar year. Info: Curtis Gore 410-313-7281 or cgore@howardcountymd.gov.

55 yrs +

RP5592.201 Meadowbrook Ath Comp Jan 8 10:30am-12:30pm Tu,F \$76

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 69. Review of this information is required by law before you are allowed to register for youth sports programs.



See Howard County Recreation & Parks photos on

flickr

www.flickr.com/photos/HoCoRec

Info/Questions: Cara Marshall, 410-313-4663 or cmarshall@howardcountymd.gov



flickr







General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 2.

*Waiver: In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum, a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and polices.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both checkin and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- Verification of qualifying household income with your 2017 Federal Tax Transcript and
- Any proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.

 If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines Programs (Events, Trips, Selected Sports, Adventure & Outdoor, Child Care & Therapeutic Rec) 410-313-4451 Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N Laurel Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr 410-313-4452 Belmont Manor & Historic Park 410-313-0200 All School Fields 410-313-6827 Alpha Ridge, Western Regional 410-313-4372 Blandair 410-313-3673 Cedar Lane_____ 410-313-4453 Centennial 410-313-4454 Cypressmede & Hollifield 410-313-4457 Dayton Oaks Parks & Schooley Mill 410-313-4458 Dickinson, Hammond, Hawthorn, Heritage Programs 410-313-0421 Huntington & Martin Road 410-313-4459 East Columbia Library, Guilford Savage & N Laurel Fields 410-313-4456 Howard County Center for the Arts, Hollifield Station, Rockburn Branch & Skills Park, Troy, Waterloo & Worthington Off-Leash_____ 410-313-4455 Meadowbrook 410-313-2727

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation and Parks programs. Specific rules may be added for individual programs and needs.

- All tobacco products are prohibited in buildings, school property or County parks
- No food or beverages in unauthorized areas; glass containers are prohibited.
- No soliciting or loitering
- No interference with employee or volunteer duties
- No harassment, bullying, or inappropriate or indecent conduct, language, or clothing
- No unauthorized use of alcohol, drugs, intoxicants or weapons
- No parking in unauthorized areas or driving/parking on field areas
- No alteration or installation of equipment (such as basketball hoops, fences or lining)
- No defacing of property (indoors or outdoors)
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (ADA) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided

to Howard County residents at no additional cost. To ensure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right to

- Cancel a program for any reasonable cause;
- Deny registration or entry into a program when it deems necessary to assure public safety;
- Suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- Photograph programs, participants and volunteers for publicity purposes; and/or
- Adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Advisory Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Sylvia Ramsey (Chair), Edward Coleman (Vice Chair), John R. Byrd (Recording Secretary), Cynthia Vaillancourt (Board of Education Designee), Joanne Kiebler, Thomas Franklin, Daryl Anthony, David Grabowski, and Anna Boyd (Student Member).

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

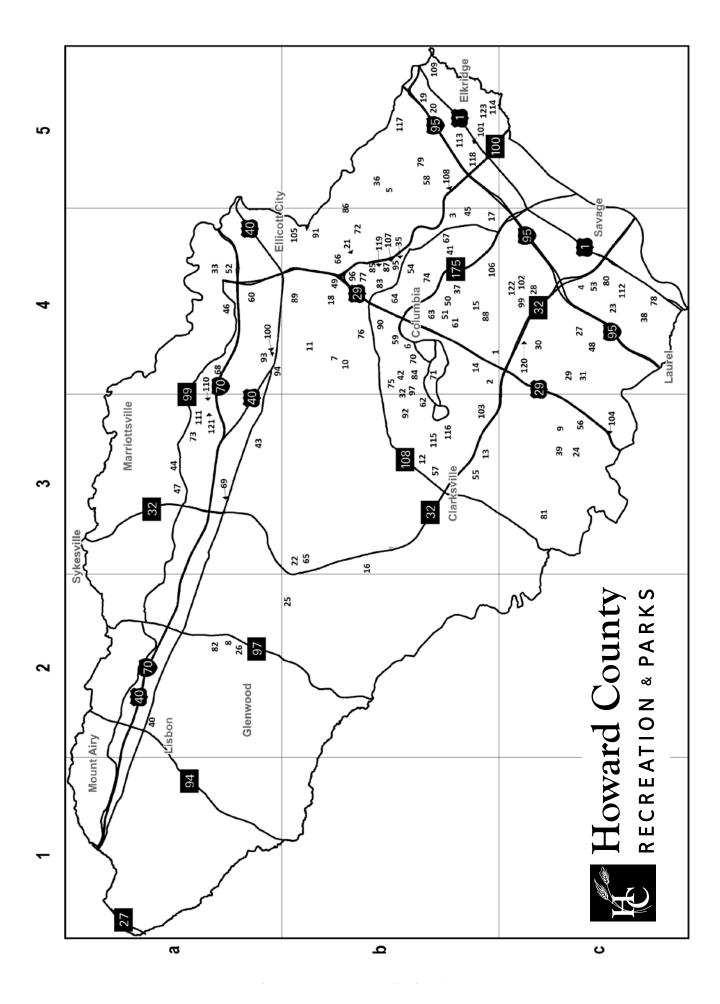
The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/rap and click on "Forms and Publications" or call 410-313-4639.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.



Program Locations

Schools

34113313	
Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	
Bonnie Branch MS	
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	
Bushy Park ES	
Cedar Lane School	
Centennial HS	
Centennial Lane ES	
Clarksville ES	
Clarksville MS	
Clemens Crossing ES	
Cradlerock ES	
Dayton Oaks ES	
Deep Run ES	
Ducketts Lane ES	
Dunloggin MS	
Elkridge ES	
Elkridge Landing MS	
Ellicott Mills MS	
Folly Quarter MS	
Forest Ridge ES	
Fulton ES	
Glenelg HS	
Glenwood MS	
Gorman Crossing ES	
Guilford ES	
Hammond ES	
Hammond HS	
Hammond MS	
Hanover Hills ES	
Harper's Choice MS	
Hollifield Station ES	
Homewood School	
Howard HS	
llchester ES	
Jeffers Hill ES	
Lake Elkhorn MS	
Laurel Woods ES	
Lime Kiln MS	
Lisbon ES	
Long Reach HS	
Longfellow ES	
· J	

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbott Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Parks

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmenta	l Area (MPEA),
Trotter Road_	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

Other

-	
AXIS Sports Facility	83 (b-4)
Bain 50+ Center_	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	85 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbits Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
Misako Beats	121 (a-3)
NinjaBe	122 (c-4)
North Laurel Comm Ctr	
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	120 (c-4)
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up — Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy	
Volleyball/Soccer House	
Waverly Woods Golf Course	
Waverly Mansion	



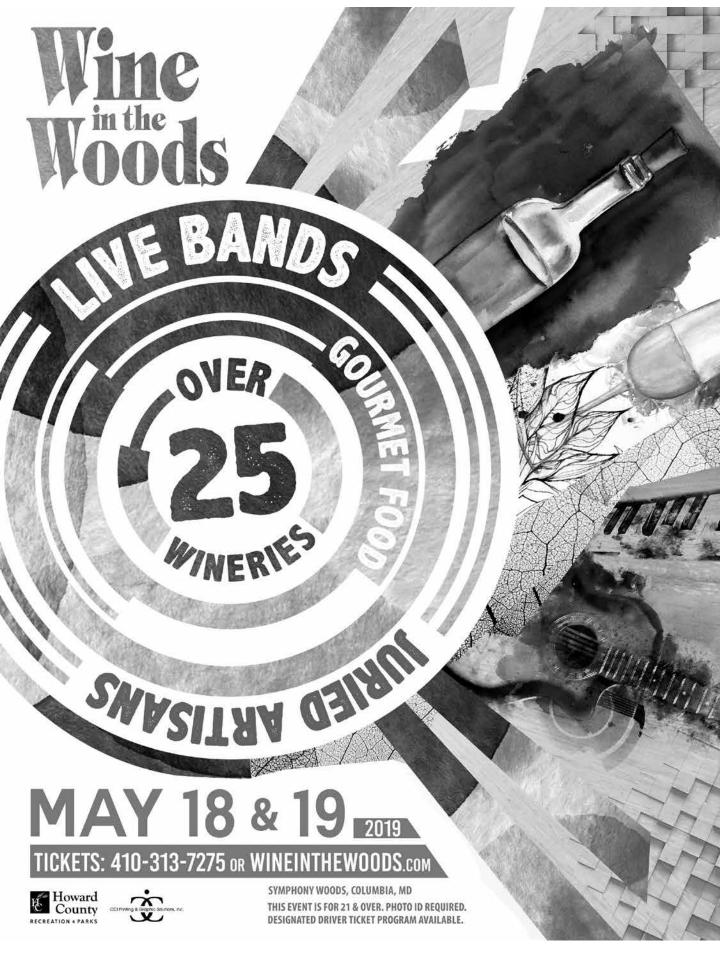
Registration Form

Voice/Relay: 410-313-7275 www.howardcountymd.gov/rap

7120 Oakland Mills Road, Columbia, Maryland 21046

Fax: 410-313-4658

RP				
Course Number	Program Title	Participar	it Name	
		□ Male	☐ Female	1 1
Address if Different From Payer				Date of Birth
RP				
Course Number Program Title		Participan	it Name	
		□ Male	☐ Female	1 1
Address if Different From Payer				Date of Birth
RP				
Course Number	Program Title	Participan	it Name	
		☐ Male	☐ Female	/ /
Address if Different From Payer				Date of Birth
Cash/Check □(ash \$		Electronic Check Payment	□Checking	□Savings
Make checks payable to <i>Director of Fine</i> Mail to: Howard County Recreation & Park 7120 Oakland Mills Road, Columbia, MD 2	ks, Attn: Registration	Routing #	Account #	
Credit Card DISC	COVER CHASTOCOT VISA	Account Holder Signature	Date	
Card #:	Exp. Date:CVC Code:	Account Holder Name (Print)	55.55	
Account Holder Signature	Date		Int Number	
Account Holder Name (Print)		☐ I would like to contribute \$	to the HCRP So	cholarship Fund.
	□ Male □ Fe	omalo / /		
Name of Payer		Date of Birth		lome Phone
Home Address: Street		Work Phone 1	(ell Phone
City/State/Zip		Email Address		
Completing the registration process today includes an understanding that you agree to all waivers and policies of Howard County Recreation & Parks. These waivers and policies can be found in our seasonal guides, online at www.howardcountymd.gov/recandparksforms and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written		Does the participant have a disability that we need to know about? If yes, please explain	, ,	·
copies upon request.	once can provide you writteri	Does the participant have an allergy t		
Sianature	Date			





7120 Oakland Mills Road, Columbia, MD 21046 410-313-7275 www.howardcountymd.gov/rap

















